ARDGAY & DISTRICT

Community Council newsletter

£1.00 [suggested donation]

Issue No. 32 • **SUMMER 2016** •



Fire in the Gearrchoille

When we were first alerted to the fact that there had been a wildfire spotted to the south of Ardgay on Saturday 14th May and that it was in the Gearrchoille Wood I didn't quite believe it to be possible - the ground in there was way too wet for it to spread any distance. But we went down to have a look. The car park was empty but as soon as we started walking along the path into the wood the smell of burning was apparent. At the pond the edge of a burned area was visible. About 20m into the blackened area there was still smoke and some of the coppiced birch stumps concealed glowing embers. I was sufficiently concerned to call the Fire services and ask them for advice. They very promptly reappeared on the scene to assess the situation having been in attendance earlier. (Continue on page 17)

THE SITE IS NOW CLEARED AND MATERIALS HAVE BEEN RECYCLED

Works on the new KOS Hub building will start in mid July



Architectural rendering of the new Hub.

The Kyle of Sutherland Hub Ltd is aiming for an open date of the new Youth and Family Hub in Spring 2017. Facilities include a Soft Play Centre, Café, Fitness Suite, Youth Room, Multi Use Room, Family Support Room and a Second Hand Sale area. (Page 7)



From left to right, Silvia Muras (Vice Chair), Sheila Lall, Andy Wright, Marion Turner (Treasurer), Rob Pope, Leslie Pope (Secretary), Mary Goulder (Minute Secretary), and Betty Wright (Chairperson).



Ardgay Public Hall will soon have WiFi and a projector Page 8

Letters to the editor, Children pages, Opening times, Telephone guide, Bus & Train timetable, Crosswords, Sudoku...



Cosy Homes East Sutherland Scheme (CHESS)

A local project working to make householders and homes across East Sutherland warmer and healthier

Calling all parents!



Do you have children under 16, or are pregnant?

Do you rent privately/own your own home?

Are you in receipt of a benefit?

If you answered YES to all of the questions then we can help you to get a FREE new central heating system/boiler or insulation through a government scheme to make your home warmer and fuel bills lower. Call today to find out more.

We are local and here to help!

Call us on 01863 760 050

Mon—Fri 9am—5pm

or email

chess@kyleofsutherland.co.uk







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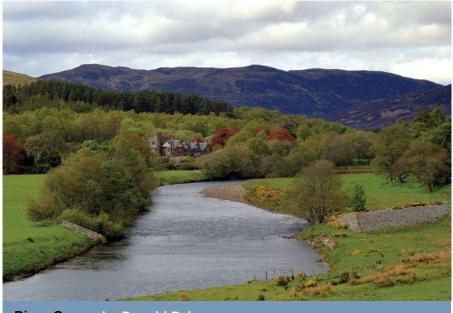
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GEARRCHOILLE WOOD

Ardgay & District photographs



River Carron by Donald Bain

Photo taken at the end of the summer of 2015 at Strathcarron. Gruinards Lodge sits on the left bank of the river Carron. Comissioned by Mr Colin B. Ross, it was built in 1897, and it is listed category C by Historic Scotland. Gruinards Lodge represents the quintessential Victorian shooting lodge, agreeably untouched by time.

EDITOR'S LETTER

More good news

Thave to say that after two years newsletter very rewarding. Firstly, because there is good news, such as the formation of the new Ardgay & District CC, the beginning of the works in the Hub or the success of the KAT project. Secondly, because of the support of the community from letters, contributions and comments received, thank you. Thirdly, because we have received an award to continue publishing the newsletter. Finally, because there is a summer packed of exciting events ahead, and hopefully the weather will cooperate. Fingers crossed to keep the midges away! ■

Silvia Muras Editor



Letter from the Chair

S the newly elected chairperson of your Community Council I would like to take this opportunity to thank the outgoing councillors for the time and effort they have taken over the past few years to serve our community. Thanks to those who have now retired from the Community Council - Alan Lawrence - treasurer, Theresa Langley - secretary, Bob Sendall, Phil Olson - webmanager (although Phil has very kindly agreed to continue in this role meanwhile) and an extra big thank you to David Hannah for the tireless work he did as chairperson representing Ardgay & District residents on so many local bodies. As David stated in his farewell letter to this Newsletter he will continue attending many of these groups in a personal capacity. The new community council comprises 3 continuing members - myself as chairperson, Marion Turner, treasurer & Silvia Muras who will continue as Newsletter editor - together with 4 new faces - Sheila Lall, Rob Pope, Beinn Tharsuinn rep, & Andy Wright - rep on Kyle of Suttherland Development Trust, along with Marion; together with Leslie Pope who

joins as associate member and will act as secretary. Marion and Silvia will be CC reps on the Achany SSE & Rosehall Eon community benefit panel. Mary Goulder will continue to act as minute secretary. It's great to have a mix of old and new members which should give a good balance of continuity and fresh ideas. Also in attendance at

"It is great to have a mix of old and new members which should give a good balance of continuity and fresh ideas"

most of our monthly meetings is George Farlow, one of the 3 Highland Councillors representing our ward. The effort put in by George to attend so many of our meetings despite the distances involved is much appreciated.

There will of course be many local and regional organisations on which the community council is not directly represented. I do hope that those of you who attend such groups will report back anything which you think is relevant to our community – either by attending a CC meeting, via the newsletter or

website, Facebook page or at our new drop-in session (see below).

• One of the statutory purposes of Community Councils, as set out in the Local Government Acts, is as follows:

"the general purpose of a Community Council shall be to ascertain, co-ordinate and express to the local authorities for its area, and to public authorities, the views of the community which it represents"

Of course, this is only possible if we know what those views are! All community council meetings are public and we will continue with the 7:00-7:30 pm slot of a meeting, possibly with outside speaker, about a specific topic of relevance as these arise. The first of these will be at the August meeting about the Christmas lights.

An evening meeting is not suitable for everyone so Leslie & Rob Pope have also volunteered to run drop-in sessions on a Saturday afternoon in Ardgay Stores. These are planned for 2nd Saturday of each month, 1-4 pm. Check our Facebook page Ardgay & District Community Council for any changes.

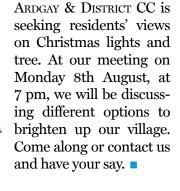
Betty Wright, Chairperson

Have your say in the Ardgay Christmas

Ardgay flower tubs: volunteers needed

We are looking for a few extra pairs of hands to help water the fower tubs during the summer. Some members of the Kyle of Sutherland Growing group have already kindly agreed to help. Each volun-

teer would be in charge of the plants for a week. Would you be able to help? If so, please get in touch: 01863 766 609 (Jeannie) or 01549 421 244 (Leslie).



lights and tree decoration



Decorated trees at The House of Bruar, one of the styles to be considered.



MEET YOUR NEW COMMUNITY COUNCIL FORMED IN FEBRUARY 2016



BETTY WRIGHTChair



SILVIA MURASVice Chair



MARION TURNER Treasurer



SHEILA LALL Member



ROB POPE Member



ANDY WRIGHTMember



LESLIE POPESecretary

Associate member



MARY GOULDERMinute
Secretary



GEORGE FARLOW Councillor Member ex officio (Contact details below)

COUNCILLORS NORTH, WEST & CENTRAL SUTHERLAND

George Farlow 7, Seaforth Road, Ullapool IV26 2UY Tel 01854 612 780 **george.farlow.cllr@highland.gov.uk**

Hugh Morrison Orcadia, Lerin, Durness IV27 4QB Tel 07557 566 543 **hugh.morrison.cllr@highland.gov.uk**

Linda Munro 8, Munro Place, Bettyhill KW14 1TD Tel 01641521779 **linda.munro.cllr@highland.gov.uk**

MSPS CAITHNESS, SUTHERLAND & ROSS

Gail Ross M5.13 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 5927 Gail.Ross.msp@parliament.scot

Donald Cameron M2.18 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 6989 **Donald.Cameron.msp@parliament.scot**

John Finnie MG.16 The Scottish Parliament Edinburgh EH99 1SP Tel 0131 348 6898 **John.Finnie.msp@parliament.scot**

Rhoda Grant MG.06 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 5766 Rhoda.Grant.msp@parliament.scot

Edward Mountain M3.18 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 6143 **Edward.Mountain.msp@parliament.scot**

Douglas Ross M2.08 The Scottish Parliament Edinburgh EH99 1SP Tel 0131 348 6140 **Douglas.Ross.msp@parliament.scot**

David Stewart MG.05 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 5766 **David.Stewart.msp@parliament.scot**

Maree Todd M4.05 The Scottish Parliament Edinburgh EH99 ISP Tel 0131 348 5784 Maree.Todd.msp@parliament.scot

MP CAITHNESS, SUTHERLAND & EASTER ROSS

Paul Monaghan House of Commons, London, SW1A OAA Tel 0207 219 8485 paul.monaghan.mp@parliament.uk

HOW TO CONTACT

ARDGAY & DISTRICT COMMUNITY COUNCIL



By phone

01549 421 244 (Leslie Pope, Secretary)



By mail

Leslie Pope, Secretary A&DCC The Cottage, Culrain, Ardgay IV24 3DW



Email

secretary@ardgay and district community council.org. uk



Website

www. ard gay and district community council. or g.uk



Facebook

Ardgay & District Community Council



Drop-in Sessions

We will be holding clinics from 1 to 4 pm at the Ardgay Stores on the following dates:

9 JULY & 13 AUGUST

Please stop by for a cup of tea/coffee and chat.



In person

Just contact any member you know or come along to our meetings at Ardgay Public Hall, at 7 pm. Next meetings:

8 AUGUST & 12 SEPTEMBER



A resident contacted the CC after being denied home insurance because her postcode appeared to be linked to a flood risk area. Here is the advice given from a SEPA Flood Advisor.

Are you having problems obtaining home insurance?

FOR THOSE HAVING difficulty obtaining insurance because companies say they are in a flood risk area, there are two leaflets that may help; http://www.floodlinescotland.org.uk/media/7013/1277-flood-insurance-guide-a5-leaflet-final.pdf; and Scottish Flood Forum: http://www.scottishfloodforum.org/factsheets/

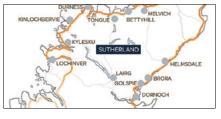
The ready for flooding web gives some insurance advice. They can also give advice over the phone on 01698 839021.

"Insurers must not use SEPA flood risk maps for business purposes; *Whilst the general purpose*

of the Flood Maps is to provide support for flood risk management planning and raise awareness of such potential risks in Scotland, our Terms and Conditions contain a specific prohibition on using the Flood Maps for commercial purposes and using the Flood Maps at an individual property level scale. The Flood Maps cannot be used, for example, to decide whether or not to grant insurance cover or set insurance premiums.'

SEPA would take a dim view if this were the case and if there is any evidence that this is being done they would follow this up directly with the company concerned and put a stop to their misuse. To do this would require those concerned to identify the company; SEPA would naturally protect the confidentiality of the individual householders.

Finally there is a lot of useful information on SEPA's flooding website http://www.floodline-scotland.org.uk/ including what you can do for yourself. I would encourage anyone who may be at risk to sign up to Floodline, which provides free live flood information messages direct to your land-line, smartphone or email.





Initiative to attract visitors off the North Coast 500 route

There is an effort to create a Central Sutherland Tourism Group to support local businesses in this highly competitive environment. There are existing organisations of this kind in other parts of the Highlands, e. g. Easter Ross, Black Isle or Dornoch, geared towards attracting visitors off the North Coast 500 route. The idea is sparked by the NC500, which is designed to bring more tourism to the North. We are hoping to participate and benefit from the exposure that the NC500 project has generated. The first meeting is the 14th of June at 7:30 pm at the Lairg Community Centre and we hope that many people will come forward and attend. There is a lot of potential and if we can get a lot of enthusiastic support we can hopefully improve the profile of the Kyle of Sutherland and surrounding areas. If you have any questions, please feel free to call me at 01 549 421 244. Leslie Pope

DOG FOULING FINE DOUBLES AND IS NOW £80

Dog fouling, a messy problem



From 1st April the fine for dog owners who fail to pick up after their dog rose from £40 to £80, bringing it into line with the fine for other types of littering. Ardgay & District CC also confirmed in May that the dispensers at Gearrchoille and Ardgay will cease to be re-stocked in the future. Dog owners are strongly encouraged to carry disposable dog waste bags while walking their dogs; these can be bought at Ardgay Stores. Aside from being highly unpleasant, dog waste is an environmental pollutant, it often carries parasites and bacteria that can be transmitted directly to humans or other pets. Roundworm, for example, can remain infectious in contaminated soil and water for years. Dog poop is far from fertilizer, but it can be a food source for rats and, if left unattended, puts our children's health at risk.



Model of the ground floor of the new Kyle of Sutherland Hub.

CONTRACTORS WILL START BUILDING IN MID JULY

Work starts on new Hub

Work is due to start on the new Kyle of Sutherland Hub. An exciting development in a process that has involved a dedicated group of volunteers working tirelessly for over 10 years to bring this much needed project to fruition.

Over the past few months the group has dismantled the old classrooms and cleared the site. All materials from the classrooms have been recycled and benefitted the construction of three sheds, one greenhouse and a home refurbishment.

McGregor Construction will take charge of the site mid June with a build start date of 18th July.

The group is aiming for an open date in spring 2017, where for the first time residents of the

Kyle of Sutherland will have access to facilities on their doorstep that at present we have to travel vast distances to reach.

Facilities include a Soft Play Centre, Café, Fitness Suite, Youth Room, Multi Use Room, Family Support Room and a Second Hand Sale area.

To follow progress please visit our web site www.kyleofsutherland.com or our Facebook page Kyle of Sutherland Hub.

Hayley Bangs



Hayley Bangs, *Chair*

① 01863 766 310

www.kyleofsutherland.com

Kyle of Sutherland Hub



Over the past few months the site has been cleared ready for the new building.

Well attended meeting about the future of the Bank of Scotland's Bonar Bridge branch

On Thursday 26th May, residents had the chance to talk directly to Bank of Scotland's representatives, and discuss the bank's decision to reduce the hours in Bonar Bridge branch, which is now giving 5 hours service on a Tuesday.

Nominations now open for the Highland Third Sector Awards 2016

The Highland Third Sector Interface would welcome nominations from community organisations, individuals or elected officials. These awards are an opportunity to celebrate and learn more about Third Sector activity within Highland. Deadline for nominations is 5 pm on Friday 29th July 2016. The Awards will be presented on the 25th of August in Strathpeffer Pavilion. To find out more about the HTSI or its Partners please visit www. highlandtsi.org.uk.

Ardgay & District Newsletter receives Beinn Tharsuinn Award

ARDGAY & DISTRICT CC Newsletter has been awarded £2,000 from Beinn Tharsuinn Community Fund to help cover production, edition & distribution costs. Thanks to Beinn Tharsuinn Windfarm Company Ltd we can ensure the continuity of the newsletter.

A survey to gather readers' feedback on the newsletter is currently online at https://www.surveymonkey.co.uk/r/Q9DXDQL.



New Highland Self Build Loan Fund

Earlier this year a new Scottish Government Loan Fund, overseen by The Highlands Small Communities Housing Trust (HSCHT), was introduced to help self builders in the Highlands to complete their projects as well as boost the number of new homes in the area. The £4 million revolving fund will enable families and individuals to borrow up to £150,000 in stage payments, in a similar manner to a self build mortgage. If you own your plot, and your build costs are £150,000 or less this fund may be able to help you. More info: http://www.hscht.co.uk/highland-self-build-loan-fund.html

THE HALL WILL SOON HAVE INTERNET AND A PROJECTOR SCREEN

Wi-Fi for Ardgay Public Hall

ARDGAY PUBLIC HALL committee are grateful for the continued interest and support shown to them by Ardgay & District Community Council, the Kyle of Sutherland Development Trust officer, Helen Houston and Catriona Hill, of CH Architecture Bonar Bridge. It is with their help that the hall refurbishment programme continues to move forward.

The latest phase of work will include a Wi-Fi connection to broadband internet and the installation of a projector screen in the committee room. These facilities should make the hall a more attractive meeting or exhibition venue for both community and commercial activities.

In due course, it is also hoped to install the projector screen donated by Stuart McCaroll in the main hall too. This will open up further opportunities for activities likely to attract a larger audience than can be accommodated in the committee room.

The committee would really like to hear from you if you have any other ideas to increase the self-generated revenue of the hall, either from additional equipment, as above, or from one-off fund-raising events or by some other means not yet even thought of!

Don't forget, the hall doesn't belong to the committee, it belongs to the whole community, and anyone who would like to help with running it would be made most welcome at the next committee meeting, the time and date of which will be displayed on the notice boards and posted on the hall's Facebook page. **Rhonwen Copley,** Secretary

LIKE US ON FACEBOOK!

Ardgay Public Hall



VG-ES Volunteering Oportunities Service

Finding the right voluntary job can help you find friends, reach out to the community, learn new skills, advance in your career, and protect your mental and physical health.

THE VOLUNTEERING Opportunities Service is provided by Voluntary Groups - East Sutherland [VG-ES] which is a registered charity and is part of the Highland Third Sector Interface. We help to recruit and match volunteers to available opportunities by:

- Promoting volunteering opportunities
- Providing free advice and information on volunteering

- Helping groups with PVG disclosure support
- Promoting Youth Volunteering Awards e.g.
 Saltire Awards
- Promoting and mentoring Volunteer Friendly Awards
- Helping individuals to volunteer

If you are interested, please contact VG-ES and arrange to have an informal appointment where options on the volunteering opportunities availa-

ble can be discussed. You decide on something you are interested in, there is no pressure and you can go away and think about it. If you then decide to find out more, you will be put in touch with the organisation and they will begin their recruitment process.

If you have any volunteering opportunities that you would like us to promote or are interested in becoming a volunteer then please contact our Development Officer, Nikki Harrison. Nikki's area of work is East & Central Sutherland and Edderton, so if you are in this area please feel free to contact her on 01408 633001, email: nikki@ vges.org.uk, or pop in to the VG - ES base at Alba, Main Street, Golspie. Nikki works Monday to Wednesday from 9 to 4 pm. Liz Barron, Administration Officer



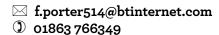
From left: Thelma Easom, Chairman David Livingstone, Welfare Officer Eric Porter, Agnes Calder, Michele Easom, Barbara Murray, President Lt Col Colin Gilmour and Secretary Fiona Porter.

Remembrance service for Private Hector Levy

In the last issue we reported that Creich and Kincardine Branch of Royal British Legion Scotland would be holding a commemoration and remembrance service for Private Hector Levy on Saturday 19th March, 100 vears to the day that he died in WW1. Hector was born in Durness but in 1911 aged 20 moved with the family to Inish, Airdens, Bonar Bridge. Hector joined the 5th Battalion, Seaforth Highlanders and served in the trenches on the Western front. There he drank water poisoned by the Germans and after failing to recover in hospital was allowed to return home where he died on 19th March 1916, aged 26. Tragically within 9 months two of his brothers were killed in action; George at the Somme and John in Salonika. All three brothers are remembered on the Creich War Memorial. Hector is buried in the family plot in Creich Old

Cemetery, where the memorial service was held. Branch Secretary Fiona Porter welcomed those attending and in particular Hector's niece Barbara Murray who lives in Bonar Bridge. Barbara, President Lt Col Colin Gilmour and Committee Member Aldie Calder planted crosses in remembrance of the three brothers. Colin read the Exhortation and Kohima Epitaph and lead the silence, while the Queen's Colour and Branch Standard were lowered in respect by Chairman David Livingstone and Welfare Officer Eric Porter. Fiona Porter said "These services are very important so we can pay our respects remember those who made the ultimate sacrifice. We were very pleased that Barbara was able to attend, lay a cross and to tell us more about the family and the impact these tragic losses had. We will remember them."■ Fiona Porter Secretary





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How to apply for Community Awards

SMALL PROJECTS UNDER £250

The Beinn nan Oighrean Windfarm Awards

- Go to Ardgay & District CC website:
 www.ardgayanddistrictcommunitycouncil.org.
 uk/funding where you can find full details and download the application form.
- Send your completed application form to secretary@ardgayanddistrictcommunitycouncil. org.uk

BETWEEN £2,000 AND £10,000+

SSE Achany Community Fund

- Visit the fund's page **sse.com/beingresponsible/ responsiblecommunitymember/localcommunity- funds/achany** for more info and to download the application form. Please note that there are two different forms: £2,000-£10,000 and £10,000+.
- Complete and return to fiona.morrison@sse.
 com or by Royal Mail to: Fiona Morrison, Corporate
 Affairs, SSE, 10 Henderson Road, Inverness, IV1 1SN
- Next deadline: 31 October 2016

PROJECTS UNDER £2,000

The Beinn Tharsuinn Windfarm Community Benefit Fund

- Go to http://ardgayanddistrictcommunitycouncil. org.uk/funding/windfarmcommunitybenefit/ to download the guidelines and application form.
- Send your completed application form to secretary@ardgayanddistrictcommunitycouncil. org.uk

BETWEEN £2,000 AND £25,000+

E.ON Rosehall Community Fund

- Foundation Scotland administers E.ON Rosehall Community Fund. Visit www.foundationscotland. org.uk/programmes/eon-rosehall.aspx for details. You can apply online or download the application forms (£2,000-£25,000 and £25,000+).
- Alternatively, you can contact Carol Elliot by email carol@foundationscotland.org.uk or call 07500 779
 227 if you require any further information or advice.
- Next deadline: 31 October 2016



Angie Banks was awarded 'Best Hatter' with Rene Knott (second prize) and, Carys Jones (third prize)

Mad Hatter's tea party fundraising

The local community recently supported the fifth 'Mad Hatter's Tea Party' at the Manse in Ardgay. Rev Anthony and Beverley Jones would like to thank everyone for their support. There is expected to be a very good result for Gledfield Primary School and charities supported by the Rotary Club of Tain & District.

Latest Beinn Tharsuinn Windfarm Community Benefit Fund Awards (Ardgay)

Since our last newsletter, the following awards have been made

- Kyle of Sutherland Development Trust £1,500 to support the Keep Active Together Project.
- Kyle of Sutherland Hub £2,000 to continue with progress on building the new facility.
- Bradbury Centre £512.85 towards a street party to celebrate the Queen's 90th birthday.
- Kyle of Sutherland Gala Week £87.50 towards the costs of hiring EQ Games to bring Goggle Football, Nerf Wars and Bubble Football to the Gala Week.
- Kyle of Sutherland Development Trust £2,000 towards the employment of an Enterprise Assistant.
- Kyle of Sutherland Angling Association £1,375 towards a boat upgrade.
- Ardgay Public Hall Committee £496 to cover the costs of installation and first year's rental of broadband in the hall.

Letters to the editor

Do you have a strong feeling about something you read? Do you want to share your opinion or point of view? Send your letters to ardgaynewsletter@gmail.com.

'The Bell'

Once again I have read your newsletter with great interest. You are to be congratulated on a fine production. The development of the Shin Falls project is a great encouragement - so, too, the Carbisdale Forest. And, at last, a positive future for the 'Lady Ross!'

Ardgay & District CC Newsletter is my main interest for it is now 20 years since I inherited 'The Bell' when called as minister to Kincardine, Croick & Edderton.

The initiative for 'The Bell' came originally from the Rev Alastair Rennie when 'The Bell' was first produced on a spirit duplicator! (The smell of meths would be strong!!) Alastair designed the template for the cover, then in the days of the Rev Fred Hibbert a Gestener was purchased. In my time, and thanks to the benevolence of Peter Fowler, we acquired a Risograph and a Sinclair Word Processor - modernity, at last!

Next

edition: 15th

September

Then came the PC when production really took off -with Liz Groombridge as Editor and Church Secretary.

When it came to compilation and stapling of 'The Bell' a faithful 'crew' met in the Manse or in the Church Hall and copies of the completed production were prepared for distribution by an equally faithful 'crew' of distributors. (You might say they were our 'outreach' workers.) And the reward for such industrious en-

deavour was a plate of hot home-made soup!

(I still retain the quarterly copies of 'The Bell' which was a record of my ministry (and many others, too) in the parish from 1996 through to 2003.)

Now it is all digital and on-line distribution.

Time moves on, but with the now fine production of the Ardgay & District CC Newsletter everyone

With all good wishes.
Rev Alan G. N. Watt.

the good work!

is in the picture. Keep up

WE WOULD LIKE YOUR FEEDBACK

Please send us your comments, letters, suggestions or contributions. Visit

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or email ardgaynewsletter@gmail.com

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David.Knight@highland-opportunity.com Marianne.Ross@highland-opportunity.com

OF THE RY

Kyle of Sutherland Development Trust

KAT helps local resident to obtain Fitness Instructor's qualification

THE KEEP ACTIVE Together Project (KAT), recently funded one of their volunteers, Paolo Lunardini, to undertake a Level 2 Fitness Instructor's Course. The qualification gained allows the recipient to work as either a Gym Instructor or a Fitness Class Instructor. Paolo is now eligible to join the Register of Exercise Professionals (REPS).

He states "I can't thank the Keep Active Together Project enough. It will, hopefully, open up new and exciting employment opportunities to me". The KAT Project wish Paolo every success in his future career.



Paolo Lunardini and Beverley Hill, Project Officer KAT Project.



One of the drawings of the new Visitor Centre. / CH ARCHITECTURE

Falls of Shin Project progresses

But still some months for the works on site to commence.

The Trust has selected a preferred contractor to build the new centre. However, as the site is not yet in the ownership of the Trust the contract can cannot yet be signed. It is hoped that the purchase will complete in the next couple of weeks and the contract will then be signed and the contractor announced.

As the funding package for

the build is in place and is within budget once the contract has been signed work on the project will get underway. The public will not see anything happening on site for several months as the building warrant work will have to be completed before work on the site begins. ■ Helen Houston, Development Manager

THE TRUST IS AWAITING CONFIRMATION OF WHICH POSTCODES WILL NOT BE COVERED BY THE DSSB

Delays to the Kyle of Sutherland Community Broadband Project

The KoSDT had hoped to deliver positive results on the project area by the middle of March. Unfortunately this has not been the case. We have been in discussion with Community Broadband Scotland and Sarah Marshall has provided this statement to explain the delay in the project:

"The next step is to confirm which postcodes

will not be covered by the Digital Scotland Superfast Broadband (DSSB) fibre roll out programme and will therefore require a community broadband project.

CBS is working closely with the DSSB team and BT to confirm the areas where the DSSB roll out is not going. It had been hoped that this process would have

been completed in February – March 2016. However, additional funding has come into the DSSB fibre roll out programme which means that fibre broadband is being pushed out further than originally anticipated. This means that more modelling work is needed to map out the additional fibre roll out. This pro-

cess has not been finalised which means that it has not been possible to confirm which postcodes in the Kyle of Sutherland area will require a community broadband solution.

It is hoped that clarity will be gained on which postcodes will require a community broadband solution in the next months."

Kyle of Sutherland Development Trust



Yvonne Lowe (Bonar Bridge Hall committee member), Beverley Hill (KAT Project Officer), Calum Couston (KOSDT Community Development).

Keep Active Together gives a defibrillator to Bonar Bridge Hall

THE KEEP ACTIVE Together Project (KAT), part of the Kyle of Sutherland Development Trust (KOSDT), recently purchased a defibrillator



KAT also offered a new baby changing facility to Ardgay Public Hall.

as a gift to the local community.

"If a member of the public suffers a cardiac arrest, their survival rate decreases by 23% per minute. It is therefore vital that a public access defibrillator is available where the likelihood of medical treatment is more than five minutes away"-Beverley Hill, KAT Project Officer.

The defibrillator will be housed within the Bonar Bridge Community Hall offering easy access to members of the public. The hall committee are delighted with the gift of this invaluable piece of equipment.

Cosy Homes East Sutherland

Due to the success of this project there is a waiting list for households which are eligible for energy efficiency measures. However, it is still possible for households to seek an assessment as it may be possible for the team to signpost eligible households to government schemes. There is still a small amount of funding left in the hardship fund.

'Gateway to Sutherland' gets Government funding

THE APPLICATION TO the Scottish Government for funding towards Ardgay Regeneration Project has been successful and when the site has been purchased the tender will be released to contractors for pricing. The Trust has been having meetings with partners Highland Council and Highland Small Communities Housing Trust and these meetings have been extremely productive.

KoSDT

① 01863 766 190

CHESS: 1 01863 760 050 *KAT:* ① **01863 766 702**

development@kyleofsutherland.co.uk

Kyle of Sutherland Development Trust

Recent staff changes in the KoS Development Trust Office

CALUM COUSTON our Scotgrad Associate came to the end of his contract in February and he has moved on to work as a development officer with Leader Ayrshire. Rhionna Mackay, project officer with CHESS is moving on to work for the Citizen's Advice Bureaux, she takes up her post as Depute Manager at the beginning on June. Sarah Forrest the current CHESS assistant will be taking over as the CHESS project officer.

We have been fortunate that HIE has once again agreed to fund another Scotgrad Hudekova Alexandra

will join the team on the 30 May. Alexandra will work client side for the Ardgay Regeneration Project and will support the Falls of Shin Community Project Implementation Manager with the delivery of that project. Valerie Houston will be re-joining the Trust on

the 15 June to take up the post of Falls of Shin Community Project Implementation Manager. Rachael Cameron joined the team in May as the enterprise assistant. Rachael will be supporting the development manager and the rest of the team. ■

What's on in the area



LEDMORE AND MIGDALE WOODS

Gàidhlig sa Choille Gaelic in the woods



We will look at Gaelic names for native plants and trees and Highland lore and stories connected to them. Come along and learn about the traditional Gaelic understanding of land and nature. The sessions will be conducted largely

in English and will be suitable for people who know nothing about the Gaelic language. FREE and booking is recommended. Outdoor clothing. Choose one of two sessions: 10.30 - 12.30am for families or 1.30 - 4pm for adults (+16) To book a place, contact Juliet on 07810 027556 or ledmoremigdale@woodlandtrust.org.uk



FROM

UNTIL SUNDAY 7TH AUGUST



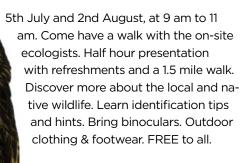
Kyle of Sutherland Gala Week

Each year, the Gala holds a wide range of enjoyable competitions including the Kyle Raft Race, an adults' fancy-dress wheelbarrow race, children's sports, pub quiz and treasure hunts, as well as flower and veg show, pet show, family bingo, ceramics painting, mountain bike day, canoeing and much, much more! (See advert on next page)



LOCH BUIDHE SUBSTATION, MIGDALE ROAD

Nature walks





19

TAIN LINKS

9th Tain Vintage Rally

JUN

The 9th Vintage, Historic and Classic Car & Motor Cycle Rally will be held on Sunday 19th June 2016 at Tain Links. FREE entry. Visitors could get a closer look at a range of models, tractors, stationary engines, lorries and vans, motorbikes and pedal bikes.



BRORA

Ceilidh Trail

4 - 5:30 pm at Brora Carnival Week. Fèis Chataibh Ceilidh Trail is a cultural tourism project bringing high quality traditional music performances to communities across Scotland. More info: www.feischataibh.co.uk

22

SHOWFIELD, MAIN STREET, LAIRG.

Lairg Crofters' show

The Lairg Crofters' Show is the last mainland crofters' show and is an excellent day out with something for all the family. There are opportunities to take part in lots of exciting events, watch demonstrations and main ring attractions.

www.lairgcroftersshow.co.uk





ARDGAY PUBLIC HALL

Bingo!

JULY

Bingo night at Ardgay Hall. From 6 pm to 10 pm. This event is to raise money for the Highland Games.

•••••

What's on in the area

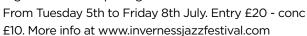
FROM

DRUMOSSIE HOTEL, INVERNESS



Inverness Jazz Festival

At the first Inverness Jazz
Festival there will be a wide
selection of music with the emphasis
on jazz, swing and blues. The amazing
voice of Clare Teal backed by her Mini
Big Band will be opening the Festival.





ARDGAY PUBLIC HALL

Dance to Eclipse

Doors open at 8 pm. Licenced bar. This event is for 16 years and over & ID will be requested. In aid of the Bonar Bridge Children's Christmas Party. Tickets £8. Contact Irene 07 919 368 571 or Elissa 07743 228 661.





10 AM AT BALBLAIR FARM, BONAR BRIDGE

Invercharron Highland Games

The Invercharron Highland Games will take place this year on Saturday 17th September 2016 starting at 10 am. We will once again be running a bus service covering Ardgay and Bonar, linking with train times from Ardgay station to the games and return service in the late afternoon. There will be the usual piping, dancing and field events, heavy events, cycling, tug of war and Hill Race. There will be children's races, entertainment, pipe band playing, Gizzen Briggs and more. The Chieftain this year is the Crime Writer Val McDermid.

Kyle of Sutherland Gala Week 2016

BONAR BRIDGE, ARDGAY, CULRAIN, INVERSHIN & ROSEHALL AREAS

Lots of Fun Family Events for Everyone

Saturday 30th July - Sunday 7th August

SATURDAY 30TH – Gala Fete, Queen Crowning & Dance to Impact



MONDAY 1ST – Bear Grylls Survival, Family Bingo and Jogging session & BBQ

TUESDAY 2ND – Book Bug, Flower Festival & Pancake Day, Rock School, Sports and Performance. WEDNESDAY 3RD - Flower Festival, Bubble Football, Goggle Football, Nerf Wars, Pet Show, Clay Pigeon Shooting Competition &Whist Drive.

THURSDAY 4TH - Flower Festival & Bingo.

FRIDAY 5TH - Sports Day, Kids Disco, The Big Sing & Darts Competition. SATURDAY 6TH – Willow Sculpture, Duck Race & BBQ, Pub Quiz & Grand Raffle Draw.

SUNDAY 7TH – The Big Lunch

(Events subject to change)

100 Sales

KYLE SUTHERLAND Gala week

Adult Clubs & Societies





Kyle of Sutherland Joggers

Leaders trained by Jog Scotland. All levels of fitness are welcome. Facebook:

Kyle of Sutherland JoggersContact:

Eliza / Caroline / Gemma

- 0 07743 228 661
- 0 07799 391 281
- **①** 07545 929 768

Bonar Bridge Local History Society

Organising events and history walks.

Contact: Moira Boothroyd

© 01549 441 761

Kyle of Sutherland Cinema Club

Resumes in Autumn. Second and fourth Friday of each month. Bonar Bridge Hall at 7:30 pm. Contact: Silvia

Muras © 01863 766 690



Ardgay Scottish Country Dancing Club

Starts again on the 4th October. Tuesdays from 7:30 pm in Ardgay Public Hall.

Contact: **Doreen Bruce ① 01863 766 852**

Sutherland Walkers Club

We meet the 4th Sunday of the month, all year round.

SUNDAY 26 JUNE

Quinag: Sail Gharbh: 809m / 2654ft. and Sail Ghorm: 776m / 2545ft. 8 miles, linear. From old quarry on east side of A894, at 10:30 am. Leader: David Hannah: 01863 766061

SUNDAY 10 JULY

Summer Special: Shandwick Coastal to North Sutor 9 miles, linear. Leader: David Hannah. From Shandwick Harbour at 10 am. Meal at the Shandwick Inn, Kildary. Please book in advance.

SUNDAY 24 JULY

Sandwood Bay. 8 miles, track, linear. Leader: Maggie Clark: 01862 881300. From Sheigra Car Park at 10:30 am

SUNDAY 28 AUGUST

Durness: Smoo Cave to Beinn Ceannabeinne: 383m / 1256ft. via Bhlar Duibhe. 8 miles, mainly track. Leader: Stan Holroyd: 01408 621370. From Smoo Cave Car Park at 11 am.

We are pleased to welcome occasional walkers or new members, but please contact us in advance.

Contact: **David Hannah 3 01863 766 061**



Bonar Bridge Ardgay Golf Club

Market Stance, Migdale Road, Bonar Bridge.

0 01863 766 199



Pilates

Bonar Bridge Hall, Mondays from 10 to 11 am. Please call in advance. Contact: **Moira Chisholm**

① 01862 810 786

Alternative Pilates group (KAT) 1.30pm-2.30pm, Ardgay Public Hall. Beginners welcome.

0 01863 766 702

Scottish Women's Rural Institute

All ages welcome. Ardgay Public Hall 7:30 pm 3rd Tuesday each month / Culrain Hall 7:30 pm 4th Thursday of the month. Contact: **Mrs. Jean Jack**

① 01863 766 646



Ardgay Badminton Club

Starts again in October. Contact **George Ross**

① 01863 755 329 Alternative sessions organised by KAT, Wednesdays 10 - 12. Ardgay Public Hall.

① 01863 766 702

Edderton & District Gardening Club

From September to May in Edderton Community Hall. Contact:

① 01863 766 061

Tai Chi

Ardgay Public Hall Monday 2:30 pm £2 Contact: **Angela**

0 01549 421 336

Creich & Kincardine Art Group

Meets in Bonar Bridge Hall tearoom on Wednesdays from 10 am to 3 pm. All welcome. Contact: **Joan Mulligan** ① **01549 421 321**

Kyle of Sutherland Whist Club

Will be back in September Contact: Rosemary Logan

① 01549 421 282 Alternative whist club organ-

ised by KAT: Fridays, 2:30 to 4:30 pm, Bonar Bridge Hall. Beginners welcome. Free admission and refreshments.

1 01863 766 646

Kyle of Sutherland Cycling Club

If you fancy a ride out then feel free to come out for a ride with all at KOSCC

Website: www.koscc.co.uk Facebook: Kyle of Sutherland

CC Contact: **Chris 3 07543 466 699w**



Sutherland Radio Control Club

By Ardgay Garage. Facebook: Sutherland Radio Control Club

0 07703 196 005

Gearrchoille Community Wood









Working on the shelter (left & top right). Charred areas alongside green areas. It is hoped that the regeneration will be swift. (right)

Fire in the woods

None of the oak trees was too badly burned and many plants had a lucky escape from the fire so hopefully regeneration will be swift. Still lots of lovely things to see.

(Starts on front page)

I was told not to worry as anything that was smoking was surrounded by blackened ground and would not be able to flare up. But it did look awful. Ground that should have been carpeted with primroses now completely charred. And the ground being wet had not stopped a week of sunshine with a drying wind leaving enough dead dry grass - together with twiggy debris, to feed the flames. How did the fire start? Nobody knows, but the fact that it was able to spread so quickly and do so much damage should serve as a reminder that we must all be careful with matches, cigarette ends, campfires or other sources of ignition.

On further inspection over the

following days, the damage was perhaps not as extensive as feared. In some places only the surface of the vegetation was charred leaving the roots ready to grow again, in others charred areas sat alongside green areas where the primroses still flowered. Advice from fellow members of the Native Woodland Discussion group and the Community Woodlands association suggest that it will look far worse than it is; that regeneration will in part be swift and we have been provided with an opportunity to monitor the regrowth. The Gearrchoille wood is an area of Ancient Woodland which now covers only 1% of Scotland. It is very special. Our community is very lucky to have been gifted this precious resource. We are the guardians of this precious area with its rich biodiversity of woodland as identified in the NVC survey carried out in 2007 and we must ensure we look after it for our children.

On a lighter note, we have continued working on the shelter during our regular volunteer afternoons (1st Thurs each month, 2-4 pm) and will work on keeping the paths clear during the summer months. We now have our own tools stored on-site which means volunteers no longer need to bring their own.

Our AGM will be held on 27th June in Ardgay Hall, where we will have an informal evening with cheese & wine. Why not come along for a chat and ideas of what you would like to see happening in the wood. Details of summer events in the Gearrchoille will also be available then. Betty Wright

gearrchoillecommunitywoodardgay.org.uk

gearrchoille@gmail.com

01863755316

Children & Young people

GLEDFIELD PRIMARY SCHOOL 3 4 4 4 4 4 4

■ Kirsten Macneil Cluster Headteacher Rosehall & Gledfield Primary Schools





INVERNESS SCIENCE FESTIVAL

Pupils from Rosehall Primary joined us at Gledfield to learn all about the Bloodhound Supersonic Car. This event was part of the Inverness Science Festival. Our pupils worked in groups to design and make their own supersonic car.



Gledfield and Rosehall pupils had a fun day out at the Highland Games at Golspie.





WOODLAND TRUST TORROY BOTHY MOSAIC

Gledfield pupils in P4-7 designed a mosaic with artist Sally Purdy for the Woodland Trust bothy at Migdale Woods. Our pupils were involved throughout the whole design process and were delighted to see their finished work on display in the Torroy bothy.

Children & Young people



SUMMER JOKES:

What do you call a fish with no eyes? $\forall y \in Y$

Why don't oysters share their pearls?

Because they're shellfish.

Which letter is the coolest?

.t bsoI

What did one tide pool say to the other tide pool?

Show me your mussels.

What happens when you throw a green rock into the Red Sea?

.tsw stsp tI

What did the ocean say to the sailboat?

Nothing. It just waved!!

COLOURING BIRD MANDALA





One sunny afternoon Morag went to visit Hamish, and two pet lambs decided to follow her, baaing all the way.



"Who are you?" said Hamish.

"They are Lucy & Maisy, our pet lambs," said Morag very quickly, interrupting their baaed answers.

Lucy and Maisy spent the afternoon playing around and had a great time. They especially enjoyed jumping from Hamish's belly!

MEET HAMISH THE TARTAN DRAGON

A Shy veggie dragon who lives on Carn Bren

by Andymack & Sil

From the Manse...



Minister's message

EAR FRIENDS, the phrase "Spreading the Gospel" takes on an whole new meaning for parish ministers in Scotland today. More often than not we are having to stretch the gospel message in ever spreading parishes. This is due in no small measure to ministerial shortages. Other than in our large cities, there are very few parishes that remain 'separate'.

The linkage of Kincardine, Croick and Edderton, linked with Creich, linked with Rosehall, is extremely fortunate to have the services of a full time minister, an auxiliary minister and a reader. The current pattern of services here works well. Edderton church and Kincardine church, Ardgay, now meet for combined worship at 11 am (see notice board for details). It is also helpful

to Rev Hilary, Karl and myself when the occasional combined service for the entire linkage comes along and we can worship God together in one place. We can look forward to that on Sunday 26th June at the Old Edderton kirk at 11 am when we will be joining together to celebrate a 'Heritage' service. Yes, "Spreading the Gospel" takes on a whole new meaning when you are 'spreading yourself'. The essential message is the same for each of our parishes. We may do things in slightly different ways. The service is pretty much the same. Actually, we are pretty much the same people under the skin. The differences somehow dissolve when we meet together, as we did only recently for the 'Lambing Service', and over Easter.

Thank God for the fellowship at the heart of our faith wherever we meet. We gathered together for our annual 'Lambing Service' on Whit Sunday or Pentecost. It was fitting that we did so then on the birthday of Christ's church when the Holy Spirit came upon the first of His followers. Thank God for the Holy Spirit

which continues to do 'new' things in unexpected places. And thank you for 'bearing with me' in this important but, not uneasy, task of spreading both myself and the gospel's message in Edderton, Ardgay and the surrounding area.

With Every Blessing. ■ Rev. Anthony M. Jones

The Kyle of Sutherland Churches Kincardine, Croick and Edderton linked with Creich and Rosehall Parishes

Minister: **Rev. Anthony M. Jones** The Manse, Manse Road, Ardgay, Sutherland IV24 3BG

① 01863 766 285

⊠ revanthonyjones@yahoo.com



Lambing service at Ardgay gathers flock

The congregations of the Kyle of Sutherland Churches gathered with the community at Ardgay to celebrate the end of the lambing season. The service included hymns, poems and readings with the theme of the shepherd and the sheep. Valerie Mackenzie Harris read from John Chapter 10 'The Good Shepherd', Pat Potten read

from Luke 15 'The Parable of the Lost Sheep', Beverley Jones read the poem 'We Like Sheep' by Wilf Ward, Samuel Jones read the poem 'In Praise of Collie' by Norman MacCaig, and Rev Jones read the poem 'The Lamb' by William Blake. Musical accompaniment was provided by John Brozovsky, organist at Creich.



Ordination and Admission of Morag Miller and John Morrison to Creich Parish Church Kirk Session, Bonar Bridge on Sunday 24th April. Left Jeani Hunter (Session Clerk), Morag Miller, Rev Anthony Jones, John Morrison.



Ordination and Admission of Beverley Jones to Kincardine Parish Church Kirk Session, Ardgay on Sunday 3rd April.

Guide to local services



Village Halls & venues

ARDGAY & DISTRICT

Ardgay Public Hall Fiona Venters / 01863 766 602

fcmm11@hotmail.com **Ardgay Church Hall**

Rev. Anthony Jones 01863 766 285

Culrain Village Hall culrainmains@gmail.com

Croick Church enquiries@croickchurch.com

Kincardine Heritage Centre Mrs. Mary Stobo / 01863 766 868

KYLE OF SUTHERLAND

Bonar Bridge Community Hall Sally Thompson / 01863 766 883

Bradbury Centre

Lorraine Askew / 01863 766 772

Invershin Hall

Elissa Steven / 01549 421 369

Rosehall Hall

Beverly Morrison / 01549 441371

Bonar Bridge Recycling Centre Opening Hours

MONDAY: 1 pm - 4:30 pm **TUESDAY:** 1 pm - 4:30 pm WEDNESDAY: Closed THURSDAY: 8 am - 12 pm FRIDAY: 8 am - 12 pm SATURDAY: 9 am - 1 pm

SUNDAY: Closed

Ardgay

29 June 2016

10 August 2016

31 August 2016

20 July 2016

Mobile Library

EVERY 3RD WEDNESDAY

Oakwood Place, Ardgay

Arrive 13:45 Depart 14:00

The Lady Ross, Ardgay

Arrive 14:00 Depart 15:15

MATERIALS ACCEPTED

Batteries, car batteries, cardboard, fluorescent light tubes, standard and energy efficient light bulbs, fridges and freezers, garden waste, gas cylinders, plastic bottles, tyres, waste electrical and electronic equipment.

Post Office Ardgay

Ardgay Public Hall Opening times

MONDAY: 1:30 pm - 4:30 pm FRIDAY: 10 am - 1 pm

Post Office **Bonar Bridge**

Lairg Road, Bonar Bridge Opening times

MONDAY TO FRIDAY: 9 am - 5:30 pm

SATURDAY: 9 am - 1 pm

Train times ScotRail



From 14/12/2014

INVERNESS → ARDGAY

Monday to Saturday:

07:02 (08:33) Catering Saturdays only

10:38 (12:05) Catering serv. available

14:00 (15:29) Catering serv. available

17:12 (18:39)

18:28 (20:01)

Sunday:

17:54 (19:23) Catering serv. available

ARDGAY → INVERNESS

Monday to Saturday:

06:16 (07:44)

06:45 (08:13)

09:07 (10:34) Catering Saturdays only

10:54 (12:23) Catering serv. available

15:30 (17:01) Catering serv. available

18:52 (20:10) Catering serv. available 19:28 (20:57)

Sunday:

14:49 (16:16) Catering serv. available

ARDGAY GARAGE



ARDGAY - Tel (01863) 766231

Now doing Main Dealer Warranted Servicing

Please ring for details

Please drop in at any time.

NOW DOING BIKE MOT'S

HOURS OF BUSINESS Monday - Thursday :8.30 - 5.30 Friday: 08.30 - 4.30

Alternate Saturdays : 9.00 - 12 noon



Development Trust

Offering competitive rates on photocopying and printing:

Size	Black and White	Colour	Laminating		
A4	10p	20p	50p		
A3	15p	30p	80p		

Email: cdassist@kyleofsutherland.co.uk or Tel: 01863766190 for more details

Kyle of Sutherland Development Trust is a Company Limited by Guarantee Scottish Registration: SCO401019 & Scottish Charity: SC043587.Registered office: The Trust Offices, Dornoch Road, Bonar Bridge, Sutherland, IV24 3EB

Guide to local services A-Z



BRADBURY CENTRE

Bradbury Centre Bonar Bridge

01863 766 772

BUSES

MacLeod's Coaches 01408 641 354 **Bradbury Centre Bus** 01863 766 772

CAB

Citizens Advice Bureau Golspie

01408 633 000

CHILDREN & FAMILY

Kyle of Sutherland Hub 01863 766 310

CHURCH OF SCOTLAND

Kincardine Parish Church Rev. Anthony M. Jones 01863 766 285

DVLA

DVLA Inverness 0300 790 6801

ELECTRICITY

24Hr Emergency 0800 300 999 **Customer Help** 0800 300 111

FIRE BRIGADE

Fire Station Dornoch 01862 810 297

FORESTRY COMMISSION

Forestry Commission Scotland

01309 674 004

GOLF CLUB

Bonar Bridge-Ardgay GC 01863 766 199

FISHERIES

KoS Fisheries Trust 01863 766 702

HIGHLAND COUNCIL

Drummuie Golspie 01408 635 370 Service Point Bonar Bridge 01863 766 083 Service Point Dornoch 01862 810 491 **Tain Registration Office** 01349 886 644

HIGH SCHOOLS

Tain Royal Academy 01862 892 121 **Dornoch Academy** 01862 810 246

KOSDT

KoS Development Trust 01863 766 190 **Keep Active Together** 01863 766 554

MacLeod's Coaches Timetable

Ardgay

Tain Lamington St

07:18 / 10:11

13:111/16:001

18:55¹

ARDGAY → TAIN

Ardgay

06:46 / 09:08 07:42 / 10:35 11:28 / 14:23 13:35 / 16:25 17:20 / 17:48 19:20 1 Edderton **Edderton** 06:58 / 09:20 11:40 / 14:35

07:28 / 10:20 13:20 / 16:10 17:35 / 18:00 19:05

Tain Lamington St 07:081/09:301 11:50/14:451 17:45/18:101

Tain ASDA 07:11/09:33

Tain ASDA 07:13/10:03 11:53/14:48 13:03/15:52 17:48/18:13 18:47

06:46 Monday to Friday 09:08 Monday to Saturday 14:23 Saturday only

¹ Connects with Stagecoach bus to/ from Inverness

Royal Bank of Scotland Mobile Timetable TUESDAY

Bonar Bridge War Memorial Arrive 11:50 Depart 12:05

LIBRARIES

Bonar Bridge Libray 01863 760 083 Mobile Libraries Ardgay & Strathoykel, Strathcarron 0773 330 0761

NHS

Migdale Hospital 01863 766 211 **Doctors Creich Surgery** 01863 766 379 **Nurses Creich Surgery** 01863 766 237

Bradbury Centre Bus

BONAR BRIDGE CIRCULAR (Via Spinningdale, Tain and Edderton)

920 - Wednesday

Bonar Bridge P **Bonar Bridge** Cherry Grove 10:30 Spinningdale

Cherry Grove 14:40 Spinningdale 10:39 14:31 Clashmore Clashmore

10:53 14:19 Tain old CO-OP Tain old CO-OP 11:02 14.08 Tain Lamington St Tain Lamington St

11:04 Edderton 11:17

Ardgay 11:39

Cherry Grove 11:4Ź

14:06 Edderton 13:53 Ardgay 13:33

Bonar Bridge 👃 **Bonar Bridge** Cherry Grove 13:3Ó

BONAR BRIDGE - ALNESS 919 - Tuesday

Easter Fearn

1

13:33

13:17

Ardross

Bonar Bridge **Bonar Bridge** Cherry Grove Cherry Grove 10:30 13:45 Ardgay Ardgay 10:34 13:40

Easter Fearn 10.42

Ardross 10:58

Alness Alness 11.15 13.00

The minibus has a wheelchair lift which will be available as part of the service. The service will divert on request to pick up prebooked passengers up to a mile from the route. These journeys must be booked by 14:00 on the previous working day 01863 766 772

PHARMACY

Mitchells Chemist 01863 760011

POLICE

Local Police (Inverness) 0845 600 5703 Non Emergency: 101 Emergency: 999

POST OFFICE

Bonar Bridge 01863 766 219

PRIMARY SCHOOLS

Gledfield

01863 766 580

Bonar Bridge 01863 766 221

Rosehall

01549 441 348

RECYCLING CENTRE

Bonar Bridge 01349 868 439

SCOTTISH WATER

24Hr Emergency 0845 600 8855 **Customer Help** 0845 601 8855

TAXIS

Ronnie's Taxis Ardgay 01863 766 422 A&B Taxis Ardgay-Bonar 07549 999 760

TRAINS

National Rail Enquiries 0845 748 4950

VETS

Rogart Vets 01408 641 352 **Easter Ross Vets Tain** 01862 893 142 **Johnston & Farrell Tain** 01862 894 223

Kessock Equine Vets 01463 731 107

Puzzles



Sudoku

Easy

Medium

	9			5	7			3
	7	3		6				
	1	5		3	9		7	
6								
				9				7
	5						9	8
		4			3			
						5	4	
			8			3		6

Hard

	3	8				1		
6								
	7		4	3	8			6
4	5							
7		6					2	
		1	3	6				
		7	6		5	2	8	
				8				
	4			2				1

A number may not appear twice in the same row or in the same column or in any of the nine 3x3 subregions.

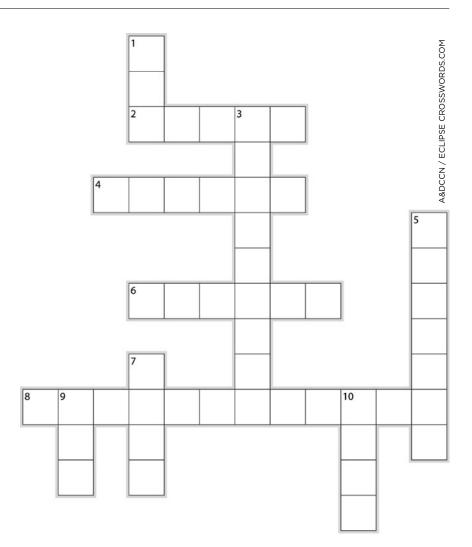
Crosswords

Across

2. A small flexible bag, typically carried in a pocket or attached to a belt. 4. Make (something, especially a person's hair) untidy. 6. A small stony concretion which may form in the stomachs of certain animals, especially ruminants, and which was once used as an antidote for various ailments. 8. A large turkey-like Eurasian grouse of mature pine forests.

Down

- 1. The flat area between the waist and knees of a seated person. 3. Roman's name for Scotland. 5. A system of exercises using special apparatus, designed to improve physical strength, flexibility, and posture, and enhance mental awareness. 7. A prolonged and bitter quarrel or dispute. 9. (*Archaic or dialect*) Said to express assent; yes.
- **10.** A body of traditions and knowledge on a subject or held by a particular group, typically passed from person to person by word of mouth.



DANCE TO ... IN AID OF THE BONAR BRIDGE CHILDRENS CHRISTMAS PARTY

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ARDGAY & DISTRICT

Community Council newsletter

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