

ARDGAY & DISTRICT

Community Council *newsletter*

£1.00 [suggested donation]

Issue No. 33 • AUTUMN 2016 •



This is how the building looked in 1960. / HIGHLAND PHOTOGRAPHIC ARCHIVE

Good bye, Lady Ross!

After a last devastating fire in August, it is expected that the building will be demolished very soon.

ABOUT EIGHT YEARS AGO, The Lady Ross closed its doors for the last time. Since then the community has had to look on as the building slowly deteriorated to a sad shadow of its former self, blighting the centre of the village. But all that is about to change.

(Page 4)



The former pub is now a blight. / SM

Gearrhoille Community Wood recovers from the fire and has a very busy summer of events (Page 16)

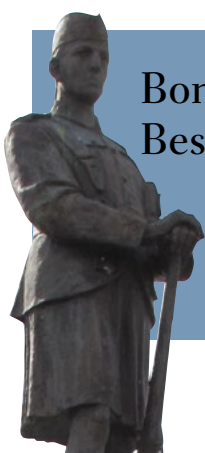
The Community Broadband project does not seem viable

But Digital Scotland Superfast Broadband (DSSB) fibre will reach further than anticipated

THE PREVIOUS UPDATE on the community broadband project for the Kyle of Sutherland area outlined that the next step was waiting for confirmation on which postcodes would not be covered by the Digital Scotland Superfast Broadband (DSSB) fibre roll out programme and therefore would be eligible for a community broadband project.

Information from the DSSB team is that mainstream fibre coverage is reaching further than initially anticipated. The team has consistently sought to maximise coverage within the current contract. In addition, high take-up and costs savings mean that additional funding is being re-invested into the DSSB programme.

Whereas at the start of the DSSB contract it looked unlikely that parts of your community would be drawn into the programme, the good news is that now, better broadband will be available to more of the Kyle of Sutherland area through the mainstream programme. (Continue on page 5)



Bonar Bridge wins Best Kept War Memorial competition

Page 8



This Autumn, watch out for red squirrels in Ardgay & District

Page 19



**What's on in the area,
Opening times,
Telephone guide, Bus
& Train timetable,
Crosswords, Sudoku...**

Keep Cosy in Colder Seasons



chess

The nights are drawing in, Autumn is creeping up and before we know it, Winter will be upon us! It is important to stay warm during this period to help keep you and your family healthy.

Contact **Sarah and Cat** at the **CHESS Team** today for advice on how to do so and find out if you are eligible for; placement on your supplier's Priority Register, **government funded schemes** towards keeping your home cosy and payments towards winter fuel bills.



Phone: 01863 760 050

Website: www.cosyhomes.scot (where you can access our blog)

Pop in and see us in person; we are located in the Trust Offices, Dornoch Road, Bonar Bridge (opposite the bank)

Cosy Homes East Sutherland Scheme (CHESS) is funded by the British Gas Energy Trust Healthy Homes Fund. CHESS is part of the Kyle of Sutherland Development Trust which is a Company Limited by Guarantee, registration number SC401019 and a registered Scottish Charity SC043587.

Registered office: The Trust Offices, Dornoch Road, Bonar Bridge, Sutherland, IV24 3EB

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Ardgay & District photographs



Autumn by Gregor Laing

Looking towards the Kyle of Sutherland from Jubilee Hill, in November 2008.

EDITOR'S LETTER

Changes

Once again I have to thank all who have sent letters of encouragement and donations to this project. A big thank you to our volunteer contributors and distributors. It is exciting to know that the centre of our village will have new life soon. It is a shame that the Community Broadband project we announced a few months ago seems now not possible, and most probably some households in our area will be left out of the superfast broadband coverage for now. I hope you will enjoy the beautiful colours of this season, and find time to join a group or attend some of the events listed in our 'what's on' page. ■

Silvia Muras *Editor*



Ardgay & District News

Balnagown Arms Hotel / The Lady Ross:

Opening of the first bridge at Bonar.



1812 1815

Opening of the second Bonar Bridge.



1893

Dorothy Mercado, the 'Lady Ross', inherits Balnagown castle and estates from her late husband Sir Charles Ross, as well as many debts.



1942 1943



A farmhouse in the centre of Ardgay is converted in the **Balnagown Arms Hotel**, to provide facilities for an increasing number of travellers using the newly built bridge.

Several extensions are added to the original building as the business grows.



On the 24th of July, a fire broke out at the **Balnagown Arms Hotel** which completely destroyed the building.

IT ALL STARTED WITH A HOTEL TO ACCOMMODATE TRAVELLERS WHO USED THE BRIDGE AT BONAR

After 200 years, Ardgay will soon cease to have a hotel or a pub at the centre of the village

It is hoped that demolition of the derelict Lady Ross, recently burnt, will start soon. The Kyle of Sutherland Development Trust, in partnership with the Highland Council, are progressing with the regeneration of this site at the heart of Ardgay.

IN 2008 THE PROPRIETOR of the Lady Ross ceased trading and put the property up for sale. It is now derelict and a blight on the rest of the village. The site measures approximately one acre and includes the main building, parking areas, a barn -which was part of the original Balnagown Arms Hotel-, shed and back yard.

ARDGAY REGENERATION PROJECT

Thanks to the prompt action of the Kyle of Sutherland Development Trust, in partnership with the

Highland Council, funding to clear the site and regenerate the old barn has been secured. Demolition of The Lady Ross will commence soon and the refurbishment of the old barn to provide affordable space for small businesses will follow. The outline plan also includes a small terrace of houses and two house plots. Discussions are ongoing with the Highland Council and Highland Small Communities Housing Trust to decide on the best options for the housing. It is hoped that these developments

will bring new life back to the centre of the village.

NEW BUSINESS HUB

As part of the regeneration project the barn will be converted into 200m² of business space. When complete in 2017, it will house the Development Trust and its existing tenants but will additionally be offering for rent space for other small and start-up businesses.

To register your interest contact Sasha on: scotgrad@kyleofsutherland.co.uk or 01863 766190. ■



Ardgay & District News

two centuries at the heart of Ardgay Village

Opening of the third Bonar Bridge.



1959

The opening of the Dornoch Bridge drastically reduces the amount of traffic passing through Ardgay.



1973

On the 12th April, The Lady Ross building suffers partial damage from a fire. The business continues for two years before finally closing.



2006

The KoSDT launches "Gateway to Sutherland", a project to regenerate the centre of Ardgay.



2015 2016



In June 1959, a new building opens in place of the Hotel, The Lady Ross.

The place is a successful cafe, bar, post office and pub for several decades.



On the 11th August, the derelict building awaiting demolition suffers yet another devastating fire.

AN OPEN MARKET REVIEW WILL LOOK AT BROADBAND COVERAGE IN THE AREA AGAIN THIS YEAR

Kyle of Sutherland Community Broadband unlikely to go ahead

(Starts on front page)

This means that the number of premises still needing a solution is now smaller.

In relation to the local plans for a community project, it may be challenging to find a third party contractor who would be interested in designing, building and operating a broadband project on behalf of the community due to the dispersal and relatively small number of premises still needing a solution. Another option of a "self-build" community broadband model would

require a significant amount of volunteer effort to build and run the network and would likely face challenges in terms of ongoing financial sustainability.

SCOTTISH GOVERNMENT COMMITMENT

However, the Scottish Government has made a commitment to reach 100% of premises in Scotland with superfast broadband (30 mbps and over) by 2021. An Open Market Review (OMR) later in 2016 will look at broadband coverage again. It will

identify where customers can't access superfast speeds and assess what commercial plans there are to deliver superfast broadband.

An Open Market Review later in 2016 will look at broadband coverage again

The information gathered will provide information on broadband speeds at a premises level, giving a clear picture of exactly who still needs a solution.

This will identify an intervention area, and will allow new solutions to be procured to extend superfast speeds further.

The options have been discussed with the Kyle of Sutherland Development Trust who felt that the route to ensuring the best broadband outcome for the area was to look at the data from the OMR when this comes through and to decide how to best serve premises currently served by less than 30 mbps. ■

Sarah Marshall,
Community Broadband
Scotland Adviser



Ardgay & District News

Photo album

Kyle of Sutherland Gala Week 2016



The Queen with her attendants.



Sports day:
Sack race.



Bubble football.



(Above) Bear Grylls
Survival.

ARDGAY & DISTRICT COMMUNITY COUNCIL: **BETTY WRIGHT**, Chairperson, **SILVIA MURAS**, Vice Chair, **MARION TURNER**, Treasurer, **SHEILA LALL**, **ROB POPE**, **ANDY WRIGHT**, **LESLIE POPE**, Secretary (*Associated member*), **MARY GOULDER**, Minute Secretary, **GEORGE FARLOW**, Councillor (*Member ex officio*)

HOW TO CONTACT

ARDGAY & DISTRICT COMMUNITY COUNCIL



By phone

01549 421 244 (Leslie Pope, Secretary)



By mail

Leslie Pope, Secretary A&DCC
The Cottage, Culrain, Ardgay IV24 3DW



Email

secretary@ardgayanddistrictcommunitycouncil.org.uk



Website

www.ardgayanddistrictcommunitycouncil.org.uk



Facebook

Ardgay & District Community Council



Drop-in Sessions

We will be holding clinics from 1 to 4 pm at the Ardgay Stores on the following dates:
8 OCTOBER & 12 NOVEMBER
Please stop by for a cup of tea/coffee and chat.



In person

Just contact any member you know or come along to our meetings at Ardgay Public Hall, at 7 pm. Next meetings:
14 NOVEMBER & 12 DECEMBER

COUNCILLORS NORTH, WEST & CENTRAL SUTHERLAND

George Farlow 7, Seaforth Road, Ullapool IV26 2UY
Tel 01854 612 780 george.farlow.cllr@highland.gov.uk

Hugh Morrison Orcadia, Lerin, Durness IV27 4QB
Tel 07557 566 543 hugh.morrison.cllr@highland.gov.uk

Linda Munro 8, Munro Place, Bettyhill KW14 1TD
Tel 01641521779 linda.munro.cllr@highland.gov.uk

MSPS CAITHNESS, SUTHERLAND & ROSS

Gail Ross M5.13 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5927 Gail.Ross.msp@parliament.scot

Donald Cameron M2.18 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6989 Donald.Cameron.msp@parliament.scot

John Finnie MG.16 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6898 John.Finnie.msp@parliament.scot

Rhoda Grant MG.06 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5766 Rhoda.Grant.msp@parliament.scot

Edward Mountain M3.18 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6143 Edward.Mountain.msp@parliament.scot

Douglas Ross M2.08 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6140 Douglas.Ross.msp@parliament.scot

David Stewart MG.05 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5766 David.Stewart.msp@parliament.scot

Maree Todd M4.05 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5784 Maree.Todd.msp@parliament.scot

MP CAITHNESS, SUTHERLAND & EASTER ROSS

Paul Monaghan House of Commons, London, SW1A 0AA
Tel 0207 219 8485 paul.monaghan.mp@parliament.uk



Ardgay & District News

Falls of Shin Community Project is coming to fruition

After appointing a contractor, Falls of Shin Community Project are now seeking expressions of interest for the catering and retail lease at the new Falls of Shin visitor attraction.

WILLIAM GRAY CONSTRUCTION Ltd will commence work on site in September with the expected opening in 2017. During this phase of the project the future operator will be sought to lease and operate the Café and Gift Shop in partnership with the Kyle of Sutherland Development Trust. This is a rare and exciting opportunity to be a part of this new development at such a well known site. To register your interest contact Valerie on

01863 766 190 or fosofficer@kyleofsutherland.co.uk. The closing date for Expressions of Interest is at noon on the 30th September 2016. ■

KoS Development Trust ☎ 01863 766 190
CHESS: ☎ 01863 760 050 / **KAT:** ☎ 01863 766 702
 ✉ development@kyleofsutherland.co.uk
 f Kyle of Sutherland Development Trust

NO MATTER WHO YOU CHOOSE
TO BUY YOUR ELECTRICITY FROM

105, new number to report power cuts

105 IS A NEW NUMBER that you can call to report or get information about a power cut. It will put you through to your local electricity network operator – the company that manages the cables, wires and substations that bring electricity into homes and businesses in your area.

**POWER CUT?
CALL 105**

105 is a free service for people in England, Scotland and Wales, and you can call the number from most landlines and mobile phones. It doesn't matter who you choose to buy your electricity from - anyone can call 105.

You can also call 105 if you spot damage to electricity power lines and substations that could put you, or someone else, in danger. If there's a serious immediate risk, call the emergency services too.

Don't be left in the dark. Call 105. To find out more, visit powercut105.com ■

East & Central Sutherland
Citizens Advice Bureau



Volunteer Advisers Wanted



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Learn from workplace mentors

Make a real difference to people

Enhance your CV and learn new skills

**Call or email us to request a
volunteer application pack**

Telephone: 01408 633000

Email: advice@esvas.casonline.org.uk



Ardgay & District News

IN THE 2016 LEGION SCOTLAND HIGHLANDS AND ISLANDS BEST KEPT MEMORIAL COMPETITION

Bonar Bridge, best kept War Memorial 2016

Bonar Bridge War Memorial, is now being judged in the national competition, in the Small Community with Garden Section. Results are expected mid September.

THE JUDGE GAVE THE Memorial the maximum score of 103 and said "This monument is in pristine condition. It is a beautiful memorial recently refurbished, instigated by the hard work of the local Legion Scotland Branch. The borders are neat and tidy with plenty of colour."

Ardgay War Memorial was entered in the War Memorial without Gardens category and obtained a score of 102, just being pipped by the Fort William War Memorial which was awarded the maximum score. The judge said "This monument is in pristine condition each year and a credit to those looking after it."

Both these War Memorials are looked after by the Creich and Kincardine Branch of the Royal British Legion Scotland with a rota of volunteers also helping at the Ardgay Memorial.

Branch Secretary Fiona Porter said "We are really delighted by these results. With the Rosehall War Memorial winning the national New Entry category last year we are very proud of our War Memorials and grateful to all those who help look after them. We do all this to show our respect and to remem-



The monument is in pristine condition.

ber the fallen who gave their lives for our futures, including those who died at the Somme 100 years ago."

The Bonar Bridge War Memorial underwent a major refurbishment 2 years ago after the Branch obtained funding. This year the Branch has obtained funding from the Big Lottery Fund to purchase a new Queen's Colour and Branch Standard. The Branch Standard must be dedicated before it can be used and this will be done in a ser-

vice at Creich Church on Sunday 25th September. The day will start with a march from Tulloch Road to the Church for the service at 11am. The march will be lead by Tain Pipe Band and massed Standards. After the service there will be a march from the church to the War Memorial, where the Lord Lieutenant will take the salute.

So that the War Memorial looks immaculate on the day, the Big Lottery funding included repointing the top stones, improving the steps round the War Memorial, an extra coat of paint for the railings and a new chain to hold the wreaths. Branch members have been sent personal invites to the service and a complementary soup and sandwich lunch in Bonar Bridge Hall, which will be served by Lowcroft catering. But the Branch hopes many members of the community will come and support us at the parades and service and join us for lunch. ■ **Fiona Porter** *Secretary*



✉ f.porter514@btinternet.com
☎ 01863 766349

Scotland's youngest community councillor

A SCHOOLBOY from Peebles in the Scottish Borders is the youngest in Scotland to become a community councillor. Ben Durkin, 16, has been given the role as minutes secretary at Peebles CC. The Peebles High School pupil was given the chance to serve on his community council after the voting age was dropped to 16. "Being able to represent the younger population is very important," he said, "we are a large part of the community so we should have a say." ■

Calum, tenth Highland Youth Convener

CALUM MACLENNAN (18) from Alness took up the role of Highland Youth Convener and will spend the next 12 months working with the Highland Youth Parliament, Area Youth Forum and Pupil Councils in secondary schools across the Highlands. As the tenth Youth Convener, Calum will be based at High Life Highland's Head Offices in Inverness fulfilling the bursary position until August 2017. ■



The Orcadian duo Saltfishforty.

Sutherland Sessions music summer of gigs

Sutherland Sessions has been organising a summer of music in the area. It hosted Saltfishforty on the second half of their Scottish tour in Ardgay Hall on Thursday 14th July. Brothers in law Douglas Montgomery (fiddle/viola) and Brian Cromarty (songs/guitar/mandola) played a foot stomping gig for the audience. The Orcadian powerhouse partnership have known each other since primary school and have been playing together as a duo since 2002. The crowd heard a real mixture of some folk music from Orkney and Shetland, contemporary American bluegrass and everyone enjoyed a sing-along to "Oh Dear Oh" including some of their family (fishwives and bairns) who joined them on stage.

Sutherland Sessions is made up of a few friends promoting music and organising gigs around the county. They were delighted to recently receive funding from Edinburgh Sutherland Association which will help them in organising workshops with some talented musi-

cians. They also received funding from Stronger Sutherland to promote a summer of music.

Orcadian fiddler Louise Bichan and friends supported by the Feis Chataibh Ceilidh Trail played at the Pier Café in Lairg on 27th July. On Friday 12th August Rosehall Village Hall had a fantastic evening of traditional Gaelic songs from the North West Highlands with Sutherland group Drine as part of their tour launching the album "Drine, The Songs of Rob Donn". On 19th August Jo Philby, a popular Orkney based singer/songwriter played in the Coffee Bothy Golspie. Jo was joined by Orcadian born Elaine Grieve who sensitively accompanied on mandola & guitar with beautiful haunting harmony vocals.

If you are interested or want to get involved with Sutherland Sessions please contact them using the details below. ■

✉ **sutherlandsessionsmusic@gmail.com**,
 @suthsessions
 Sutherland Sessions

LAMIGO BAY

JOINERY · HOUSE EXTENSIONS

07921 293 334

Andrew Mackenzie

*Contact us
for a quote*



Please send us your comments, letters, suggestions or contributions. Visit www.ardgayanddistrictcommunitycouncil.org.uk

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1/4 PAGE £10 (A6 PORTRAIT)

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Ardgay Stores & Highland Café



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 Friday 7am-4pm
 Saturday 8am-8pm
 Sunday 8:30-7pm

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Contact us at ardgaynewsletter@gmail.com



Ardgay & District News

How to apply for Community Awards

SMALL PROJECTS UNDER £250

The Beinn nan Oighrean Windfarm Awards

- Go to Ardgay & District CC website: **www.ardgayanddistrictcommunitycouncil.org.uk/funding** where you can find full details and download the application form.
- Send your completed application form to **secretary@ardgayanddistrictcommunitycouncil.org.uk**

PROJECTS UNDER £2,000

The Beinn Tharsuinn Windfarm Community Benefit Fund

- Go to **<http://ardgayanddistrictcommunitycouncil.org.uk/funding/windfarmcommunitybenefit/>** to download the guidelines and application form.
- Send your completed application form to **secretary@ardgayanddistrictcommunitycouncil.org.uk** or to **alex.macmanus@highland.gov.uk**

BETWEEN £2,000 AND £10,000+

SSE Achany Community Fund

- Visit the fund's page **sse.com/beingresponsible/responsiblecommunitymember/localcommunity-funds/achany** for more info and to download the application form. Please note that there are two different forms: £2,000-£10,000 and £10,000+.
- Complete and return to **fiona.morrison@sse.com** or by Royal Mail to: **Fiona Morrison**, Corporate Affairs, SSE, 10 Henderson Road, Inverness, IV1 1SN
- Next deadline: **31 October 2016**

BETWEEN £2,000 AND £25,000+

E.ON Rosehall Community Fund

- **Foundation Scotland** administers E.ON Rosehall Community Fund. Visit **www.foundationScotland.org.uk/programmes/eon-rosehall.aspx** for details. You can apply online or download the application forms (£2,000-£25,000 and £25,000+).
- Alternatively, you can contact **Carol Elliot** by email **carol@foundationScotland.org.uk** or call **07500 779 227** if you require any further information or advice.
- Next deadline: **31 October 2016**

Latest Beinn Tharsuinn Windfarm Community Benefit Fund Awards (Ardgay)

Since our last newsletter, the following awards have been made:

- **Invercharron Highland Games** - **£872** towards improving the facilities at the Highland Games 2016.
- **Kyle of Sutherland Development Trust** - **£2,000** towards the purchase of the car park at Falls of Shin.

Decisions on this fund are made by Ardgay & District CC, at a private session after regular meetings. Visit **www.ardgayanddistrictcommunitycouncil.org.uk** for more info.

E.On Rosehall Community Fund: Awards made in Year 4

Decisions are made by the SSE & E.ON Community Funds Panel, serving the CC areas of Ardgay & District, Creich and Lairg.

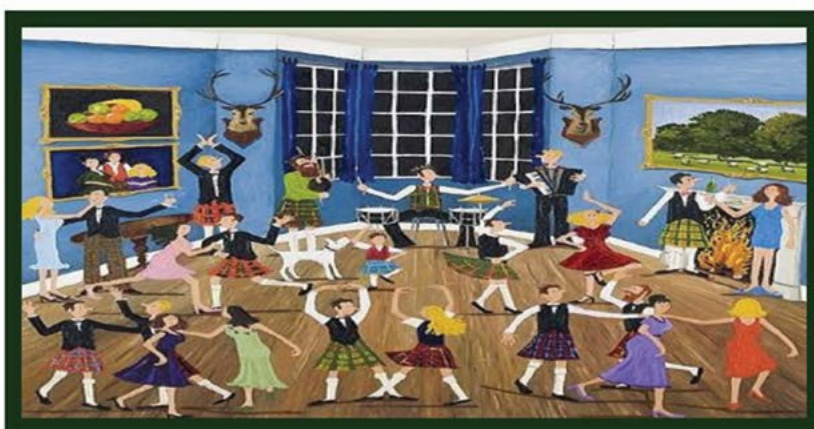
- **Kyle of Sutherland Development Trust** - **£6,000** to provide awards to people who are in need and living in the community.
- **Ardgay Public Hall Committee** - **£2,000** to convert existing storage space into a cleaner's cupboard.
- **Lairg & District Community Initiative** - **£6,428** install seating and public art and path improvements in the community woodland.
- **Kyle of Sutherland Development Trust** - **£4,000** to contribute to the cost of employing a Scotgrad associate for 1 year.
- **Kyle of Sutherland Development Trust** - **£15,000** to contribute to the cost of building a terrace of 3 one bedroom houses on land at Bonar Bridge Post Office.
- **Ardgay & District Community Council** - **£5,000** to contribute to the cost of producing a quarterly newsletter for 3 years.



KEEP ACTIVE TOGETHER (KAT)



CEILIDH TEA DANCE



Come along and enjoy a dance, tea, cakes and a wee blether.

Wednesday, 28th September

2pm-4pm

Rosehall Village Hall

£2 admission



www.facebook.com/keepactivetogether T:01863 766554 E:katoofficer@kyleofsutherland.co.uk

Keep Active Together (KAT) is funded by the Scottish Government. It is part of the Kyle of Sutherland Development Trust, which is a company Limited by Guarantee Scottish Registration:SC401019 & Scottish Charity:SC043587. Registered office:The Trust Offices, Dornoch Road, Bonar Bridge, Sutherland, IV24 3EB



Ardgay & District News

EAST & CENTRAL SUTHERLAND COMMUNITY CARE FORUM (ECSCCF)

Volunteers needed for the Friends at Home service and new Foot Care Awareness pilot project

The Forum provides a befriending service to supplement personal care and promote resilience. The group is also aiming to set up a free toenail cutting and foot health advice service.

CONTINUING TO LIVE at home proves the best option for older people but losing the ability to cope with day to day tasks can make this difficult. People recovering from serious illness or with a permanent disability often face problems despite allocated care provision. The Friends at Home Service (incorporating Good Morning Sutherland) can enable people to attend clinics, continue their usual activities and manage the running of their household. It can provide a friendly face and ear when people feel at their most isolated and vulnerable.

When a referral is received the Development Worker visits to assess which options would most suit:

- A daily morning 'phone call to make sure all is well, discuss any worries and summon help if necessary.
- A weekly visit providing companionship, help with simple household tasks, running errands to shops, library etc.
- A weekly visit which might include transport to an activity, to keep an appointment, to church, for a coffee, for a run out.

Referrals for Friends at Home can be taken from individuals, Health or Social Care profession-



Engaging with the Friends at Home Service will help to make independent living possible and deal with anxieties

als, friends or relatives. Anyone interested in the service please use the contact details below.

FOOT CARE AWARENESS

The Forum is presently running a Foot Care Awareness pilot project. It is important to recognise the need to maintain good foot health care in order to maintain effective mobility and prolong independent living. The Foot Care Awareness project is holding sessions led by a professional podiatrist to give advice on general foot health and consult with attendees. It is carrying out a survey on attitudes to foot

care for people aged 50 and over and a consultation with health professionals to investigate the need for a nail care and advice service. Early results show that most people are concerned about their foot health, that many are paying a professional podiatrist for treatment which does not require full podiatry skills and that some still managing their own care are worried about being able to pay in the future if they cannot access the NHS Podiatry Service. We hope that at the conclusion of the pilot project we will have evidence pointing to the need for a nail cutting and advice service.

VOLUNTEERS

We are seeking more volunteers to support our expanding service. Being a Friend is a chance to give something as a volunteer through your time and commitment and every Friend has stories of what they get back in return. If you are interested in becoming a Friend then please contact us. ■

Isobel Murray, East & Central Sutherland Community Care Forum Development Worker

☎ 07907595962

✉ isobelesccf@yahoo.co.uk.

Success of the Senior Safe and Well Highlander Event at Rogart

The well-attended event was a partnership between The Highland Third Sector Interface, VG- ES, NHS Highland, Highlife Highland, Police Scotland, Scottish Fire & Rescue Service and The Highland Council. The aim for the day was to provide older people in Sutherland with relevant local information and also

hear what their worries and challenges are. Some of the activities of the day included a presentation on keeping your brain active, an inter-active Otago demonstration, a sketch warning of the dangers of bogus callers, talks on fuel poverty & on fire safety, along with group questions and discussions. ■



Ardgay & District News

THIS YEAR'S CHRISTMAS FAIR WILL BE ON THE 26TH NOVEMBER

Ardgay Public Hall Committee is holding its AGM in October

The Hall has recently managed to get funding for insulation and its new legal structure has finally been approved.

WITH AUTUMN JUST AROUND the corner the hall committee is pleased to be able to report its successful funding application to the Highland Council's Carbon Clever Fund has now enabled the loft space above the lobby/toilet/kitchen & committee room area to be snuggled down with a nice thick layer of insulation. The area above the back of the stage has been similarly treated too. This is another small step towards mitigating both the hall's environmental impact and its heating costs. Further measures are still being investigated, for instance, installing solid insulation onto the inside of the two exterior walls of the committee room. Do you have any other viable suggestions? If so, please get in touch.

It is crucial that you support the committee's fund-raising efforts if you want to see the hall's refurbishment continue. Currently plans are afoot to hold a Silent Auction with many diverse items for sale, for example a Family Pass to the Camera Obscura in Edinburgh or a family ticket to any home game for 2016/17 season at Ross County Football Club. Please look out for the posters for this event, then come and join in the fun.

There is one date you don't have to think twice about when it comes to filling in your calendar and that's the last Saturday in November – it falls on the 26th this year – but as always this is the day of the hall's Christmas Fair. And it's not that far away. So, if you would like to book

a table, or if you're willing to volunteer to help on the day, please contact either Fiona (01863-766602) or Rhonwen (01863-766174) soon.

NEW LEGAL STRUCTURE

Something else which has happened in the last few weeks is that OSCR (Office of the Scottish Charity Regulator) has approved the transition of the hall's legal structure from the original 1960's Trust to a new SCIO (Scottish Charitable Incorporated Organisation). Bringing the governance of the hall firmly into the 21st century has truly been a long and complex journey, but it could never have been completed without the support of Rev. Anthony Jones, Mrs Kirsten Macneil and Dr. Chris Mair, who were the Trust Trustees. The committee are grateful to them all.

This changeover means that the future of the hall is now very firmly in the hands of the community it exists to serve. That being so, the committee appeal to you and everyone who lives in the area, whether you currently use the hall or not, to come to this year's AGM in October, where the committee will report fully on these changes, the activities of the last year and discuss plans for the future. Everyone's views are valid and everyone is welcome to participate – there'll even be tea & biccys! ■ **Rhonwen Copley**, Secretary

LIKE US ON FACEBOOK!



Ardgay Public Hall



All ready for Invercharron Highland games 2016

The Games will be running a bus service covering Ardgay and Bonar Bridge, linking with train times from Ardgay station to the games and return service in the late afternoon. This year's chieftain is the Crime Writer Val McDermid. ■



New group Friends of John O'Groats Trail

The Scottish Charity Friends of John O'Groats Trail is currently working on the long range footpath from Inverness to John o'Groats and is helping to upgrade the section that runs through Sutherland from the Dornoch Bridge to Navidale. Volunteers are always welcome to 'waymark' make up stiles and clear brush/scrub. This is a really nice path along Sutherland's beautiful East Coast. For more information, please contact Jay Watson: jbw243@gmail.com or 07526 281088. Facebook page: Friends of the John o'Groats Trail. ■



KEEP ACTIVE TOGETHER (KAT) WEEKLY ACTIVITY PROGRAMME SEPTEMBER/OCTOBER 2016



MONDAYS

BALL GAMES	2.45pm-3.45pm	BONAR BRIDGE PRIMARY	FREE
YOGA	7pm-8pm	BONAR BRIDGE HALL	£2

TUESDAYS

CIRCUIT EXERCISE CLASS	10am-11am	ROSEHALL VILLAGE HALL	£2
BALLROOM/LATIN DANCE CLASS	2pm-4pm	ROSEHALL VILLAGE HALL	£2
CRAFTERNOONS	2.30pm-4.30pm	BONAR BRIDGE HALL	FREE
REFLEXOLOGY FOR PARENTS COURSE (6th-27th September. Booking essential)	7pm-8pm	BRADBURY CENTRE	FREE

WEDNESDAYS

BADMINTON CLUB	10am-12pm	ARDGAY HALL	FREE
CREATIVE MOVEMENT	2pm-4pm	GLEDFIELD PRIMARY	FREE
CIRCUIT EXERCISE CLASS	7pm-8pm	ARDGAY HALL	£2
BEGINNER'S ART CLASS (October only)	7pm-9pm	BONAR BRIDGE HALL	£2

THURSDAYS

CHILDREN'S FUN HOUR	10am-11am	ARDGAY HALL	FREE
LATIN CARDIO WORKOUT	7pm-8pm	BONAR BRIDGE HALL	£2

FRIDAYS

CHILDREN'S ART CLUB	9.30am-10.30am	ARDGAY HALL	FREE
HEALTHY HEARTS EXERCISE CLASS	10.45am-11.45am	ARDGAY HALL	£2
WHIST CLUB	2pm-4pm	BONAR BRIDGE HALL	FREE

www.facebook.com/keepactivetgether T:01863766554 E:katofficer@kyleofsutherland.co.uk

Keep Active Together (KAT) is funded by the Scottish Government. It is part of the Kyle of Sutherland Development Trust, which is a company Limited by Guarantee Registration:SC401019 & Scottish Charity:SC043587. Registered office:The Trust Offices, Dornoch Road, Bonar Bridge, Sutherland, IV24 3EB



What's on in the area

8

OCT.

"JAZZ IN THE VILLAGE" - INVERSHIN HALL

Ian Millar & Dominic Spencer **saxophone & piano jazz duo**



"Jazz in the village" tour comes to Invershin on Saturday 8th Oct 2016 at 8 pm. Tickets £10 in advance from the Invershin Hotel or on 01549 421 369. Ian and Dominic play melodic improvisations on jazz standards and originals compositions. This is a fundraiser concert for the village hall.

FROM

VARIOUS VENUES - DORNOCH

28

OCT.

Dornoch Whisky Festival

Friday 28th to Sunday 30th October, take the chill off an autumn weekend by sampling local whiskies in front of a roaring log fire. More info at whisky@thecarnegiecourthouse.co.uk or in their website: www.dornochwhiskyfestival.yapsody.com



26

NOV.

ARDGAY PUBLIC HALL

Ardgay Christmas Fair

Our traditional Christmas Fair at Ardgay Public Hall: Carols, Santa's Grotto, Raffle, Various Stalls, Teas, Coffee & Scones...



FROM

STRATHPEFFER PAVILION

24

NOV.

The Strathpeffer Art Fair

Organised by the Friends of the Pavilion gives everyone the chance to browse or buy original work by professional, semi-professional and amateur artists working in the Highlands & Islands. 24 & 25 November from 10 am to 8 pm. 26 November from 10 am to 6 pm and 29 November from 10 am to 3 pm. Entry Free.

21

SEPT.

CLASSICAL MUSIC AT ARDROSS HALL

Mahler's 9th Symphony

Mahler's 9th Symphony played by The Mahler Players. 8 pm. Tickets can be bought on the hall booking line: 01349 880 591 (free) or online on: www.ardrosscommunityhall.ticketsource.co.uk (booking fee). £16 and £14 conc. £5 under 26



FROM

EDEN COURT

11

OCT.

The Cheviot, the Stag & the Black, Black Oil

From Tuesday 11th to Saturday 24th September. Dundee Rep's acclaimed production tells the history and the tragedy of Scotland. Performed as a Highland ceilidh, with song, humour and drama, it remains as vital and relevant today as it was when first presented over 40 years ago. Post-Show discussion: Wednesday 12 Oct 10:10 pm



28

SEPT.

ROSEHALL VILLAGE HALL

Ceilidh tea dance



Wednesday 28th September, from 2-4 pm. £2 admission. Come along and enjoy a dance, tea, cakes, and a wee blether. Organised by Keep Active Together.

28

SEPT.

KEOLDALE FARM, DURNES

Sheep dog trials

Watch the skill of "one man & his or her dog" against the wiles of local sheep. The day starts at 8 am with the local entries and ends late in the afternoon as dusk falls. Around fifty-five competitors some running two and three dogs take part.





Gearrchoille Community Wood

THE GEARRCHOILLE COMMUNITY WOOD HAS NOW A SHELTER, CONTAINER AND TOOLS

Summer of events at our community wood

WE'VE HAD A BUSY SUMMER in the Gearrchoille. During our regular volunteer afternoons (first Thurs of each month) we finished construction of the shelter in addition to keeping the paths clear. A big thanks to all the volunteers who made this possible and to E.on Rosehall Community benefit fund for funding the shelter, container and tools.

What has been really exciting though is the interest shown by other community groups in using the Gearrchoille to host their own events – we had Puddle Jumpers from Dornoch organising their annual Quest and the Gala week invited Ian Patterson from Go Wild Highland to share his survival skills and willow sculpture – two events well supported with up to 30 participants.

Funding from the Beinn Tharsuinn community benefit fund allowed us to organise a couple of free events. We started with a return visit from Margaret Currie & Andy Scott, moth recorders for East Ross. A total of 117 moths of 18 different species were attracted to the traps set overnight – including several spectacular poplar hawk moths. The



Pond dipping session (left). Making a record of the moths (centre). Waiting for the tiny frog to jump! (right).

Regrowth after the fire

WHILE taking a photographic record of the recovery in the Gearrchoille Community Woodland, since the fire in May, I have been astonished at how much of the area has recovered. I suspect that this was because the wood was wet at the time of the fire and the fire burnt superficially in most places. We set out posts in June to allow a recorder to monitor changes at specific points that had

been surveyed years earlier. Few if any of the trees were killed by the fire, almost all have leaves on them and many have new shoots breaking from their bases. It goes without saying that the bracken has been unaffected by the fire and is thriving. Where in May and June there were



17th MAY 2016

blackened fingers of soot reaching through the wood, many of these are now obscured by tussocks of grasses whose roots went deep. In some of the areas where the fire



21st AUGUST 2016

appeared to have burned the hottest, there are now new shoots of blaeberry. I think we had a lucky escape, the damage could have been far worse. ■

Cherry Alexander



Gearrchoille Community Wood



There are now 128 recorded species of moth (left). Some of the regular Thursday volunteers building the shelter (centre & right).

monitoring of the moth population in the Gearrchoille has been ongoing for several years now and this brings the total of species recorded to 128.

The following week Ian Paterson entertained a group of children and accompanying adults with a pond dipping session. Although the pond has become somewhat overgrown it still is home to a healthy population of pond skaters, newts, toads, froglets and dragonfly larvae.


GCW MEMBERSHIP

Although the most important support from local residents and visitors to the area is the time they spend in the woods – either attending community events or simply having a walk around, we do also need people to become members and we are always looking for volunteers to assist with regular maintenance in the wood. This demonstrates to funders that we have local support for the projects we ask them to fund and importantly also keeps the costs of running the community wood to a minimum. There is a membership form printed on this page. ■ **Betty Wright**

gearrchoillecommunitywoodardgay.org.uk

✉ gearrchoille@gmail.com

☎ 01863755316

 Gearrchoille Community Wood



GEARRCHOILLE COMMUNITY WOOD, ARDGAY

MEMBERSHIP FORM

Name: _____

Address: _____

Telephone: _____ Email: _____

DATA PROTECTION ACT: I agree that the information on this form can be entered on the GCWA database, and I understand it will not be passed on to anyone else. If you are happy for GCWA to pass on details to other members for networking purposes, please tick box ☐

Signed _____ Date _____

Membership options:		Cash/ cheque enclosed	Standing order form sent to bank
a	Adult member with full voting rights [residents in The Highland Council area]	£3	
b	Family membership [residents in The Highland Council area]	£5	
c	Junior membership	50p	
d	Associate (non-voting) [persons residing outside The Highland Council area]	£2	
e	Group membership [based in The Highland Council area]	£6	

Cheques should be made payable to Gearrchoille Community Wood Ardgay.

The annual membership will run from the AGM in May/ June

The Company objects are -

- to conserve, preserve and protect the Gearrchoille Community Wood Ardgay for the benefit of the public and in particular for the inhabitants of Kincardine and Croick;
- To conserve, preserve and protect the wildlife, flora and fauna of the Gearrchoille Community Wood for the benefit of the aforesaid persons;
- To advance the education of aforesaid persons about Gearrchoille Community Wood, its wildlife, flora and fauna and the conservation, preservation and protection thereof; and
- To provide, in the interests of social welfare, facilities for recreational or other leisure-time occupation with a view to improving the aforesaid persons' conditions of life. And in furtherance thereof but not otherwise:
 - To work alone or in partnership with any organisation, agency, authority or other body to establish, manage and improve woodlands in the said area including access, recreation, conservation, environmental and cultural matters.
 - To encourage community involvement in the management of local woodlands, and
 - To prepare, review and implement alone or in partnership management plans, schemes and proposals for the attainment of the objects of the Company.

Membership forms & fees can be returned to Betty Wright, Balchrinch, Ardgay, IV24 3BP,
Or to any director.

Directors: D Hannah, A Wright, E Wright, I Williams, Z Livings, C Alexander
Gearrchoille Community Wood Ardgay - Registered Office: The Trust Offices, Dornoch Road, Bonar Bridge, IV24 3EB
Registered in Scotland No: 263887 Scottish Charity No: SC 036 181 email: gearrchoille@gmail.com Facebook: Gearrchoille Community Wood

Adult Clubs & Societies



Ardgay Scottish Country Dancing Club

Classes start on the 4th October. Tuesdays from 7:30 pm in Ardgay Public Hall. Teacher Mrs Doreen Bruce. Everyone welcome. Extra tuition for beginners can be arranged at no extra cost. £2 with mid class refreshment
Contact: **David Hannah**
☎ 01863 766 061

Kyle of Sutherland Joggers

Leaders trained by Jog Scotland. All levels of fitness are welcome. Facebook: **Kyle of Sutherland Joggers**
Contact:
Eliza / Caroline / Gemma
☎ 07743 228 661
☎ 07799 391 281
☎ 07545 929 768

Bonar Bridge Local History Society

Organising events and history walks.
Contact: **Moir Boothroyd**
☎ 01549 441 761

Scottish Women's Rural Institute

All ages welcome. Ardgay Public Hall 7:30 pm 3rd Tuesday each month / Culrain Hall 7:30 pm 4th Thursday of the month.
Contact: **Mrs. Jean Jack**
☎ 01863 766 646

Sutherland Walkers Club

We meet the 4th Sunday of the month, all year round.
SUNDAY 25 SEPTEMBER
Invershin, Achany, Gruids Wood and Shin Falls. 10 Miles circular at low level. Starts from Invershin Hall at 10:00. Leader: Jon Jenkins. Tel: 01862 810382. We are pleased to welcome occasional walkers or new members, but please contact us in advance.
Contact: **David Hannah**
☎ 01863 766 061

Bonar Bridge Ardgay Golf Club

Market Stance, Migdale Road, Bonar Bridge.
☎ 01863 766 199



Kyle of Sutherland Cinema Club

Film nights on the second and fourth Friday of each month starting on Friday 16th September. Free Entry. £2 Refreshments. Bonar Bridge Hall at 7:30 pm. Contact: **Silvia Muras**
☎ 01863 766 690

Creich & Kincardine Art Group

Meets in Bonar Bridge Hall tearoom on Wednesdays from 10 am to 3 pm. All welcome. Contact: **Joan Mulligan**
☎ 01549 421 321



Ardgay Badminton Club

Thursday evenings at Ardgay Public Hall. Starts again around the 20th October.
Contact **George Ross**
☎ 01863 755 395
Contact **Gregor Laing**
☎ 01863 766 223
Alternative sessions organised by KAT, Wednesdays 10 am - 12 pm.
☎ 01863 766 702

Pilates

Bonar Bridge Hall, Mondays from 10 to 11 am. Please call in advance. Contact: **Moir Chisholm**
☎ 01862 810 786
Alternative Pilates group (KAT) 1.30pm-2.30pm, Ardgay Public Hall. Beginners welcome.
☎ 01863 766 702

Edderton & District Gardening Club

Will resume their meetings on Monday 5th September, in Edderton Community Hall, at 7:30 pm. First Mondays of each month. Everybody is welcome. More information:
☎ 01863 766 061
☎ 01862 811 381

Tai Chi

Ardgay Public Hall
Monday 2:30 pm £2
Contact: **Angela**
☎ 01549 421 336

Kyle of Sutherland Cycling Club

If you fancy a ride out then feel free to come out for a ride with all at KOSCC
Website: **www.koscc.co.uk**
Facebook: **Kyle of Sutherland CC** Contact: **Chris**
☎ 07543 466 699

Sutherland Radio Control Club

By Ardgay Garage.
Facebook: **Sutherland Radio Control Club**
☎ 07703 196 005



Kyle of Sutherland Whist Club

Whist drive series:
21 SEPT. Rosehall SWI / **28 SEPT.** Scottish War Blinded / **5 OCT.** Bradbury Centre / **12 OCT.** Culrain Hall Committee / **19 OCT.** Whist Club in aid of Highland Hospice / **26 OCT.** Bonar Bridge/Ardgay Golf Club / **2 NOV.** Invercharron Highland Games / **9 NOV.** Bonar Bridge Indoor Bowling Club / **16 NOV.** Culrain & Invershin SWI / **23 NOV.** Bonar Bridge Christmas Lights / **30 NOV.** Northern Counties Blind / **7 DEC.** Nepal Relief Fund. Admission £2 including tea.
Contact: **Rosemary Logan**
☎ 01549 421 282
Alternative whist club organised by KAT: Fridays, 2:30 to 4:30 pm, Bonar Bridge Hall. Beginners welcome. Free.
☎ 01863 766 646

Children & Young people

GLEDFIELD PRIMARY SCHOOL



NEW P1 PUPILS

We are delighted to welcome Rebekah Lall, Magnus Macrae, Max Tripney, Dallas Mackay in to our P1 class.

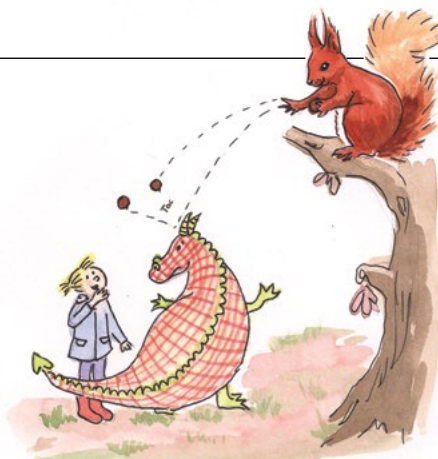
RAG BAG

Just a reminder that we are always willing to take your old clothes and rags as part of our Rag Bag fundraising efforts. This is a very easy way for us to raise money for our school. You are welcome to drop off items to the school at any time.

■ **Kirsten Macneil** Cluster Headteacher Rosehall & Gledfield Primary Schools



It was the end of the summer. Morag and Hamish were gathering hazel nuts in the forest. Morag found a big pile of nuts in a hole at the base of a tree and started to pick them up. From a branch of the tree a voice said, "Excuse me, these



are my hazel nuts, that's my winter store!" It was a little red squirrel. Morag said she was sorry and the squirrel replied, "I will throw down some nuts that you can have." A couple landed on Hamish's head which was quite funny.

by Andymack & Sil

MEET HAMISH THE TARTAN DRAGON

A shy veggie dragon who lives on Carn Bren

GAME: There is a drangonfly hiding on the pages of this newsletter, can you find it?

Taken with a remote camera on Croick Estate.



Wildlife

RED SQUIRREL

- Contrary to popular myth, red squirrels don't hibernate.
- Squirrels can be either right or left handed. We can tell this by looking at the teeth marks left behind in pine cones once they've been eaten.
- A red squirrel's tail is particularly important. They are used for balance, communication, as an aerofoil when jumping and as a cosy blanket!
- Reds use their tufty ears to help express how they're feeling – a bit like a dog.
- There are only about 120,000 red squirrels left in Scotland.
- To report a sighting go to www.scottishsquirrels.org.uk



From the Manse...



1 & 2 Flying kites at the 'open air' celebration at the historic preaching ark at Edderton Old. **3.** Presentation to Samuel Jones of his Boys Brigade Queen's Badge award. **4.** The congregations dressed in period costumes for the Heritage service at Edderton Old.

"A Sower Went Forth To Sow"

DEAR FRIENDS, we are nearing Harvest time again and already the fields are ripe with grain. Our minds turn to the stories of Jesus about 'reaping and sowing'. This is something that we can do in the physical world and also the spiritual world. Do you remember the story of the mustard seed. Whether large or small - we all need to grow. If we feel we sometimes struggle - think of the time it takes for small trees to grow into giant redwoods! Growth means a lot of struggle before new life is born. Well in the natural world that is fine but, how about the spiritual? What about our own lives? What do we need to grow a temple? We need a seed. Where is the seed to come from to begin the growth of a temple for the Holy Spirit in all those people in the world, young and old, who are not yet aware of their potential to be such a temple? A church or chapel, may well be part of that environment - a 'sign' of the kingdom. We are therefore right to care for them and preserve them. Our different services and rituals may provide a cultural environment in which some seeds may flourish. But we always need to be aware of Jeremiah's warning that the physical temple, with its walls and rituals, may become a snare which strangles spiritual growth. It may give us a false sense of security

because it is actually killing the spirit within us or other temples of God.

We need to be constantly looking at the environment, or rather environments, we provide for spiritual growth. Because, as our children learn at school in their science curriculum, different living things need different conditions in which to thrive. Jesus teaches us that the right environment is one of love, of truth, of hope. This is by far the most productive for the growth of the christian spirit. We must always ask ourselves if we provide that.

Living things need to be fed if they are to grow healthily. What sort of food do we need to provide for our spiritual temples to grow? Do we provide a varied enough diet to meet the needs of all the different seeds of faith? Or do we provide a very narrow range of spiritual vitamins, minerals and proteins and thus stultify the growth of other spiritual temples of the Lord?

Living things need space to grow

The Kyle of Sutherland Churches

Kincardine, Croick and Edderton
linked with Creich and Rosehall Parishes

Minister: **Rev. Anthony M. Jones**

The Manse, Manse Road,
Ardgay, Sutherland IV24 3BG

☎ **01863 766 285**

✉ **revanthonyjones@yahoo.com**

successfully. The problem often with our physical buildings is that they limit the space within which we imagine the divine to be present. Sometimes religious systems can do the same. We might be tempted to say: 'God is only present in our tradition, in our beliefs, in our sacraments, in our part of the worldwide church'. Just as a plant needs space to spread its roots and its leaves, just as children need space to be themselves if they are to become mature, independent adults, so, we need to be 'open' - completely 'open' to new places and times and experiences of God, if we are to grow into the beautiful temples that God created us to be.

'The bird of heaven', as Sydney Carter reminds us in one of his hymns, 'cannot be caught in a cage'.

In St John's Gospel, Jesus reminds us of the 'transformation' from sorrow into joy of a mother when her labour is over and her child is born. As we receive week by week the 'living word in the Word' (the bible) in our services and in our fellowship together, may we rededicate ourselves to the pain and labour and struggle of nurturing in ourselves the 'temple'. So may we know the joy of becoming the dwelling-place of the Spirit, where we and others may truly encounter the living God. With Every Blessing to you and your family. ■ **Rev. Anthony M. Jones**



Guide to local services

Village Halls & venues

ARDGAY & DISTRICT

Ardgay Public Hall

Fiona Venters / 01863 766 602
fcm11@hotmail.com

Ardgay Church Hall

Rev. Anthony Jones
01863 766 285

Culrain Village Hall

culrainmains@gmail.com

Croick Church

enquiries@croickchurch.com

Kincardine Heritage Centre

Mrs. Mary Stobo / 01863 766 888

KYLE OF SUTHERLAND

Bonar Bridge Community Hall

Sally Thompson / 01863 766 883

Bradbury Centre

Lorraine Askew / 01863 766 772

Invershin Hall

Elissa Steven / 01549 421 369

Rosehall Hall

Beverly Morrison / 01549 441371

Bonar Bridge Recycling Centre Opening Hours



MONDAY: 1 pm - 4:30 pm
TUESDAY: 1 pm - 4:30 pm
WEDNESDAY: Closed
THURSDAY: 8 am - 12 pm
FRIDAY: 8 am - 12 pm
SATURDAY: 9 am - 1 pm
SUNDAY: Closed

MATERIALS ACCEPTED

Batteries, car batteries, cardboard, fluorescent light tubes, standard and energy efficient light bulbs, fridges and freezers, garden waste, gas cylinders, plastic bottles, tyres, waste electrical and electronic equipment.

Mobile Library Ardgay

EVERY 3RD WEDNESDAY

21 September 2016

12 October 2016

2 November 2016

23 November 2016



Oakwood Place, Ardgay

Arrive 13:45 Depart 14:00

The Lady Ross, Ardgay

Arrive 14:00 Depart 15:15

Post Office Ardgay

Ardgay Public Hall

Opening times

MONDAY: 1:30 pm - 4:30 pm

FRIDAY: 10 am - 1 pm

Post Office Bonar Bridge

Lairg Road, Bonar Bridge

Opening times

MONDAY TO FRIDAY:

9 am - 5:30 pm

SATURDAY: 9 am - 1 pm

Train times



From 14/12/2014

INVERNESS → ARDGAY

Monday to Saturday:

07:02 (08:33) Catering Saturdays only

10:38 (12:05) Catering serv. available

14:00 (15:29) Catering serv. available

17:12 (18:39)

18:28 (20:01)

Sunday:

17:54 (19:23) Catering serv. available

ARDGAY → INVERNESS

Monday to Saturday:

06:16 (07:44)

06:45 (08:13)

09:07 (10:34) Catering Saturdays only

10:54 (12:23) Catering serv. available

15:30 (17:01) Catering serv. available

18:52 (20:10) Catering serv. available

19:28 (20:57)

Sunday:

14:49 (16:16) Catering serv. available



Development Trust

*Offering competitive rates on photocopying
and printing:*

Size	Black and White	Colour	Laminating
A4	10p	20p	50p
A3	15p	30p	80p

Email: cdassist@kyleofsutherland.co.uk or

Tel: 01863766190 for more details

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Charity: SC043587. Registered office: The Trust Offices, Dor-
noch Road, Bonar Bridge, Sutherland, IV24 3EB

**New cinema club season
starting on Friday 16th September**



**KYLE OF SUTHERLAND
Cinema Club**

»» FILM NIGHTS »»

2nd and 4th Friday of each month

BONAR BRIDGE COMMUNITY HALL

7:30pm FREE entry Refreshments: £2



Guide to local services A-Z

BRADBURY CENTRE

Bradbury Centre Bonar Bridge
01863 766 772

BUSES

MacLeod's Coaches
01408 641 354
Bradbury Centre Bus
01863 766 772

CAB

Citizens Advice Bureau Golspie
01408 633 000

CHILDREN & FAMILY

Kyle of Sutherland Hub
01863 766 310

CHURCH OF SCOTLAND

Kincardine Parish Church
Rev. Anthony M. Jones
01863 766 285

DVLA

DVLA Inverness
0300 790 6801

ELECTRICITY

24Hr Emergency
0800 300 999
Customer Help
0800 300 111

FIRE BRIGADE

Fire Station Dornoch
01862 810 297

FORESTRY COMMISSION

Forestry Commission Scotland
01309 674 004

GOLF CLUB

Bonar Bridge-Ardgay GC
01863 766 199

FISHERIES

KoS Fisheries Trust
01863 766 702

HIGHLAND COUNCIL

Drummuie Golspie
01408 635 370
Service Point Bonar Bridge
01863 766 083
Service Point Dornoch
01862 810 491
Tain Registration Office
01349 886 644

HIGH SCHOOLS

Tain Royal Academy
01862 892 121
Dornoch Academy
01862 810 246

KOSDT

KoS Development Trust
01863 766 190
Keep Active Together
01863 766 554

LIBRARIES

Bonar Bridge Library
01863 760 083
Mobile Libraries Ardgay & Strathoykel, Strathcarron
0773 330 0761

NHS

Migdale Hospital
01863 766 211
Doctors Creich Surgery
01863 766 379
Nurses Creich Surgery
01863 766 237

PHARMACY

Mitchells Chemist Bonar
01863 760 011

POLICE

Local Police (Inverness)
0845 600 5703
Non Emergency: 101
Emergency: 999

POST OFFICE

Bonar Bridge
01863 766 219

PRIMARY SCHOOLS

Gledfield
01863 766 580
Bonar Bridge
01863 766 221
Rosehall
01549 441 348

RECYCLING CENTRE

Bonar Bridge
01349 868 439

SCOTTISH WATER

24Hr Emergency
0845 600 8855
Customer Help
0845 601 8855

TAXIS

Ronnie's Taxis Ardgay
01863 766 422
A&B Taxis Ardgay-Bonar
07549 999 760

TRAINS

National Rail Enquiries
0845 748 4950

VETS

Rogart Vets
01408 641 352
Easter Ross Vets Tain
01862 893 142
Johnston & Farrell Tain
01862 894 223
Kessock Equine Vets
01463 731 107

MacLeod's Coaches

ARDGAY → TAIN

Monday to Saturday

Ardgay		Ardgay
09:08		10:35
11:26		13:35
14:23		16:35
17:20	↓	19:09
Edderton		Edderton
09:20		10:20
11:38		13:20
14:35		16:20
17:35	↓	18:54
Tain Lamington St		Tain Lamington St
09:30 *		10:11
11:48 *	↓	13:11 *
14:45 *		16:11
17:45		18:45 *
Tain ASDA		Tain ASDA
09:33		10:03
11:53		13:03
14:48		16:03
17:48		18:37

* Connects with Stagecoach bus to / from Inverness

Royal Bank of Scotland
Mobile Timetable TUESDAY
Bonar Bridge War Memorial
Arrive 11:50 Depart 12:05

Bradbury Centre Bus

BONAR BRIDGE CIRCULAR (Via Spinningdale, Tain and Edderton)

920 - Wednesday

Bonar Bridge		Bonar Bridge
Cherry Grove		Cherry Grove
10:30	↓	14:40
Spinningdale		Spinningdale
10:39		14:31
Clashmore		Clashmore
10:53		14:19
Tain old CO-OP		Tain old CO-OP
11:02		14:08
Tain Lamington St		Tain Lamington St
11:04		14:06
Edderton		Edderton
11:17	↓	13:53
Ardgay		Ardgay
11:39		13:33
Bonar Bridge		Bonar Bridge
Cherry Grove		Cherry Grove
11:42		13:30

BONAR BRIDGE - ALNESS 919 - Tuesday

Bonar Bridge		Bonar Bridge
Cherry Grove		Cherry Grove
10:30	↓	13:45
Ardgay		Ardgay
10:34		13:40
Easter Fearn		Easter Fearn
10:42		13:33
Ardross		Ardross
10:58		13:17
Alness		Alness
11:15	↓	13:00

The minibus has a wheelchair lift which will be available as part of the service. The service will divert on request to pick up prebooked passengers up to a mile from the route. These journeys must be booked by 14:00 on the previous working day **01863 766 772**

Puzzles



Sudoku

Easy

Grid n°807651948 easy

3			2	4				
	4	7	9		8	3		
	1		8		7		6	9
7						2		3
4		9	3	2		8		
	6							
		1						
9		2				1	7	

Medium

Grid n°7305 medium

				1		4		
	7	9		3				
		3				8		
8					9	7		
	4			1	3	5		
5			4	6			1	
9	8							
6		4		5				

Hard

Grid n°2147459642 hard

		2						
4	5		8					
8			2	1		4	5	
				6		7		
	1	4				6		5
		3					2	8
7	8						4	2
				5			7	6
		1						

A number may not appear twice in the same row or in the same column or in any of the nine 3x3 subregions.

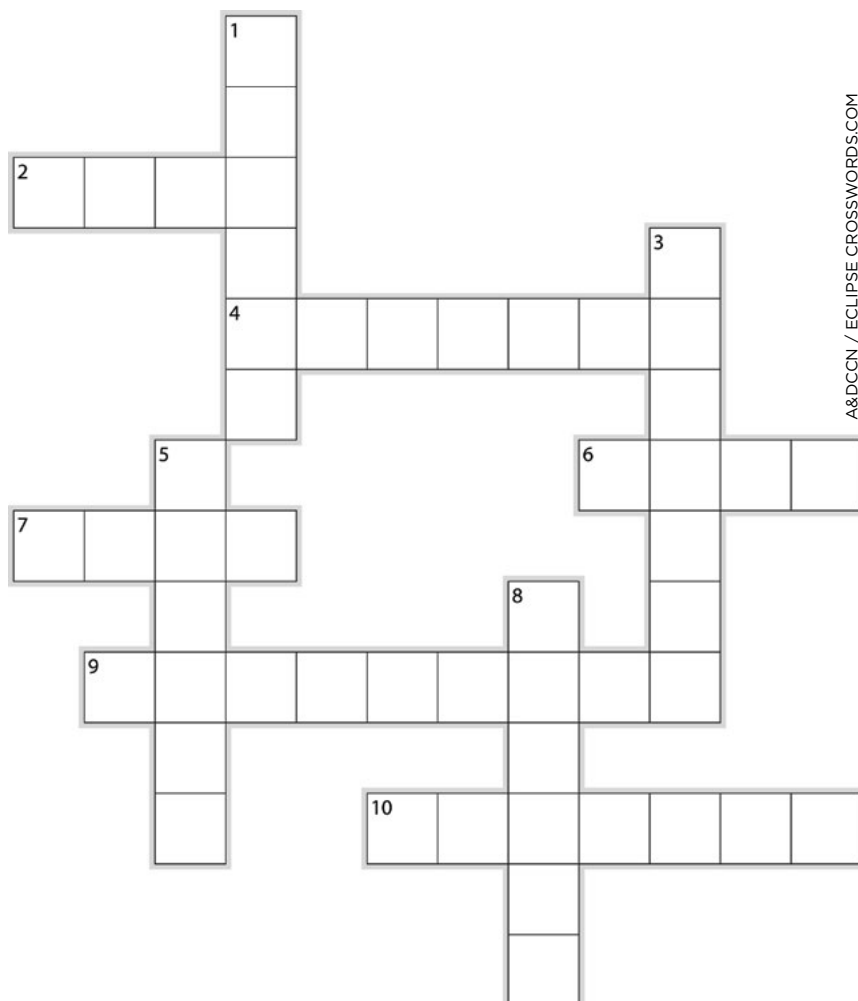
Crosswords

Across

2. Having no hair or very little hair on the head. **4.** To sprinkle with holy water. **6.** Dust, smoke, or mist that has filled the air so that you cannot see clearly. **7.** An occurrence supposed to portend, or show the character of, some future event; any indication or action regarded as a foreshowing; a foreboding; a presage; an augury. **9.** Of, relating to, or being a high-speed communications network and especially one in which a frequency range is divided into multiple independent channels for simultaneous transmission of signals (as voice, data, or video). **10.** A thick and spicy yellow or brownish-yellow sauce that is usually eaten with meat.

Down

1. A large silk or cotton kerchief usually of bright colors that is often worn as a turban. **3.** (Scottish dialect) Honest. **5.** Gaelic word for squirrel. **8.** A consideration paid or demanded for the release of someone or something from captivity.



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ARDGAY & DISTRICT

Community Council *newsletter*

Editor: **Silvia Muras Sanmartin**

Design & Layout: **Silvia Muras Sanmartin**

ardgaynewsletter@gmail.com

Contributors to this issue: **Cherry Alexander, Andymack, Michael Baird, Rhonwen Copley, James Hall, David Hannah, Patricia Hannah, Helen Houston, Valerie Houston, Sasha Hudekova, Anthony Jones, Gregor Laing, Rosemary Logan, Kirsten Macneil, Sarah Marshall, Myra Morrison, Isobel Murray, Phil Olson, Fiona Porter, George Ross, Marion Turner, Anne Wemyss, Betty Wright.**

Distribution: **Rhonwen Copley, Brigitte Geddes, David Hannah, David Knight, Teresa Langley, Alan Lawrence, Silvia Muras, Davy Ross, Bob Sendall, Jeannie Sparling, Anna Sutherland, Marion Turner, Vicky Whittock, Iain Worthy, Betty Wright.**

ARDGAY & DISTRICT COMMUNITY COUNCIL:

Betty Wright (Chairperson), **Silvia Muras** (Vice Chair), **Marion Turner** (Treasurer), **Leslie Pope** (Secretary), **Andy Wright, Sheila Lall, Rob Pope.**

COUNCILLORS:

George Farlow, Hugh Morrison, Linda Munro

(More details in page 6)

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www.ardgayanddistrictcommunitycouncil.org.uk

ADVERTISING, LETTERS & CONTRIBUTIONS:

01863 766 690

ardgaynewsletter@gmail.com



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