

ARDGAY & DISTRICT

Community Council *newsletter*

£1.00

Issue No. 35 • SPRING 2017 •

FCFM GROUP LIMITED INTEND TO TURN THE CASTLE INTO A WORLD CLASS PRIVATE RESIDENCE

Carbisdale Castle plans unveiled

Exciting prospects for Carbisdale were presented to the community at a well attended meeting in Culrain on the 16th February. Architectural firm Lachlan Stewart Studio LLP have been appointed to draw up plans for the Castle and its grounds which will be submitted following an extensive public consultation period. (Pages 4 & 5)



James Lockart with Charlie Monk.

Discover Kyle of Sutherland Apprenticeship Scheme

SSE Achany Fund offers this scheme as part of its efforts to ensure wide ranging and long lasting impact. The grant helps with costs involved in business support, travel accommodation and training of an apprentice. **Page 8**

FROM THE RECENTLY INSTALLED NEW CABINET

Superfast Broadband is now available in Ardgay Village

Download speeds in the village will see a boost from a previous maximum of 8Mbps, to up to 76 Mbps. The speed available for your household will depend on the distance from the new cabinet, recently installed by Ardgay Toilets. **Page 7**



Pupils in Gledfield are building a battery powered racing car



The project aims to inspire children ages 9 – 11 years old to take an interest in engineering in a fun and innovative way. **Page 20**

Eight very good reasons
to clean up after your dog



Page 16

Swallows are
back to nest
in our barns



Page 21



*Letters to the Editor,
Opening times,
Telephone guide,
Bus & Train timetable,
Crosswords, Sudoku...*

Stepping up and speaking out on the issues that matter to you:
Social Care, Education, Health Services, Sutherland's Economy.

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Highland Liberal Democrat



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Ardgay & District photographs



Invershin viaduct by Rob Ross

Gorse blossom by the Shin Railway Viaduct. The viaduct carries the Far North Line between Inverness and Wick and Thurso, and it was opened to traffic in 1868.

EDITOR'S LETTER

Renewal

Thank you as always to all who help make this newsletter possible: our funders, advertisers, contributors and distributors. In this Spring edition, I am pleased to publish a piece on the exciting plans put forward for Carbisdale Castle, along with a couple of “sneak peeks” of the fascinating history of the site. More good news: Superfast broadband is now available to households in and around Ardgay Village, and many other projects in the area are coming along nicely. I hope you will find interesting some of the seasonal events on our “what’s on” pages. ■

Silvia Muras *Editor*



Ardgay & District News

FCFM GROUP LIMITED IS A LONDON BASED INVESTMENT FIRM, WHOSE LARGEST SHAREHOLDER IS JASON GRANITE

Plans for Carbisdale Castle revealed

These include turning the Castle into a private residence, the creation of environmentally friendly bothies around the Castle's lochan, a small campsite and amenities close to the tennis courts, and an interpretation centre for the Battle of Carbisdale.

THE NEW OWNER OF Carbisdale Castle has commenced seeking the various consents needed to start the planned works to the hundred-year-old building which overlooks the Kyle of Sutherland.

Importantly the consents request permission to change the property back to its original use, a private residential dwelling alongside refurbishment of the extensively damaged North Wing which is currently open to the elements and in a severe state of dis-repair. It is hoped that works can start promptly to allow the building to regain some of its former glory and take its place as one of the region's premier private estates.

It is hoped that works can start promptly to allow the building to regain some of its former glory

Local and conservation specialist architectural firm Lachlan Stewart Studio LLP were appointed in late 2016 to draw up plans for the Castle and its grounds which will be submitted following an extensive public consultation period. A well-attended meeting with local stakeholders to present the plans in detail was held on the 16th February 2017 at Culrain Community Hall.

Plans for the Castle include restoration of the main state rooms which have been extensively damaged by unsympathetic remedial



Restoration works to the clock started on the 20th February.

works, removal of the 1970s-concrete fire escape that scars the building, creation of a small swimming pool and removal of

the internal partitions that were installed by the former operators to allow for rooms to be split into bunking areas.



Ardgay & District News

Plans for the grounds focus on bringing tourists to the area and providing jobs to locals, that will hopefully build on other economic successes linked to the various initiatives driving tourists to the Highlands. Proposals will see the creation of small, environmentally friendly Bothies around the Castle's Lochan and a small camp site alongside the creation of amenities close to the now disused Castle tennis courts and an interpretation center for the Battle of Carbisdale itself.

“We are very eager to actively engage local businesses and residents to understand their views”

A spokesperson for the new owner of Carbisdale Castle stated “we’re very eager to actively engage local businesses and residents to understand their views and ensure the grounds of the Castle are sympathetically developed in a way that will enhance the experience for all stakeholders, whether they be local businesses who will benefit from additional trade, those working to build and renovate the bothies and camp sites or local residents who will benefit from additional local amenities. We’re very committed to working with the local community hence the employment of 4 locals directly and the firm commitment to use local suppliers and tradesmen wherever possible.”

The owner has also included the renovation of the former tennis courts and have pledged to provide open access to the Carbisdale Castle Tennis Courts to the local community to help build on the strong surge in interest tennis is receiving in Scotland at present. ■ **Edward Steven**

Montrose's Waterloo

The Battle of Carbisdale (also known as Invercarroon) took place on the 27th of April, 1650 and was part of the Wars of the Three Kingdoms. Royalist forces led by Montrose, of 1,200 foot and a mere 40 cavalry troops, took up a strong position on the lower slopes of Carbisdale. Strachan was outnumbered, having only 200 horse, a few musketeers and 400 Ross and Munro Highlanders. Strachan concealed most of his forces in a deep gully, to lure the Royalists down from their strong position. As soon as the Royalists left the protection of the hill, Strachan attacked with the full force of his hidden cavalry. Montrose's Orcadian Scots fled, without offering resistance. His Danish and German mercenaries fell back to the hillside, where they were attacked by the Highlanders. Montrose's small force of cavalry fought bravely, but was soon overwhelmed. Montrose himself escaped from the battlefield, however, a few days later, he was betrayed to the Covenanters. Both Hurry and Montrose were executed the following month, in Edinburgh. ■



James Graham, 1st Marquess of Montrose.



King Haakon and Prince Olav inspecting troops at Edderton and conversing with Bjart Ording, commander of the machine-gun company. © ROYAL HOUSE OF NORWAY

The Carbisdale Conference of 1941

Colonel Theodore Salvesen, a wealthy Scottish businessman of Norwegian extraction, bought the castle in 1933. He provided the castle as a safe refuge for King Haakon VII of Norway and Crown Prince Olav, who would later become King Olav V, during the Nazi occupation of Norway in World War II. During that time the castle was also used to hold important meetings. King Haakon VII made an agreement at the Carbisdale Conference on June 22, 1941, that the Russian forces, should they enter Norwegian territory, would not stay there after the war. Three years later, on October 25, 1944, the Red Army entered Norway and captured thirty towns, but later withdrew according to the terms of the agreement. ■



Ardgay & District News

Volunteers needed to re-letter Ardgay War Memorial

VOLUNTEERS ARE sought to help re-letter the names of our Fallen on Ardgay War Memorial, before the Best Kept War Memorial Judging in July this year. Last time three volunteers were able to take on one side each, but the more the better. Pens provided. Contact David Hannah on 01863 766 061 or email dhannah559@hotmail.co.uk. ■



PHIL OLSON

Presentation to Jeannie Sparling on her retirement

Marion Turner and Silvia Muras, on behalf of Ardgay & District Community Council, presented Jeannie Sparling with a gift and a card in appreciation for her many years of dedicated service to the community caretaking Ardgay toilets. ■

ARDGAY & DISTRICT COMMUNITY COUNCIL: BETTY WRIGHT, Chairperson, SILVIA MURAS, Vice Chair, MARION TURNER, Treasurer, SHEILA LALL, ROB POPE, ANDY WRIGHT, LESLIE POPE, Secretary (*Associated member*), MARY GOULDER, Minute Secretary, GEORGE FARLOW, Councillor (*Member ex officio*)

HOW TO CONTACT

ARDGAY & DISTRICT COMMUNITY COUNCIL



By phone

01549 421 244 (Leslie Pope, Secretary)



By mail

Leslie Pope, Secretary A&DCC
The Cottage, Culrain, Ardgay IV24 3DW



Email

secretary@ardgayanddistrictcommunitycouncil.org.uk



Website

www.ardgayanddistrictcommunitycouncil.org.uk



Facebook

Ardgay & District Community Council



Drop-in Sessions

We will be holding clinics from 1 to 4 pm at the Ardgay Stores on the following dates:
8 APRIL & 13 MAY
Please stop by for a cup of tea/coffee and chat.



In person

Just contact any member you know or come along to our meetings at Ardgay Public Hall, at 7 pm. Next meetings:
8 MAY & 12 JUNE (+AGM)

COUNCILLORS NORTH, WEST & CENTRAL SUTHERLAND

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Ardgay & District News

High speed fibre broadband is now available to order in Ardgay

Fibre services are completely different to existing broadband services, and download speeds in the village will see a boost from a previous maximum of 8Mbps, to up to 76 Mbps.

YOU CAN CHECK YOUR PHONE number on the interactive map at www.hie.co.uk/fibre. This will tell you whether you are part of the current network, and what speeds you might expect on your individual line.

Stuart Robertson, digital director at HIE said: "If services are available you do have to order. You can use comparison websites to shop around for the best fibre internet deal. It may not cost you any more than your current service.

"The new services are delivered by fibre cabinets, and being able to order depends on two things: being connected into the cabinet and your distance from it.

"There are three fibre cabinets in the local area. The latest one is for Ardgay village, and there are two which cover Bonar Bridge (one in the village itself and the other which sits just outside Ardgay Game).

"The network has been built as part of the Digital Scotland Superfast Broadband project, led in the region by HIE. Public investment is helping extend superfast broadband access to as many towns and villages as possible which would not have been reached by the commercial market. It is funded by the Scottish Government, the UK Government, HIE itself and private sector partner BT, whose local network business Openreach is delivering the work on the ground.

"It provides the same kind of mainstream network which is



The new cabinet recently installed at Ardgay Village. / PHIL OLSON

Being able to order depends on two things: being connected into the cabinet and your distance from it

available across the UK, and as it is open to all providers to allow you to shop around for best value."

If you order the broadband service, it is delivered along your existing telephone line from the cabinet. Your provider may send you a new router for the house, and they will advise you if an engineer needs to come to the house, it's not always necessary.

The roll-out isn't reaching everyone. The project has built as many cabinets as the budget allows to reach as many people as possible. However, the cabinets

can't reach everyone as the broadband signal diminishes on the phone line, and those more than 2kms away may not see a benefit. It is always worth confirming with your provider even if you are at the outer limits.

The Scottish Government is currently looking at ways to ensure that all homes and businesses can access superfast broadband by 2021. A further project is being planned to help reach further.

In the meantime any home which can't access the new services, and which has a download speed of less than 2 Mbps, can apply for a better broadband voucher to help with the installation costs of a satellite or wireless option. (Google Scotland Superfast - Better Broadband Scheme). ■ **Lesley Gallagher**, *Digital Highlands and Islands Communications*



Ardgay & District News

KYLE OF SUTHERLAND APPRENTICESHIP SCHEME ARE LOOKING TO RECRUIT MORE APPRENTICES

Discover how Kyle of Sutherland Apprenticeship Scheme can help you

Hiring an apprentice can help expand your business by taking on bigger jobs and increasing your client base, and it creates employment for a young person, too.

THE KYLE OF SUTHERLAND Apprenticeship Scheme (KOSAS) has awarded grants to fifteen apprenticeships across the Achany Wind Fund community benefit area (Ardgay & District, Creich and Lairg), and are now looking to recruit more.

Plant Services Ardgay applied in 2013 and received funding for a three-year apprenticeship in Construction Plant Maintenance. The proprietor, Angus Ross, saw an apprenticeship as a cost-effective means of expanding his business but, as a new employer, was apprehensive about the changes.

His apprentice, Ewan, quickly became an asset and Angus was delighted, commenting, 'We've been able to take on bigger jobs, requiring two people' and it helped increase their client base. As confidence grew, they expanded into supplying high-tech excavators, which Angus would not have considered without Ewan's help.

Ewan's block release was in Glasgow and Renfrewshire, and he completed his studies a year early. He now has a company vehicle and enjoys more challenging, complex jobs. He says, 'This job is a passion, it has to be. I often work in messy conditions, in bad weather, so if I didn't love it, I wouldn't stick with it!'

Angus is now considering employing another apprentice and says, 'Both Ewan and myself have benefitted from this grant. It has



Ewan Ross, apprentice at Ardgay Plant.

"The costs of employing an apprentice would have been prohibitive without KOSAS support", says one employer

given a young person employment in the area. The costs would have been prohibitive without KOSAS's support.'

Recent grant enquiries include hospitality, butchery and administration, but construction remains the most popular.

Joiners A&D Lockhart have had two KOSAS-funded trainees on three-year apprenticeships in carpentry and joinery. Eighteen months after gaining funding for

Charlie, Dean was recruited and both apprentices have made excellent progress. Partner James Lockhart says, 'Charlie now has a place of his own to live, he's working well and is settled into his job' and overall he commented, 'The grants have provided much needed help with funding college time, new safety equipment and work clothing.'

Dean feels he has learnt a lot and a recent achievement was marrying trusses together, which he admitted was 'a bit of a challenge' but he enjoyed it.

If you would like any more information, please contact using the details below. ■

Jane Dixon, KOSAS coordinator

✉ jane@lairglearningcentre.org.uk

📞 01549 402 050



HUGH MORRISON

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Ardgay & District News

THERE ARE MANY WAYS YOU CAN HELP WITH THE MAINTENANCE AND RUNNING OF THE HALL

Become a Friend of Ardgay Public Hall

Friends of the Hall could help committee members to organise events, they might just commit themselves to make donations, or they can organise other fund-raising activities.

DO YOU THINK ARDGAY is a friendly place to live? Would you lend someone in need a helping hand if you could? The members of Ardgay Public Hall committee think most folk who live here would say 'Yes' to these questions. That's why, even if you, yourself do not use the hall on a regular basis they are sure you would like the hall to continue to be there for everyone.

So, the committee has a request for you. Why don't you become a Friend of Ardgay Public Hall?

What do they mean? Well, as you know to try and keep the hall going the committee have to organise fund-raising events; the Christmas Fair for instance and this takes 'Many Helping Hands'.

If you would register your contact details as a Friend of Ardgay Public Hall, and indicate that you were willing to be there 'on the day', when the hall needed a helping hand, it would be a great help to the, very small, hall committee – all of whom are unpaid volunteers themselves.

Maybe taking part in a public event is not your thing, but you would still like to help the hall. Then maybe you would consider becoming a Friend by donating a few pounds a month directly into the hall's bank account (sort code: 80-06-36 a/c No: 00125320 Ref: Friend) or by cheque made out to Ardgay Public Hall Committee – there is a postbox inside the hall lobby under the pigeon-holes.



The committee room has been recently insulated and redecorated.

Every penny of funds raised goes into looking after the hall, for everyone.

It might also be that a group of 'Friends' would like to come together and organise their own hall fund-raising efforts. This would be a very welcome relief for the committee who also have the responsibility of the day-to-day maintenance and running of the hall, which is a time consuming job in itself!

To register as a Friend of Ardgay Public Hall please contact any member of the committee i.e. David Hannah (chairman); Fiona Venters (Booking Sec.); Rhonwen Copley (Gen Sec. / Treasurer); Jockie Hewitt or Sinead Macfarlane. Or via the hall Facebook page.

The committee are also pleased to report that by the time

this newsletter is published the committee room insulation will have been completed and the room totally redecorated; new hand-dryers fitted in the ladies and disabled toilets; a new outside light installed at the top end of the car park and some of the many other maintenance issues also dealt with.

Going forward with the refurbishments; the results of a grant application for new stage curtains is currently awaited. And the committee are now considering the options presented by an acoustic consultant with regard to improving sound from the stage to the main hall, alongside planning for its redecoration. They are also hoping to fund both repainting the building exterior woodwork and removing the old oil storage tank this summer too, and are also seeking advice about external cladding to improve the thermal insulation and reduce heating costs.

If you would like to see the list of completed projects continue to grow why not come along to the next committee meeting or register as a Friend? As usual, the date of the next meeting will be displayed on the notice boards and posted on the Facebook page; everyone in the community with the future of the hall at heart is very welcome to attend. ■ **Rhonwen Copley, Secretary**

LIKE US ON FACEBOOK!

 Ardgay Public Hall



Sutherland Community Partnership launches survey

THE SUTHERLAND COMMUNITY Partnership has been established following the introduction of the Community Empowerment Act 2015. This Act will help to empower community bodies by strengthening their voices in local decision making. It will also provide better outcomes for communities by improving the

process of community planning, ensuring local service providers work closely with communities to meet their needs.

The Sutherland Community Partnership consists of a core group containing representatives from the

five partners (Local Authority, NHS, Police Scotland, Scottish Fire & Rescue Service and Highlands & Islands Enterprise), the Voluntary Sector will also provide support and input. Our aim is to identify and address local inequalities. If you live in Sutherland and you would like to take part in the survey, please visit www.surveymonkey.co.uk/r/BCT5B8M. ■

✉ sutherlandcp@scotland.pnn.police.uk

📞 101 and ask for Peter Allan at the Golspie Service Point

🐦 @SutherlandCP



Chief Inspector Iain MacLelland and Councillor Deirdre Mackay are leading the project.

Graham Rooney will run the catering at Falls of Shin

FALLS OF SHIN COMMUNITY Project have unveiled the operator who will run the catering and retail side of the facility. Graham Rooney of Platform 1864 in Tain will operate the restaurant and gift shop which will employ up to seven local people

Graham Rooney, owner of Platform 1864, said: "The original centre was a local institution and we are thrilled to be involved in bringing the new vision to life. Our aim is to use fresh local produce and to provide a great experience for the whole family.

"We will also be offering in house training for all our staff to help them develop their career in hospitality with SVQ level qualifications, ensuring that we provide an excellent service for our customers."

Anyone interested in working at Falls of Shin should contact Valerie Houston, Implementation Manager at the Falls of Shin Community Project on 01863 766190 or at fosofficer@kyleofsutherland.co.uk ■ **Jenny MacPherson**



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Please send us your comments, letters, suggestions or contributions. Visit www.ardgayanddistrictcommunitycouncil.org.uk

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FULL PAGE: £40 (A4)

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Ardgay & District News

Lairg & District Learning Centre new courses in Ardgay and Bonar Bridge starting this Spring

L&DLC has over 30 different classes on offer, and thanks to funding from SSE Achany Wind Farm and Bord na Gaidhlig, most are heavily subsidised.

CLASSES AND WORKSHOPS are held during the day, evening and weekends and technology continues to be popular. For those daunted by computers, there are beginners classes in iPads, Tablets and laptops, where people learn how to surf the internet. A new tablets class starts in Lairg on 7th March, another in Ardgay on 2nd May, or laptops in Ardgay from 1st June. These are for four weeks, 9.30-10.30am, costing £5 in total.

For those feeling more confident, iPads and Tablets Clubs have less tutor support, because the students help each other out, and are free. A Club is currently running in Bonar Bridge on Tuesday mornings, but a new club is starting in Lairg on 7th March, and another in Ardgay on 2nd June, both from 11am-12.30pm. Further I.T. classes include digital photogra-



Family fun with the Easter Bunny.

phy, web design, Word and Excel. A Nutrition and Weightloss class is currently running in Ardgay. Italian for beginners started in Bonar Bridge on 23rd February, 7-9pm, for six weeks, costing £15. An evening Gaelic for beginners' class starts in Lairg on 4th April and has a waiting list, but there is a space on the beginners' massage workshop in Bonar Bridge on 4th March, 10am-noon, costing £2.

Hobbies remain popular, with crafts such as card making in Bonar on 18th March, Easter wreath making in Lairg on 25th March and Acrylic painting in Ardgay on 29th April, all from 10am-2pm and costing £5 each.

They are also arranging their Spring Fair in Bonar Bridge, on 1st April, 10-2, which has craft tables, free demonstrations, home baking, family activities, competitions, and their popular Easter Bunny.

For more information or to book a place, please contact the admin team using the details below, and look out for posters. ■



Lairg & District Learning Centre

☎ 01549 402 050

✉ admin@lairglearnincentre.org.uk
www.lairglearnincentre.org.uk

Facebook icon: Lairg Learning Centre

Kyle of Sutherland Hub Ltd opening end June 2017

KEEP A LOOK OUT AT LOCAL INFORMATION points and on the Kyle of Sutherland Hub Facebook page for regular updates and open community guided tours in early June. We look forward to this exciting project opening after 10 years in the making. The new Hub will have the following facilities: Fitness Suite, Soft Play Centre, Multi Use room, Youth Room, Community use Room, Café, Second hand sale point and outside kick a bout area. ■



Kyle of Sutherland Hub Ltd

☎ 01863 766 310

www.kyleofsutherland.com



Kyle of Sutherland Hub





Ardgay & District News

DONATIONS FROM PEOPLE IN ARDGAY & BONAR BRIDGE ARE HELPING REBUILD THE VILLAGE

News from Battidanda, Nepal

TODAY, THANKS TO some very generous donations from local people in the Ardgay and Bonar Bridge area, the people of Battidanda, Nepal, are starting to rebuild their houses, after living for nearly two years in temporary shelters.

They are following an Australian architect's plan to build stronger more earthquake resistant houses. They are using the local stones and bricks but with small bands of re-enforced concrete to be both strong but flexible.

Prem Lama is giving each family enough bags of concrete, bought with our money for each house.

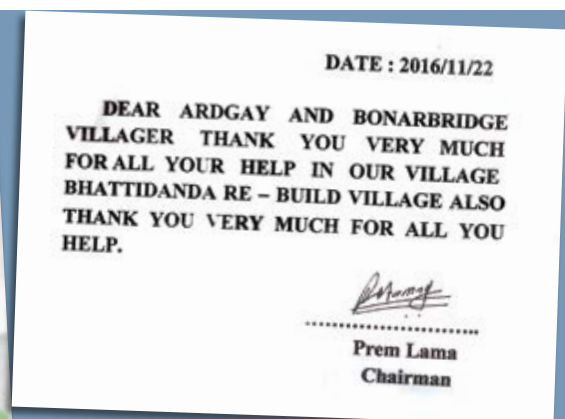
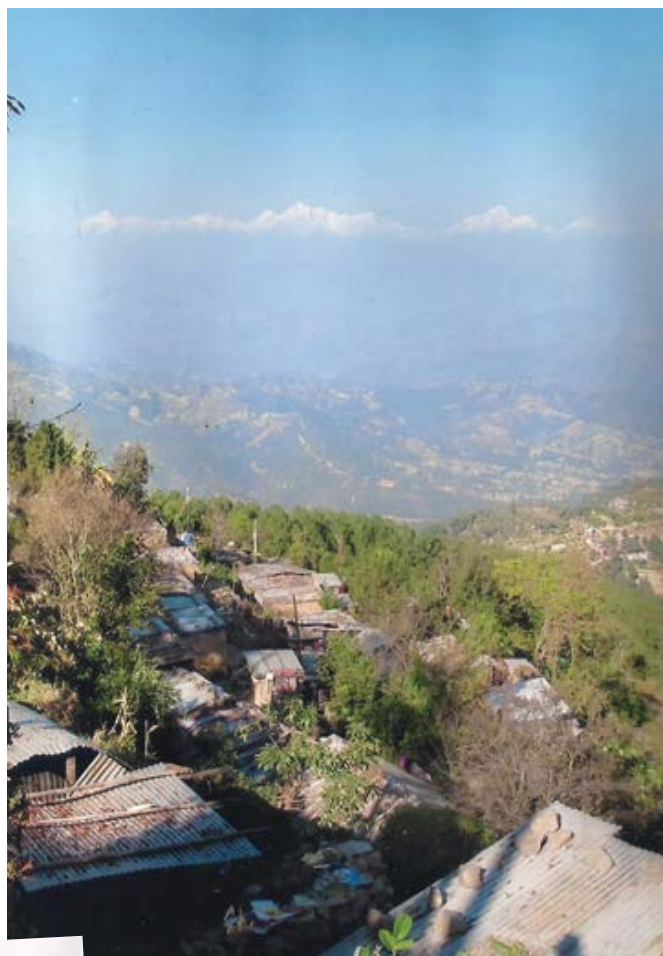
Tain and District Rotary have given money to drain and then resurface the playground of the school as a small river diverted by the earthquake was flooding the playground and eroding the foundations of the school.

Twenty four children are now being sponsored by kind people in this area. This is not only providing their children essential education but enabling the school itself to survive through these difficult times. ■ Liz Crabb



Old house cleared away, we are ready to build our new house (above).

Battidanda village with shelters and roofing supplied from the emergency fund (right).



Prem Lama's message

Prem Lama (left) wrote this message to thank local people for their help. He is self-taught in English.



Ardgay & District News

How to apply for Community Awards

SMALL PROJECTS UNDER £250

The Beinn nan Oighrean Windfarm Awards

- Go to Ardgay & District CC website: **www.ardgayanddistrictcommunitycouncil.org.uk/funding** where you can find full details and download the application form.
- Send your completed application form to **secretary@ardgayanddistrictcommunitycouncil.org.uk**

PROJECTS UNDER £2,000

The Beinn Tharsuinn Windfarm Community Benefit Fund

- Go to **<http://ardgayanddistrictcommunitycouncil.org.uk/funding/windfarmcommunitybenefit/>** to download the guidelines and application form.
- Send your completed application form to **secretary@ardgayanddistrictcommunitycouncil.org.uk** or to **alex.macmanus@highland.gov.uk**

BETWEEN £2,000 AND £10,000+

SSE Achany Community Fund

- Visit the fund's page **sse.com/beingresponsible/responsiblecommunitymember/localcommunity-funds/achany** for more info and to download the application form. Please note that there are two different forms: £2,000-£10,000 and £10,000+.
- Complete and return to **fiona.morrison@sse.com** or by Royal Mail to: **Fiona Morrison**, Corporate Affairs, SSE, 10 Henderson Road, Inverness, IV1 1SN
- Next deadline: **30 April 2017**

BETWEEN £2,000 AND £25,000+

E.ON Rosehall Community Fund

- **Foundation Scotland** administers E.ON Rosehall Community Fund. Visit **www.foundationscotland.org.uk/programmes/eon-rosehall.aspx** for details. You can apply online or download the application forms (£2,000-£25,000 and £25,000+).
- Alternatively, you can contact **Carol Elliot** by email **carol@foundationscotland.org.uk** or call **07500 779 227** if you require any further information or advice.
- Next deadline: **30 April 2017**

RECOGNISING THE CONTRIBUTION OF YOUTH VOLUNTEERING TO VOLUNTARY ORGANISATIONS

Saltire Awards for young volunteers of 12-25 years of age

THE SALTIRE PROGRAM awards young people between the ages of 12-25 years of age for volunteering. The young person signs up to the program via www.saltire-awards.org.uk and simply log their hours via the site. The individual can also contact me by email (details below) and can register manually and log their hours using a time sheet.

As the hours accrue they then request the award and we process the certificate for them. The

awards are given as Challenge (a team event), 10, 25, 50, 100, 200 and 500 hours. The individual can also be put forward for a Summit Award which is an award for exceptional volunteering and judged by an external panel.

Saltire Awards are a valuable tool in enhancing job applications, college and university applications as well as recognising the time that these young people have given up to volunteer. They can also be back dated by two years as long as the person was between

12-25 years of age at the time.

The emphasis is not just on enhancing a CV or personal statement but creating a good ethos of volunteering and the benefits that arise from volunteering such as improved confidence, employability skills, learning new skills, meeting new people etc... It would also be lovely to see more of our younger members of community being recognised for the volunteering that they do. ■ **Nikki Harrison**, Development Officer for Voluntary Groups East Sutherland (VGES)
✉ **nikki@vges.org.uk**





Ardgay & District News

NEW MEMBERS ARE ALWAYS WELCOME TO THE CENTRE

The Bradbury Centre is running many activities available to all over 60's in our community

Its Lunch Club four days a week is a great place to make new friends. The centre also provides an integrated Health and Well-being service for those with special needs.

THE BRADBURY CENTRE continues to offer a wide range of activities to our customers. Recently, the clients have had a trip to Lairg to the screen machine to watch "La La Land", and all enjoyed the day. The Centre is offering Music and movement classes fortnightly and Reflexology weekly, and all this is paid for from the Community Self Development Management Fund. We had a Burns Supper with entertainment from Monica Trish and Elma in January. The clients had a visit from a war blinded who gave a demonstration and a talk. Mr John Boronski came and played the piano (organ) which was great. Janet Cross came to help with getting familiar with the iPad. ■ **Barbara Hartshorn**



Exercise at the Centre (left). The clients made Easter hats (right).



Flower arrangement (left). The Bradbury Bus takes clients out and about (right).



The Bradbury Centre

☎ 01863 766 772

www.bradburycentre.co.uk

✉ bradburydaycare@btconnect.com

What do the clients say...



“ We are very lucky to have a place like this in our community.”

“ There is entertainment and crafts. It is much more than just the meal.”

“ The thing I like best from here is the company.”

“ If they cook something you don't like, they make sure there is something else you like for you.”

“ The staff at the Centre go out of their way to help us.”

“ The Lunch Club saves you from cooking and doing the dishes!”

“ They cater for your needs.”

“ The Lunch club is great for men who live on their own. They can come for a lunch every day.”

“ I am a client since it started in 1998, and I think the Bradbury Centre is the best thing that has ever happened here.”

“ I wouldn't be able to come here if it wasn't for the bus. They really do a good job.”

“ There are lots of activities, and they also give alternatives to the activities you don't like.”

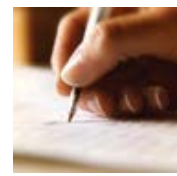
“ I like that they take us to different places.”

“ You are always welcome here.”

“ There is plenty to eat and is always good food. I've never had anything I didn't like.”

“ Very good value for money.”

“ They do their best here and it's a nice place to go.”



Letters to the editor

Do you have a strong feeling about something you read? Do you want to share your opinion or point of view? Send your letters to ardgaynewsletter@gmail.com.

Dog fouling

As a local resident of eight years in Ardgay and the owner of two dogs, I am writing to see if you can please do an article in the next magazine about the unacceptable level of dog fouling on the grass verges and footpaths around Oakwood Place (on the main road) and on Church Street. Myself and my neighbour regularly walk our dogs on these footpaths and, just in the last two days, have

picked up seven piles of dog poo along these paths. As we both carry reels of bags in carriers attached to our leads, we find it appalling that there are some locals who cannot be bothered to clear up after their own dogs! The woods are another place where people fail to pick up and as all these areas mentioned are used by children every day, we cannot allow this to carry on.

If we can get photographic evidence of who is doing

this, we will send to the Council and report these thoughtless individuals!

Hoping that you can highlight this in the magazine and with the council dog warden. ■

Sheryl Hepworth & Jenny Bailey, Ardgay

Raising Public Awareness

I have recently noticed a marked increase in the number dog owners in Ardgay who are failing to clean up after their

pets. I wonder if there is anything that the Highland Council could do in our village to raise public awareness of the responsibilities / penalties entailed in pet ownership. I know this must be a problem Councillors hear about many, many times, but maybe its something that could be highlighted in the next newsletter or local press article. Thank you for giving my request consideration. ■

Rhonwen Copley, Ardgay

Eight good reasons to pick up your dog's mess

1 IT IS ILLEGAL. The fine for those who fail to pick up after their dogs is £80.

2 IT IS UNSIGHTLY, UNPLEASANT, AND SMELLY. Not only does it look and smell nasty, but it also causes a nasty mess if you step in it, cycle through it, push a wheelchair through it, or even worse, fall in it.

3 IT IS ANTISOCIAL. 7 out of 10 people rate dog fouling as the item on our streets, parks and beaches that bothered them most.

4 IT IS A HEALTH HAZARD. Bacteria, viruses and parasites from dog waste can be passed on to other dogs, or even

to people, particularly children. Dog waste contain fecal coliform bacteria, which are known to cause cramps, diarrhea, intestinal illness, and serious kidney disorders in humans. Dog faeces can carry Whipworms, Hookworms, Tapeworms, Parvo, Corona, Giardiasis, Salmonellosis, Cryptosporidiosis, and Campylobacteriosis.

5 TOXOCARIASIS. If your dog is infected by the parasite *Toxocara Canis*, its faeces will contain eggs that can remain active in the soil for many years. If the eggs are ingested by someone, usually a small child, they may lead to toxocariasis. Symptoms can include seizures, stomach upsets, breathing difficul-



ties, and eye problems. If it isn't treated, it can lead to permanent blindness.

6 IT IS NOT A FERTILIZER. Dogs have a high protein based diet that creates a very acidic excrement or waste product.

7 IT IS BAD FOR THE ENVIRONMENT. The decay of your pet's waste creates nutrients for weeds and algae that grow in the waterways. These organisms limit the light that can penetrate the water's surface, decreasing oxygen levels in the water.

8 THERE IS POTENTIAL HEALTH RISK TO LIVESTOCK. There is growing evidence of the links between two diseases in livestock and faeces from infected dogs: Neosporosis, which can cause abortions in cattle, and Sarcocystosis, which can cause neurological disease and death in sheep.

WHAT YOU CAN DO:

If you see someone allowing their dog to foul, encourage them to clear up after their dog. Report dog fouling to your local authority - particularly if you know who is letting their dog foul regularly. If you are a dog owner, worm your dog regularly. **Grab it, bag it, bin it. Any bin will do. ■**



Gearrhoille Community Wood



SANTA, WITH ELVES AND REINDEER, CAME TO OUR BEAUTIFULLY LIT COMMUNITY WOODS LAST CHRISTMAS

Magical Gearrhoille Woods

RESIDENTS OF THE parishes of Creich and Ardgay were treated to a Christmas extravaganza on Sunday, December 11, as volunteers from six local committees joined forces to turn the Gearrhoille community woods into a fairy-lit wonder. The event kicked off in Ardgay Hall at 2pm with children decorating lanterns, cone figures and Christmas door hangers. Adults were treated to tea, coffee and mince pies with many being dazzled by some close-up magic tricks. Bringing the hall festivities to an end, all the children took to the stage to perform an impromptu carol concert accompanied by local pianist John Brozovsky. The huge crowd made their way from the hall to the street, where Santa was waiting with his elves in his sleigh, mounted on a lorry provided for the event by Shaw Plant Hire. As the evening sky drew in and with lanterns lit, sister's Leanne and Carron Munro took their place on the lorry to pipe the huge procession to the woods. From here, the crowd made their way through the beautifully lit woods, passing fantastic decorations including penguins, polar bears,

Santa on a motorbike with his reindeer, a huge lantern, and families of snowmen. Along the route were 14 Christmas trees made by Reg Bangs from wooden pallets and decorated with phrases from carols and lights, for which the organisers give special thanks.



At the centre of the route, in a clearing, Santa and the elves met the children in his grotto where they could post their letters. Each family received a personalised gift to hang on their tree. Each child also received a beautiful hand-knitted soft toy. To add to the magic, next to the grotto were three adult and one baby reindeer which were met with delight by everyone. Lowcroft Catering provided food from their catering van at the woods car park, which marked the end of the route. Emma Grant, of the Kyle of Suther-

land Gala committee said: "This was truly an amazing event brought together by volunteers. "The feedback has been phenomenal. It has been a great community celebration that was enjoyed by all age groups."

The lights on the trees remained throughout the Festive period providing opportunities for enchanting evening walks.

The free event was funded by the Big Lottery Celebration fund and Beinn Tharsuinn Windfarm Creich and Ardgay districts. It was organised by Kyle of Sutherland Gala; Kyle of Sutherland Hub; Kyle of Sutherland Development Trust, Ardgay and Bonar Bridge Christmas party committees, and Gearrhoille Woods. Organisers would like to thank McGregor and William Grey construction companies for providing safety jackets for the procession and SSE Loch Buidhe for donating gravel to improve the paths in the woods. Thanks also go to SPH for the lorry and Will Munro for providing the escort vehicle.

Hopefully a similar event will take place next Christmas ■ **Hayley Bangs**

What's on in the area



27

MAY

FROM DORNOCH TO JOHN O'GROATS

East Sutherland Rotary Classic Car Tour

The Royal Burgh of Dornoch forms the backdrop for the start of the 4th annual Classic Car tour. The circular route from Dornoch to John O'Groats takes in the majestic scenery of the north east Highland coast. Cars gather in Dornoch Square from 8:30 am ready for a 9:30 start, allowing locals and visitors to inspect the cars before waving them on their way. No entry fee is charged.

15

APRIL

LEDMORE & MIGDALE WOODS

Stone Age Easter Egg Hunt

12 – 2 pm and 2.30 – 4.30

pm. Join us for a very special Easter egg hunt, and find out about the hunters and gatherers of the Stone Age period! The event will include a walk of approx. 2.5km on forest paths with some steep gradients. Free & booking essential. Bring outdoor clothing. Children under 16 must be accompanied by an adult. Contact Juliet on 07810 027556 or ledmoremigdale@woodlandtrust.org.uk Meet at Torroy car park. From the A949 in Spinningdale, turn onto the minor road sign posted to Migdale. Parking is 0.6 miles on the right (IV24 3AD).



Photocopying Prices



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Laminating

A4	60p
A3	£1

Price on request for bulk copying.

Price correct as of February 2017.

www.facebook.com/kyleofsutherlandDT T:01863766190
E:development@kyleofsutherland.co.uk

Kyle of Sutherland Development Trust is a Company Limited by Guarantee.

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Dornoch Road, Bonar Bridge, Sutherland, IV24 3EB

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Alternate Saturdays : 9.00 – 12 noon



What's on in the area

25 MARCH ARDGAY PUBLIC HALL AT 7:30 PM **Mallory beyond Everest**

Award winning writer, actor and mountaineer John Burns brings George Mallory back to life in a stunning one-man performance, featuring an original score by Bob Pegg. £10 and £5 under 16s. Pay on the door.



8 APRIL INVERSHIN HALL **Easter Craft & Food Fayre**



From 11 am to 2 pm. Craft tables and food / cookery demonstration. Teas, homebaking, soup and sandwiches. All welcome. Tables £10, contact Elisa on 01549 421 369 to book.

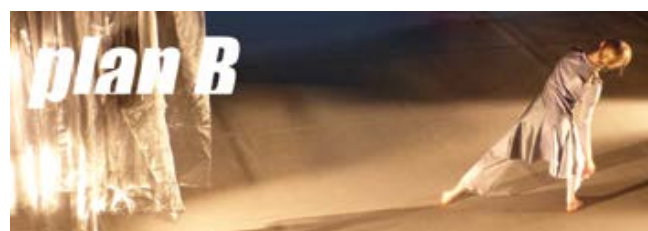
25 MARCH THE CARNEGIE HALL, PORTMAHOMACK **Big Music Auction**

From 11 am to 2 pm, in The Carnegie Hall, Portmahomack, there will be an auction of musical instruments and related paraphernalia. Viewing from 11 am to 12:30. Auction thereafter until 2 pm. Entertainment on the day will include Ross-shire's own Brazilian Samba Band - Portmasamba. This is a fund raising event for the band, to buy more instruments and get more people enjoying the Samba Groove. More info: 01862 871378



19 APRIL BONAR BRIDGE COMMUNITY HALL **Whist drive**

Bonar Bridge Hall, at 7:30 pm. In aid of Kyle of Sutherland Cinema Club. Other Whist drive evenings in April: 5th, 12th and 26th. Admission £2 including tea.



1 APRIL ARDROSS HALL AT 8 PM **Citizen, by Plan B Dance**

Ardross will play host to the world premiere of 'Citizen', plan B's new dance theatre production, created by choreographer Chrissie Ardill. It is a collaboration with the award-winning composer Mariam Rezaei and designer Karen Tennent. The piece is a darkly humorous look at how we bring our identity with us wherever we go. £10 and £8 conc. Booking line: 01349 880591 or www.ardrosscommunityhall.ticketsource.co.uk.

FROM 17 MARCH VARIOUS VENUES, DORNOCH **Dornoch Fibre Fest**



Fibre Fest is back for its 8th Year. There is lots of woolly fun going on to interest all crafters. Masterclasses, demonstrations and exhibitions will take place all throughout the week-end. Off the Wall, a group of local artists who make quilts and wall hangings, will be exhibiting some of their work in the West Church Hall during Fibre Fest. Visit www.fibrefest.org.uk for more details.

3 JUNE AMAT ESTATE, ARDGAY **Open Garden: Amat**

Saturday 3rd and Sunday 4th June. Riverside garden surrounded by Caledonian Forest. Herbaceous borders and rockery set in a large lawn looking onto a salmon pool. Old and new rhododendrons with woodland and river walk plus large specimen trees in policies. £4.50 Homemade teas £3.50



Children & Young people



GLEDFIELD PRIMARY SCHOOL



WE ARE BUILDING A RACING CAR

Primary 7 pupils from Gledfield and Edderton Primaries are participating in an exciting project which has been sponsored by SSE and the workers at the SSE Loch Buidhe site. Our target over the next 4 months is to build a battery powered racing car which we will enter in the Scottish rally at the Transport Museum in Alford on the 17th of June 2017. You can find out more about the project on this website: www.greenpower.co.uk Follow the link to Goblin cars. Both schools are very grateful for the sponsorship received from SSE and their hands on help with the project.



BURNS LUNCH

Gledfield Nursery joined the school for a wonderful lunch to celebrate Robert Burn's birthday.

MR MARTIN'S VISIT

Our Care and Learning Manager, Mr Martin, came for a visit to our school to meet everyone. He told all our pupils the important skills you need to develop in order to do this job. Mr Martin even taught us a song.



Children & Young people



ALL TIDY

Our pupils P4-7 were responsible citizens by having a tidy up of our playground.



CREATIVE CLUB

Our pupils had a great time at their after school creative club with Julia.



■ **Kirsten Macneil** Cluster Headteacher Rosehall & Gledfield Primary Schools

Wildlife SWALLOWS

■ **HIRUNDO RUSTICA**, or swallow is a common summer visitor, arriving in April and leaving in October.

■ **IT BREEDS** throughout every European country except Iceland.

■ They are related to **MARTINS** but not to swifts. ■ It takes a pair of swallows up to 1,200 journeys to **BUILD A NEST** ■ They like to nest close to large domestic animals like cattle or horses. ■ The male swallow arrives back about a week or two before the female, and they are

virtually **IDENTICAL** in appearance.

■ Swallows always **DRINK ON THE WING**, flying low to sip the water.

■ They feed on **FLYING INSECTS**.

■ Before the mysteries of migration were understood, it was thought that swallows spent the winter **BURIED IN THE MUD** of ponds and lakes.

To see the first swallow of the year is regarded as a good omen.



Swallows are very agile fliers.



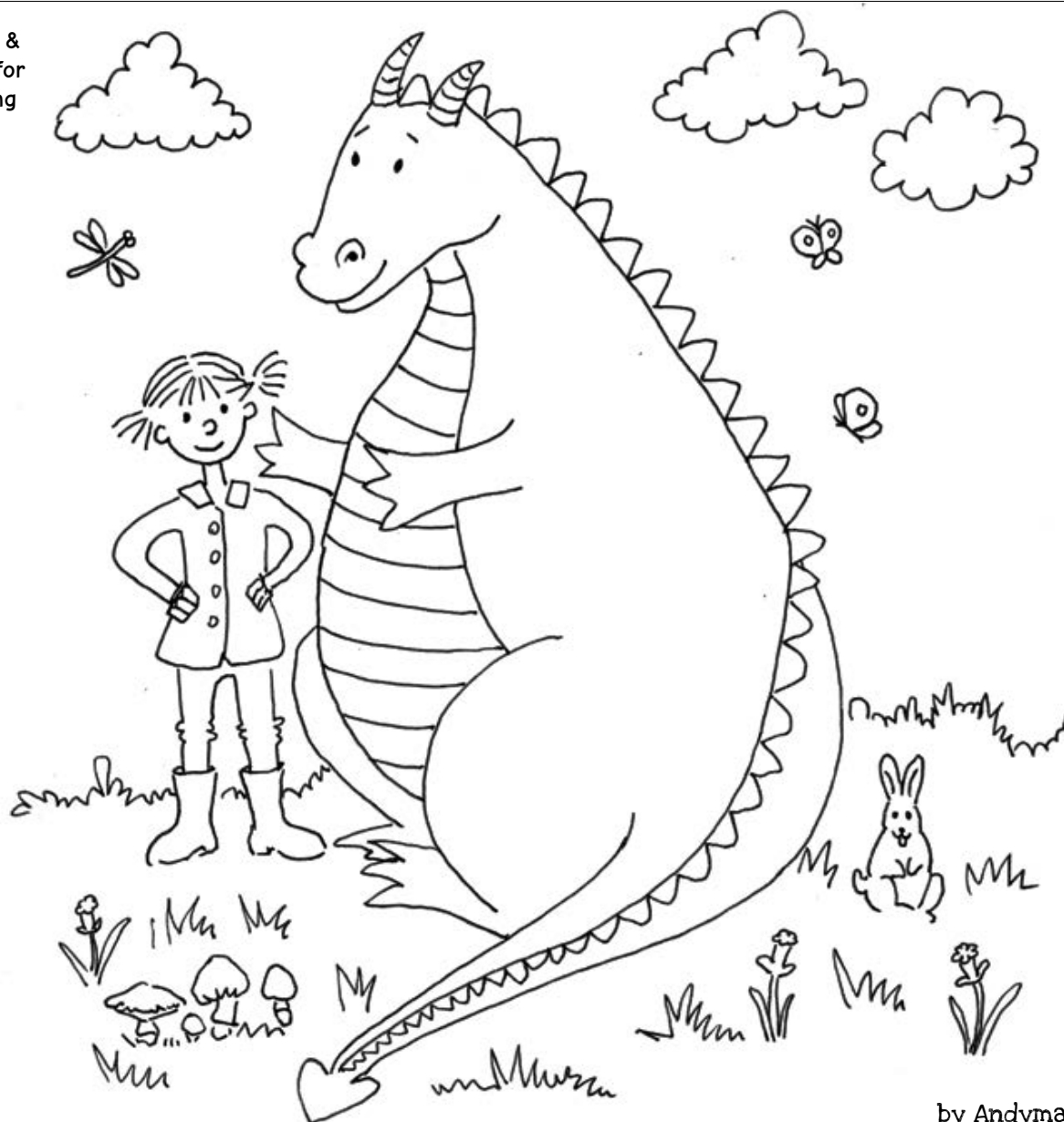
They build mud and straw nests on ledges (right). Swallow markings (left)





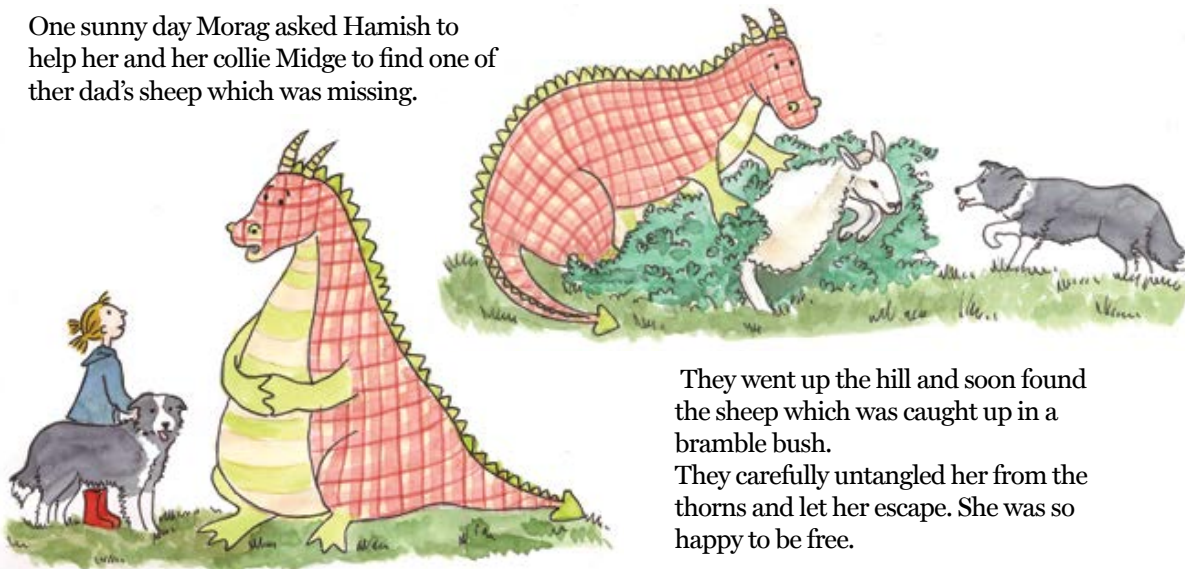
Children & Young people

Hamish &
Morag for
colouring



by Andymack & Sil

One sunny day Morag asked Hamish to help her and her collie Midge to find one of their dad's sheep which was missing.



**MEET
HAMISH
THE
TARTAN
DRAGON**

A shy veggie
dragon
who lives
on Carn Bren

They went up the hill and soon found the sheep which was caught up in a bramble bush. They carefully untangled her from the thorns and let her escape. She was so happy to be free.

Adult Clubs & Societies



Ardgay Badminton Club

Thursday evenings at Ardgay Public Hall.

Contact **Gregor Laing**

☎ **01863 766 223**

Alternative sessions organised by KAT, Wednesdays 10 am - 12 pm.

☎ **01863 766 702**

Scottish Women's Rural Institute

All ages welcome. Ardgay Public Hall 7:30 pm. 3rd Tuesday each month

Contact: **Mrs. Jean Jack**

☎ **01863 766 646**

Culrain & Invershin SWI.

4th Thursday of the month.

Contact: **Liz Cormack**

☎ **01863 766 841**

Ardgay Scottish Country Dancing Club

Every Tuesday evening from 7:30 pm in Ardgay Public Hall. Season finishes on Tuesday 24 April 2017.

It will restart in October.

Contact: **David Hannah**

☎ **01863 766 061**

Kyle of Sutherland Heritage Society

Kincardine Old Church, Ardgay. Organising events and history walks.

Contact: **Mary Stobo**

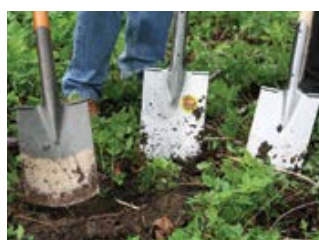
☎ **01863 766 868**

Tai Chi

Ardgay Public Hall
Monday 2:30 pm £2

Contact: **Angela**

☎ **01549 421 336**



Edderton & District Gardening Club

MARCH: the annual gardening quiz evening will be held on **Monday 6th** March, at 7:30 pm, in Edderton Community Centre.

APRIL: we will visit Amat Garden, to see the gardens during early spring.

MAY: On **Monday 1st May** Caroline Munro, green-keeper at Ardgay-Bonar Golf Club, will be advising members about lawn care. Also in May members will be helping at the Marie Curie plant sale to be held at Foulis Castle, on **Saturday 20th May**, 11 am - 4 pm.

New members are always welcome. A small raffle is held at each meeting to raise money, with any surplus being donated to gardening related charities. During the growing season there is a plant swap of surplus plants. More information:

Patricia ☎ **01863 766 061**
pahannah@hotmail.com

Esther ☎ **01862 811 381**
esther@bumblebeecottage.me.uk

Creich & Kincardine Art Group

Meets in Bonar Bridge Hall tearoom on Wednesdays from 10 am to 3 pm. All welcome. Contact: **Joan Mulligan**

☎ **01549 421 321**

Sutherland Walkers Club

We meet the 4th Sunday of the month, all year round.

SUNDAY 26 MARCH

Dunbeath to Lybster, following the John O'Groats Trail.

Leader: Jon Jenkins.

Tel: 01862 810382. Meet for car share at Bonar Bridge Post Office, 9 am.

SUNDAY 23 APRIL

Shandwick Coastal to North Sutor Leader: David Hannah
01863 677 061

SUNDAY 28 MAY

Scaraben & Maiden Pap

Leader: Stan Holroyd

01408 621 370.

Low level walk optional.

Membership subscriptions

£10.00 adult, Children free.

We are pleased to welcome occasional walkers, but please contact us in advance.

Contact: **David Hannah**

☎ **01863 766 061**

Kyle of Sutherland Joggers

Joggers meet Mondays and Wednesdays at 7 pm. Check Facebook page for meeting point: **Kyle of Sutherland Joggers**

Contact:

Elissa ☎ **07743 228 661**

Naomi ☎ **07818 482 341**

Catriona ☎ **07929 886 105**

Pilates

Bonar Bridge Hall, Mondays 10-11 am. Contact: **Moir**

Chisholm

☎ **01862 810 786**

Alternative Pilates group (KAT) 1.30pm-2.30pm, Ardgay Public Hall.

Beginners welcome.

☎ **01863 766 702**

Kyle of Sutherland Cinema Club

Film nights on the 2nd and 4th Friday of each month until 28

April. Bonar Bridge Community Hall at 7:30 pm. Free Entry.

Contact: **Silvia Muras**

☎ **01863 766 690**



Kyle of Sutherland Whist Club

22 MARCH Gledfield

Primary School

29 MARCH Kyle of

Sutherland Gala Week

5 APRIL Bonar Bridge

Indoor Bowling Club

12 APRIL Ladybird Club

19 APRIL Kyle of

Sutherland Cinema Club

26 APRIL Whist Club

Bonar Bridge Hall, 7:30 pm

Admission £2 including tea.

Contact: **Rosemary Logan**

☎ **01549 421 282**

Alternative whist club (KAT):

Fridays, 2:30 to 4:30 pm,

Bonar Bridge Hall. Free.

☎ **01863 766 646**

Sutherland Radio Control Club

By Ardgay Garage.

Facebook: **Sutherland Radio Control Club**

☎ **07703 196 005**

Bonar Bridge Ardgay Golf Club

Market Stance, Migdale Road, Bonar Bridge.

☎ **01863 766 199**

From the Manse...



Salvation Moments

DEAR FRIENDS, I never ceased to be surprised at the amazing experiences I encounter within my ministry here. Changes often take place which affect our whole way of looking at things. These 'changes' can be life turning experiences for us. We have them every day, but can fail to see their significance. These are what I like to call 'salvation moments'. When visiting the school, you find a child learning a subject who discovers something they never knew existed. A bereaved family are drawn closer together after years apart. A couple long married and falling into dull routine suddenly discover what they really mean to each other and, life. There are of course even more life changing moments in life as when the person with a drink problem finally puts the bottle down. The young person struggling with an drug addiction problem finally manages to conquer it. These are all in the realm of the everyday but, they are also 'salvation moments'. Moments when something amazing happens, when the world to come breaks in to the world as it is. The significant moment of which there is no avoiding. No



Easter family sunrise service to welcome Easter Day at the stone circle by the Kyle.

other time are we made aware of 'salvation moments' than that of Holy Week and Easter. Every time Jesus challenges his friends, challenges his critics - the scribes and the pharisees who refused to recognise him, and, most powerfully his dying moments on the cross. The post script came however with that first resurrection morning on Easter Day we realise that it wasn't all a waste of time for him or for us. Jesus gave his life that we might have life and, "have it more abundantly". Jesus did not die, he lives that we might live and know real life, real living and, come to know the

life that gives life - the life everlasting. We are surrounded by a truly remarkable world which we too often take for granted. Life is a time of great opportunity and new life is born every day.

I wish you all joy and peace this Eastertide. ■ **Rev. Anthony**

Rev. Anthony M. Jones

Parish Minister

The Manse, Ardgay

☎ **01863 766 285**

✉ **revanthonyjones@yahoo.com**

Please remember if you need the Minister at any time you can phone him or, if you are sick and would like him to call on you at home or in hospital, he will be pleased to do so.

LENT & EASTER CHURCH DATES FOR THE DIARY

HOLY WEEK

■ **Sunday 9th April** - Palm Sunday. Family Service at Edderton Church at 11 am

■ **Sunday 9th April** - Palm Sunday. Family Service at Rosehall Church at 10am and Creich Church at 11.30 am

■ **Thursday 13th April** - Short Service with Holy Communion in the Upper Room at 6pm at Rosehall Church

ion in the Upper Room at 6pm at Rosehall Church

■ **Friday 14th April** - 'Reflections on the Cross' service of vigil at Creich Parish Church at 7pm

EASTER DAY

■ **Sunday 16th April** - Easter Day. 8 am Short Easter Sunrise Celebration to welcome

Easter Day by the Kyle at the stone circle, Bonar Bridge

■ **Sunday 16th April** - Family Easter Service at Ardgay Church at 11 am (we join our friends at Ardgay for a combined service)

■ **Sunday 16th April** - Family Service at Rosehall Church at 10 am and Creich Church at 11.30 am

CROICK CHURCH RE-OPENING

The historic Croick Church resumes monthly services on the second Sunday of the month beginning on Sunday 9th April (Palm Sunday) at 3 pm. Everyone welcome. Visitors are especially welcome to view the church and stay for the short service.



Guide to local services

VILLAGE HALLS & VENUES

Ardgay Public Hall
Fiona Venters / 01863 766 602
fcmm11@hotmail.com

Ardgay Church Hall
Rev. Anthony Jones / 01863 766 285

Culrain Village Hall
culrainmains@gmail.com

Croick Church
enquiries@croickchurch.com

Kincardine Heritage Centre
Mrs. Mary Stobo / 01863 766 868

Bonar Bridge Community Hall
Sally Thompson / 01863 766 883

Bradbury Centre
Lorraine Askew / 01863 766 772

Invershin Hall
Elissa Steven / 01549 421 369

Rosehall Hall
Ann Malone / 01549 441 345

AULD KIRK OF EAST SUTHERLAND AND TAIN

Part of the Scottish Episcopal Church. House services at Hollybank Ardgay every 2nd & 4th Tuesday at 10:30 am. Father Chris Mayo: 07860 333 892

Bonar Bridge Recycling Centre Opening Hours

MONDAY: 1 pm - 4:30 pm
TUESDAY: 1 pm - 4:30 pm
WEDNESDAY: Closed
THURSDAY: 8 am - 12 pm
FRIDAY: 8 am - 12 pm
SATURDAY: 9 am - 1 pm
SUNDAY: Closed



MATERIALS ACCEPTED

Batteries, car batteries, cardboard, fluorescent light tubes, standard and energy efficient light bulbs, fridges and freezers, garden waste, gas cylinders, plastic bottles, tyres, waste electrical and electronic equipment.

Mobile Library Ardgay

EVERY 3RD WEDNESDAY

29 March 2017

19 April 2017

10 May 2017

31 May 2017



Oakwood Place, Ardgay
Arrive 13:45 Depart 14:00

The Lady Ross, Ardgay
Arrive 14:00 Depart 15:15

Post Office Ardgay

Ardgay Public Hall

Opening times

MONDAY: 1:30 pm - 4:30 pm

FRIDAY: 10 am - 1 pm

Post Office Bonar Bridge

Lairg Road, Bonar Bridge

Opening times

MONDAY TO FRIDAY:

9 am - 5:30 pm

SATURDAY: 9 am - 1 pm

Train times



From 11/12/2016 to 20/05/2017

INVERNESS → ARDGAY

Monday to Saturday:

07:02 (08:33) Catering serv. available

10:38 (12:05) Catering serv. available

14:00 (15:29) Catering serv. available

17:12 (18:39)

18:28 (20:01) Catering serv. available

Sunday:

17:54 (19:23) Catering serv. available

ARDGAY → INVERNESS

Monday to Saturday:

06:16 (07:44)

06:45 (08:13)

09:07 (10:34) Catering serv. available

10:54 (12:25) Catering serv. available

15:30 (17:01) Catering serv. available

18:52 (20:10) Catering serv. available

19:28 (20:57)

Sunday:

14:49 (16:16) Catering serv. available



Pete Andrews Driving School

Patient
Friendly Tuition
Refresher Courses
Pass Plus

Areas Covered:
Ardgay, Bonar Bridge
Lairg, Golspie, Tain
Dornoch & Alness

Tel. 01863 766 884
Mob. 07763 133 922

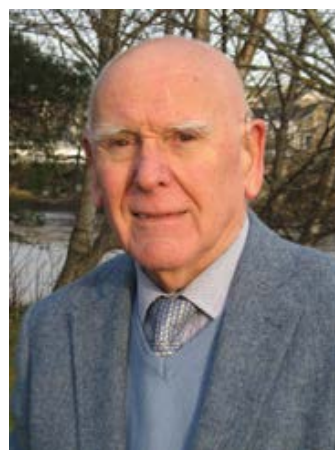
pete@peteandrews.org

RUSSELL TAYLOR

SCOTTISH CONSERVATIVE AND UNIONIST PARTY

SEEKS YOUR VOTE FOR
4TH MAY

SUPPORTING RUTH DAVIDSON AND LOCAL ISSUES



Former proprietor of the Bridge Hotel in Bonar for 15 years, Sutherland District Councillor for 4 years. Created and ran Ardgay Shopping for 10 years. Treasurer Sutherland Tourist Board 8 years. Currently Treasurer Creich Community Council.

russell.taylor4council@gmail.com

PROMOTED&PUBLISHED BY C.SMITH ON BEHALF OF R.TAYLOR 14 ARDROSS ST.IV3 5NS



Guide to local services A-Z

BRADBURY CENTRE

Bradbury Centre
01863 766 772
Bradbury Centre Bus
01863 766 772

BUSES

Andrew's Buses
01408 641 354

CITIZENS ADVICE

CAB Golspie
01408 633 000

CHILDREN & FAMILY

Kyle of Sutherland Hub
01863 766 310

CHURCH OF SCOTLAND

Rev. Anthony M. Jones
01863 766 285

DVLA

DVLA Inverness
0300 790 6801

ELECTRICITY

24Hr Emergency
0800 300 999
Customer Help
0800 300 111

FIRE BRIGADE

Fire Station Dornoch
01862 810 297

FISHERIES

KoS Fisheries Trust
01863 766 702

EPISCOPALIAN CHURCH

Father Chris Mayo
01408 600 818

FORESTRY COMMISSION

F. Commission Scotland
01309 674 004

GOLF CLUB

Bonar Bridge-Ardgay GC
01863 766 199

HIGHLAND COUNCIL

Drummuie Golspie
01408 635 370
Service Point Bonar Bridge
01863 766 083
Service Point Dornoch
01862 810 594
Tain Registration Office
01349 886 644

HIGH SCHOOLS

Tain Royal Academy
01862 892 121
Dornoch Academy
01862 810 246

KOSDT

KoS Development Trust
01863 766 190
Keep Active Together
01863 766 554

LIBRARIES

Bonar Bridge Library
01863 760 083
Mobile Libraries
0773 330 0761

NHS

Migdale Hospital
01863 766 211
Doctors Creich Surgery
01863 766 379
Nurses Creich Surgery
01863 766 237

PHARMACY

Mitchells Chemist Bonar
01863 760 011

POLICE

Local Police (Inverness)
0845 600 5703
Non Emergency: 101
Emergency: 999

POST OFFICE

Bonar Bridge Post Office
01863 766 219

PRIMARY SCHOOLS

Gledfield
01863 766 580
Bonar Bridge
01863 766 221
Rosehall
01549 441 348
Edderton
01862 821260

RECYCLING CENTRE

Bonar Bridge
01349 868 439

SCOTTISH WATER

24Hr Emergency
0845 600 8855
Customer Help
0845 601 8855

TAXIS

Ronnie's Taxis Ardgay
01863 766 422

TRAINS

National Rail Enquiries
0845 748 4950

VETS

Rogart Vets
01408 641 352
Easter Ross Vets Tain
01862 893 142
Johnston & Farrell Tain
01862 894 223
Kessock Equine Vets
01463 731 107

Andrew's Buses

ARDGAY → TAIN
Monday to Saturday

Ardgay	Ardgay
09:08	10:35
11:26	13:35
14:23	16:35
17:20	19:09
	↓
Edderton	Edderton
09:20	10:20
11:38	13:20
14:35	16:20
17:35	18:54
	↓
Tain Lamington St	Tain Lamington St
09:30 *	10:11
11:48 *	13:11 *
14:45 *	16:11
17:45	18:45 *
	↓
Tain ASDA	Tain ASDA
09:33	10:03
11:53	13:03
14:48	16:03
17:48	18:37

* Connects with Stagecoach bus to / from Inverness

Royal Bank of Scotland
Mobile Timetable TUESDAY
Bonar Bridge War Memorial
Arrive 11:50 Depart 12:05

Bradbury Centre Bus 920 - TUESDAY

Bonar Bridge to Dornoch
via Spinningdale

Bonar Bridge	Bonar Bridge
Cherry Grove	Cherry Grove
09:40	10:20
13:30	14:20
	↓
Spinningdale	Spinningdale
Layby at Post Box	Layby at Post Box
09:48	10:12
13:38	14:11
	↓
Clashmore	Clashmore
Carnegie Hall	Carnegie Hall
09:54	10:06
13:44	14:05
	↓
Dornoch Sq	Dornoch Sq
10:00	10:05
13:50	14:00

920 - WEDNESDAY

Bonar Bridge circular to Dornoch
via Spinningdale, Tain & Edderton

Bonar Bridge	Bonar Bridge
Cherry Grove	Cherry Grove
09:30	14:40
	↓
Spinningdale	Spinningdale
Layby at Post Box	Layby at Post Box
09:38	14:31
	↓
Clashmore	Clashmore
Carnegie Hall	Carnegie Hall
09:54	14:19
	↓
Tain	Tain
Bus stop at Co-Op	Bus stop at Co-Op
10:02	14:08
	↓
Tain	Tain
Lamington Street	Lamington Street
10:04	14:06
	↓
Edderton	Edderton
10:17	13:53
	↓
Ardgay	Ardgay
10:39	13:33
	↓
Bonar Bridge	Bonar Bridge
Cherry Grove	Cherry Grove
10:42	13:30

Operates every Tuesday and Wednesday apart from Christmas and New Year weeks.

The minibus has a wheelchair lift which will be available as part of the service.

Bookings: 01863 766 772

Puzzles



Sudoku

Easy

Grid n°612388958 easy

6						1		
5				7				
							3	
	6					4		
7		8		4			1	
		2	5				7	
3	4			8				
8		7	6	3			5	
1	5		2		7		8	

Medium

Grid n°8161 medium

						6		
	2			4	5			
8		3		6		2	9	
	8			2				
		5						
				3	1			
3			5				4	
		1		3			9	
			8		9	5	3	

Hard

Grid n°100019546 hard

3		6	5			4		
		5						3
8			6					
5	2	8				7		
	6					8	4	5
		7						
4							2	7
				1	4	3		
	5	1	3	2				

A number may not appear twice in the same row or in the same column or in any of the nine 3x3 subregions.

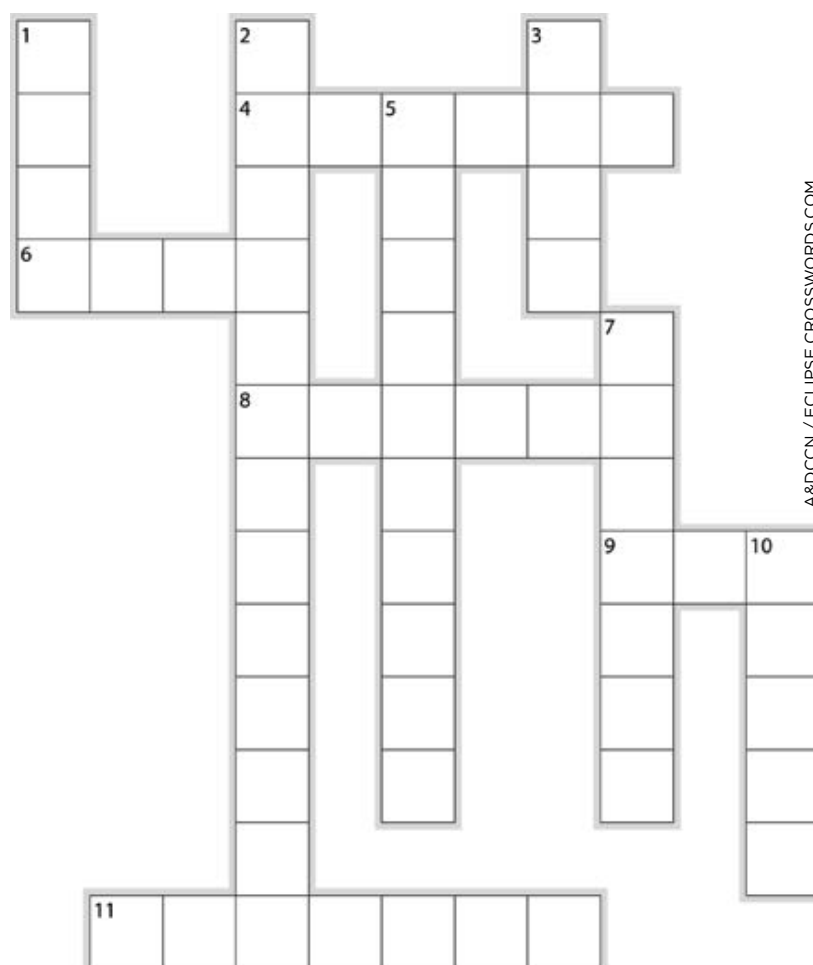
Crosswords

Across

4. Roughly unkempt, torn or worn to tatters. **6.** (In the Christian Church) The period preceding Easter, which is devoted to fasting, abstinence, and penitence. **8.** To disqualify (oneself) as judge in a particular case or to remove (oneself) from participation to avoid a conflict of interest. **9.** A sharp change of direction. **11.** A person of high rank or eminence, particularly a Spanish or Portuguese nobleman of the highest rank.

Down

1. Love, in Scottish Gaelic. **2.** An extreme or irrational fear of or aversion to blushing. **3.** To come to think or judge, to consider. **5.** Estate in Ardgay & District Community Council area whose name gained notoriety during the Clearances. **7.** A sudden attack of illness, especially a stroke or an epileptic fit. **10.** A trench which was originally worn in the earth by running water and through which water often runs after rains.



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EASTER CRAFT & FOOD FAYRE

**Saturday 8th April,
11am - 2pm,
INVERSHIN HALL**

Stalls and Food Demonstration
Easter crafts for kids
Soup & sandwiches available
at lunchtime, teas & home baking
available all day.

Tables £10 each
(contact Elissa on 01549 421369
to book)
Free entry, all welcome

MALLORY BEYOND EVEREST

JOHN BURNS

ONE MAN
PLAY

HEROES FALL
HEARTS ARE BROKEN
DREAMS NEVER DIE

*'A fitting tribute
to one of the heroes
of mountaineering'*
Broadway Baby ****

Saturday 25th March 7.30 pm (1 hour)

ARDGAY PUBLIC HALL

£10 under 16s £5. Pay on the Door

ARDGAY & DISTRICT

Community Council *newsletter*

Editor: **Silvia Muras Sanmartin**

Design & Layout: **Silvia Muras Sanmartin**

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ARDGAY & DISTRICT COMMUNITY COUNCIL:

Betty Wright (Chairperson), **Silvia Muras** (Vice Chair),
Marion Turner (Treasurer), **Leslie Pope** (Secretary),
Sheila Lall, Rob Pope, Andy Wright.

COUNCILLORS:

George Farlow, Hugh Morrison, Linda Munro

(More details in page 6)

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