

ARDGAY & DISTRICT

Community Council *newsletter*

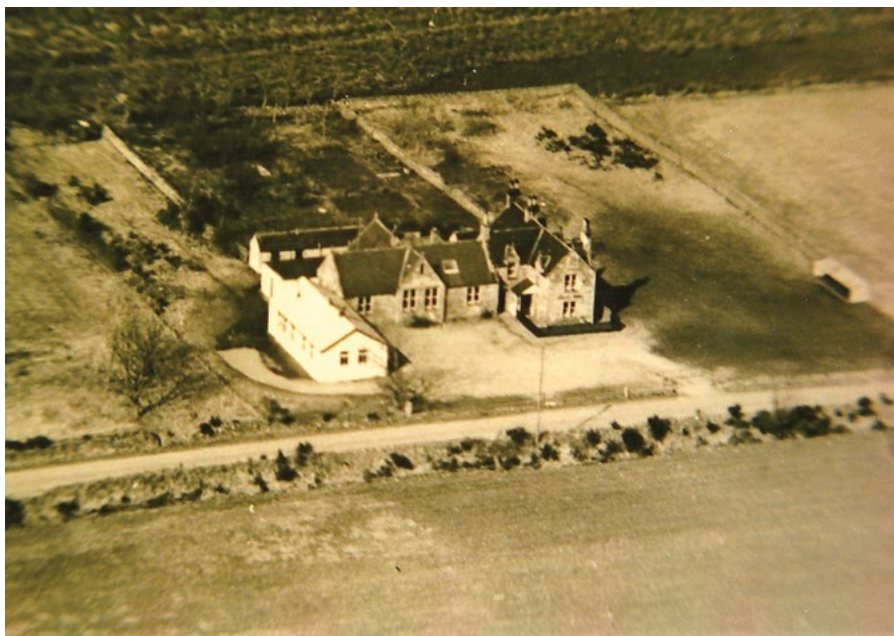
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Schools of past times

At the end of the 19th century, there were four newly built public schools in Kincardine Parish: Achnahannet, Croick, Culrain and Gledfield.

THEY PROVIDED accommodation for 40, 35, 50, and 110 children respectively and they had in 1881 an average attendance of 25, 17, 27, and 67. Today, only Gledfield is still open with 27 pupils on the roll last year. (*Page 18*)



Aerial view of Gledfield School, taken around 1950. / © DONALD BROWN

Kyle Chronicle, new magazine for the Kyle of Sutherland area *Page 4*



KoS Gala Week 2019 *Page 17*



Kyle of Sutherland Communities Day at The Hub

Find out what support groups and services are available in your area *Page 9*

Planet Sutherland, encouraging changes to help save the planet *Page 12*

Waste management and what to put in the blue bin

Page 5



Trees for Life red squirrel translocation programme

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36 pages featuring
Opening times,
Telephone guide,
Bus & Train timetable,
Sudokus & Crossword



The Community Food Stop MENU



SAMPLE MENU

11.30am until 2pm

Bonar Bridge Community Hall

Apple and Parsnip Soup

—00—

Roast Chicken with Stuffing, Dauphinoise Potatoes,
Yorkshire Pudding and Green Beans

—00—

Swiss Roll and Strawberry Ice Cream

—00—

Rolls, Sandwiches/Toasties - Prawn Mayo/Cheese/Ham

—00—

Children's' Snack Boxes (sandwich, yoghurt, raisins and
fresh fruit juice)

—00—

Cappuccino, Mocha, Latte or Hot Chocolate
Tea/Coffee

Fruit Juice, Bottled Water—Still or Sparkling

—00—

Takeaways must be ordered before 11.30am and collected
by 1pm. Please phone 0798 5626340/01863 766190 to
order.

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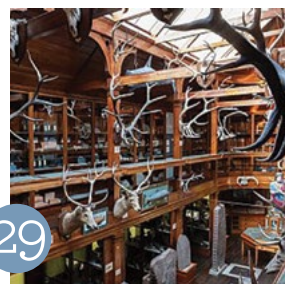
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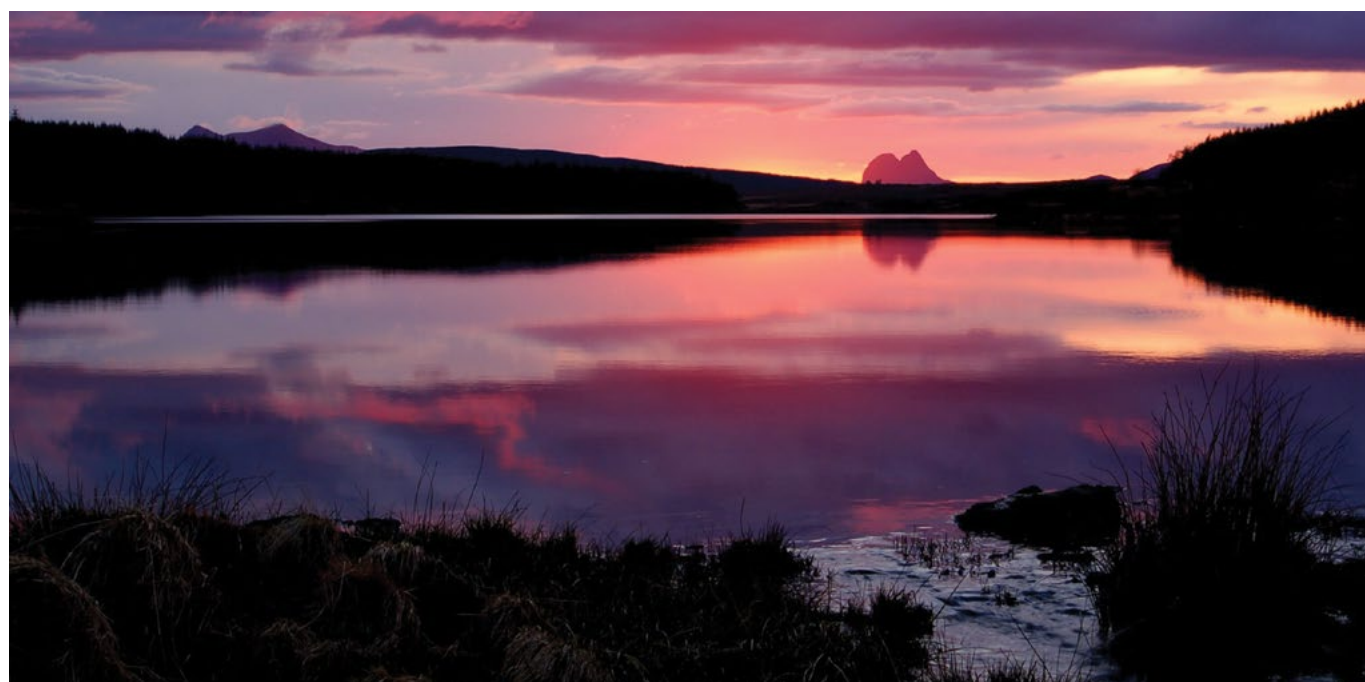
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Ardgay & District photographs



The changing light at Loch Craggie by Donald Bain. Within the North-West boundaries of Ardgay & District Community Council area, on the road to Lochinver, is this fishing loch from where we can admire Suilven's majestic silhouette.



Ardgay & District News



Front pages of the 22 newsletters I have had the pleasure to produce for the community, since my first issue in Summer 2014.

EDITOR'S LETTER

This is not the end

This edition of Ardgay & District CC newsletter will be my last, but it will mark a beginning rather than an end. From this winter I will be leading the exciting project KYLE CHRONICLE, a quarterly news magazine whose first edition will be delivered to you in early-mid December.

FIRST OF ALL I would like to thank all who have supported in any way the newsletter -and me personally- throughout these past five years. A special mention goes to Marion Turner, volunteer proof-reader, and to Phil Olson, who has consistently taken care of the digital version. Thanks also to my fellow Community Council members, Betty & Andy Wright, Rob & Leslie Pope, Buster Crabb, Mary Goulder, David Hannah -who handed over the task of editing the newsletter-, Alan Lawrence, Sheila Lall, Teresa Langley, and Bob Sendall. They have all been so kind as to participate in the project as contributors or distributors or both!

A big thank you to our volunteer distributors (Jeannie Sparling, David Knight, Jackie Hewitt, Brigitte Geddes, Rhonwen Copley, Anna Sutherland, Iain & Louise Worthy, David Mackay, David Ross and Vicky Whittock); to our readers and of course to regular

and casual contributors. Each time someone new approached me to submit a contribution, I was happy to see that the goal of achieving some sort of community dialogue within the pages of the newsletter was a little bit closer.

It's with that same goal in mind that the first independent quarterly news magazine for the communities of the Kyle of Sutherland, *Kyle Chronicle*, is born.

- **Independent:** striving for objectivity and openness, it will be a member of the Independent Press Standards Organisation.
- **Quarterly:** there will be four editions per year: December, March, June and September.
- **News magazine:** featuring quality in-depth exclusive content, genuinely local news, up-to-date relevant info... with the useful pages you like to find in this newsletter plus some exciting surprises!
- **For the communities of the Kyle of Sutherland:** it will cover

Ardgay, Culrain, Bonar Bridge, Invershin, Rosehall, Spinningdale, Migdale, Strath Oykel, Strathcarron and Glen Cassley.

The news magazine will be produced by Carn Bren Publishing Ltd. Thanks to the generous support of the Kyle of Sutherland Development Trust it will be possible to deliver a free copy to every household in the Kyle of Sutherland area. The Trust will also provide *Kyle Chronicle* with important updates and vital info such as local emergency plans. Another aspect of the partnership with the Trust is that it will enable *Kyle Chronicle* to offer very attractive advertising rates to local businesses and -crucially- concession prices for charities and community groups operating locally. So, no matter the size of your group, you will be able to share your event, course or activity with the wider community for a very small price.

Kyle Chronicle will also be an intergenerational project. I'm



Ardgay & District News

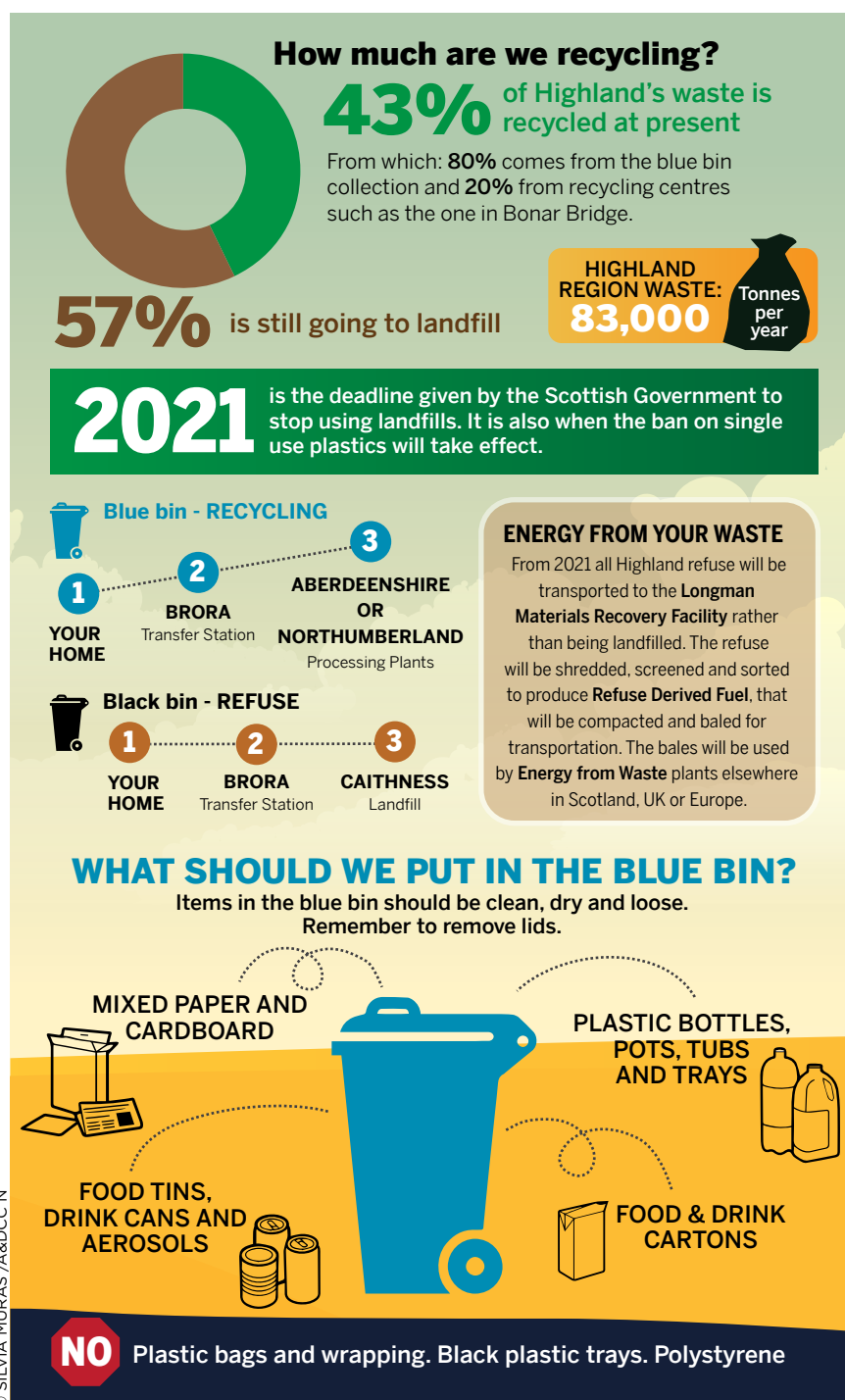
working with local schools to engage with young people, who will be creating the content for their own pages.

One of the first challenges we will have to face is the creation of distribution routes in the Creich CC area. We are looking for volunteers so, if you or someone you know would like to hand out about 20 copies once every three months (the perfect excuse for a cuppa and a catch up with your neighbours) please get in touch. I would also like to hear from you if you have suggestions, letters to the editor, contributions, or if you are running a local group and you'd like its contact details listed. You'll find my email and telephone number on the advert on page 7. I will also be at the Communities Day on the 22nd September at The Hub, please come along for a chat.

Caring for the environment? Our printers use certified FSC paper and a plate technology that allows them to save 95% on their water consumption in comparison to conventional systems. There will also be an online version available. I would like to think that you'd want to keep past magazines but, if that's not the case, please remember to recycle.

I look forward to a long and fruitful collaboration between the current Ardgay & District CC and the *Kyle Chronicle*. I will always be very fond of this newsletter. I hope you will like my last edition and that we will resume our conversation on the pages of the *Kyle Chronicle* very soon. ■

Silvia Muras Editor



Recycling locally

HIGHLAND COUNCIL Officer Imogen Percy-Bell attended the August CC meeting to give a presentation on waste management. Here is some of the data we gathered at the meeting. There was much dis-

cussion on what can/cannot be recycled and why. There is more info available online at <https://www.zerowastescotland.org.uk/>, or you could send your questions directly to recycling@highland.gov.uk ■



Ardgay & District News

Message from the Chairperson

by **Betty Wright**, Chairperson Ardgay & District Community Council

AS you can read elsewhere, this will be the last edition of this Ardgay & District Community Council newsletter. Since its beginning some 10 years ago, it has developed by way of lots of hard work from its editors, contributors and distributors into what you see today. On behalf of Ardgay Community Council I would like to thank all those individuals – but particularly David Hannah, whose idea this was and our first Editor, and Silvia Muras the current Editor.

Silvia is moving on to producing a local magazine in partnership with the Kyle of Sutherland Development Trust, with similar inputs from local groups but with a wider coverage. We wish Silvia all the best with her new venture and look forward to the first edition!

This last edition also coincides with

your current community councillors coming to the end of their term in office. The funding from the Highland Council to run the Community Council has been slashed from £977 to £399 during the four years since I have been Chairperson. This has meant that we have had to decrease the number of meetings from the preferred 10 each year to the present six – and even this reduced number are only affordable through extra funding from the Ward discretionary budget, funding which should be used for other community projects. Not only does this make it difficult for us to respond to consultation deadlines in a timely fashion, it reduces the number of outside speakers we can invite to discuss local issues affecting you, and increases the length of time applicants have to wait for accessing funding from Beinn Tharsuinn and Beinn nan Oighrean

Community Benefit funds as these are considered by the CC. It really is time our local Highland councillors gave us more support and reversed this ridiculous budget cut. I personally cannot understand why the Scottish government is pursuing its community Empowerment agenda and funding a possible Citizens Assembly whilst local councils are not being funded to adequately support the already existing most local form of government – your Community Council.

Despite these concerns, I believe the best way to address the situation with the Highland Council is to form a strong and committed community council. I would therefore urge members of the community to seriously consider putting themselves forward for the forthcoming elections. You can find details of the nomination and election dates on page 8. ■

Lighting Ardgay at Christmas – Team needed!

THE LAST FEW years the Community Council have put up a Christmas tree on Ardgay Green. This has been put up and decorated by volunteers. For 2018 a team of a dozen people assembled, the tree was raised and toasted with mulled wine; a happy community event. But the last two years, although we have put up the tree, we have not put up the lamp-post lights.

This was for several reasons: partly any Christmas efforts were displaced to the very excellent Santa-in-the woods which The Hub

and other local groups organised, but also that it was felt that having a volunteer teetering at the top of a ladder to fix these things in place was not really safe. Also the Highland Council have complicated the fixing of these by charging -what seems a lot of money- to fix electrical connections if any are faulty.

But the biggest deterrent to putting up the lamp-post lights has been the lack of people to help with putting these heavy and awkward lights in place. For this year we have the generous offer of a cherry-picker (a railed

platform that can be raised or lowered to height). We are very grateful for this as it will make putting these lights up safe and (possibly!) comparatively straight forward.

And so in mid-November we will have a brief meeting in Ardgay Hall (date to be confirmed and circulated) when we will be able to see if we have a team of half a dozen who are wanting to assist with putting these lights up. And if there are a few people who might wish to extend this to other Christmas themed projects this

could be discussed, too. For example Santa-in-the-woods was lovely, but required a lot of preparation; Santa might be willing to visit again if elves can be provided. And another suggestion going the rounds is that we encourage and support individual houses in decorating in seasonal theme to give the whole village a sense of celebration... If you would like more information or have Christmas-themed ideas that you would wish to progress please get in touch with the Community Council. ■ **Andy Wright**

KYLE CHRONICLE

The first independent quarterly news magazine
for the communities of the Kyle of Sutherland

COMING SOON
Winter 2019

www.kylechronicle.co.uk

news@kylechronicle.co.uk / 01863 766 690



Ardgay & District News

A NEW CC FOR ARDGAY & DISTRICT WILL BE FORMED IN NOVEMBER

Become a member of your Community Council

ELECTIONS FOR ALL Highland Community Councils are due to take place in Autumn 2019. This is your opportunity to work with other people to represent the views of your community across a wide range of issues, from new buildings and roads to services and facilities, and to make positive changes in your local community.

If you want to find out a bit more about what being a Community Councillor involves, you can contact your ward manager: Phil Tomalin, Ward Manager - Suth-

NOMINATIONS

24th September to 8th October
ELECTIONS
Wednesday 20th November

Are you eligible?

Anyone can become a CC member provided they are:

- Over 16 years old
- Living within the CC boundaries
- Are on the electoral register

Ardgay & District boundaries:
https://www.highland.gov.uk/downloads/file/4301/ardgay_and_district_community_councilpdf

erland. Highland Council, Drummuie, Golspie KW10 6TA. Tel: 01408 635335 Mob 07747 048776, or phil.tomalin@highland.gov.uk.

If you are interested in becoming a Community Councillor, you can nominate yourself between Tuesday 24th September and Tuesday 8th October. Nomination forms will be available on the Council's website or from local Service Points. If there are more nominations than places on the CC, then there will be an election ballot in that local area. ■

ARDGAY & DISTRICT COMMUNITY COUNCIL: BETTY WRIGHT, Chairperson, SILVIA MURAS, Vice Chair, MARION TURNER, Treasurer & Secretary, ROB POPE, ANDY WRIGHT, DR BUSTER CRABB (Co-opted member), LESLIE POPE (Associate member), MARY GOULDER, Minute Secretary

HOW TO CONTACT

ARDGAY & DISTRICT COMMUNITY COUNCIL



By phone

01863 766 100 (Marion Turner, Secretary)



By mail

Marion Turner, Secretary A&DCC
Oldtown, Ardgay IV24 3DH



Email

secretary@ardgayanddistrictcommunitycouncil.org.uk



Website

www.ardgayanddistrictcommunitycouncil.org.uk



Facebook

Ardgay & District Community Council



Drop-in Sessions

We will be holding clinics from 1 to 4 pm at the Ardgay Stores on the following dates:

14th SEPTEMBER & 18th OCTOBER

Please stop by for a cup of tea/coffee and chat.



In person

Ardgay Public Hall, at 7 pm.

Next meeting:

14th OCTOBER

COUNCILLORS NORTH, WEST & CENTRAL SUTHERLAND

Linda Munro 8, Munro Place, Bettyhill KW14 1TD
Tel 01641 521 366 linda.munro.cllr@highland.gov.uk

Kirsteen Currie Rowanwood, Lamington, Kildary, Invergordon
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Hugh Morrison Orcadia, Lerin, Durness IV27 4QB
Tel 07557 566 543 hugh.morrison.cllr@highland.gov.uk

MSPS CAITHNESS, SUTHERLAND & ROSS

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Tel 0131 348 5927 Gail.Ross.msp@parliament.scot

Donald Cameron M2.18 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6989 Donald.Cameron.msp@parliament.scot

John Finnie MG.16 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6898 John.Finnie.msp@parliament.scot

Rhoda Grant MG.06 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5766 Rhoda.Grant.msp@parliament.scot

Edward Mountain M3.18 The Scottish Parliament Edinburgh EH99 1SP
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Douglas Ross M2.08 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 6140 Douglas.Ross.msp@parliament.scot

David Stewart MG.05 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5766 David.Stewart.msp@parliament.scot

Maree Todd M4.05 The Scottish Parliament Edinburgh EH99 1SP
Tel 0131 348 5784 Maree.Todd.msp@parliament.scot

MP CAITHNESS, SUTHERLAND & EASTER ROSS

Jamie Stone House of Commons, London, SW1A 0AA
Tel 01862 892 726 jamie.stone.mp@parliament.uk



Ardgay & District News

COME ALONG TO THIS EVENT ON SUNDAY 22ND SEPTEMBER BETWEEN 10:30AM AND 3PM

Kyle of Sutherland Communities Day

Do you know what services and support groups there are for over 60s, teenagers, primary years, pre schoolers, and all those years in between? Where you can join a class, what to do in an emergency and who to contact? What do the many local groups do?

ALL THESE ANSWERS and many more can be found at the Kyle of Sutherland Communities Day. Come along to this free event. There will be an information zone where you can chat to people providing services/clubs and pick up details as to how to access them, activities for all ages, and light snacks and refreshments.

The Kyle of Sutherland Hub and the Kyle of Sutherland Development Trust are hosting a community event for residents of all ages on Sunday 22nd September from 10:30am to 3pm. You can drop in anytime during these hours.

The purpose of the partnership event is to bring the community together and to showcase the different groups and organisations

that provide a supportive service to the Kyle of Sutherland Communities (Ardgay & District, Creich and Lairg).

Hayley Bangs, Chairperson of The Hub said, "The aim of the Communities Day is to provide a one-stop-shop to inform local people about the services and projects that are available from the many different community groups and support organisations in the area. These range from health, wellbeing and social activities - to training, volunteering and job opportunities. There will be an information zone where people can meet and find out more about the groups and services available; and there will also be information about local emergency and resilience plans. We hope

that residents who join us at the event will make new connections and can become more engaged within the community should they wish to, but above all know where and how to access some of the many beneficial services."

If a community group that you are involved with hasn't booked a stand yet - please get in touch. Free Transport may be provided from pick up points in Lairg, Creich and Ardgay. Please contact The Hub for further information. ■



Kyle of Sutherland Hub
South Bonar Estate
Bonar Bridge IV24 3AQ

📞 01863 769 170

✉ info@kyleofsutherland.com

 Kyle of Sutherland Hub





Ardgay & District News



The installation of the new playpark at Edderton was completed in August.

Edderton has a new Playpark

KYLE OF SUTHERLAND Development Trust was recently contracted by Edderton Village Hall committee to regenerate its existing play park. The Contracts team managed the redevelopment over the summer, and the playpark was completed in August.

Cameron Warren, Chairperson of the Edderton Hall committee said, "We are really pleased with the fresh, colourful

new look of the playpark which had been sitting half empty for over a year. We are sure that the local children will love playing there for many years to come! Thank you to our funders: Leader, Beinn Tharsuinn Wind Farm, Ward Discretionary Fund and Balblair Distillery for helping this happen." ■ **Beth Simco**, Contracts Officer, Kyle of Sutherland Development Trust

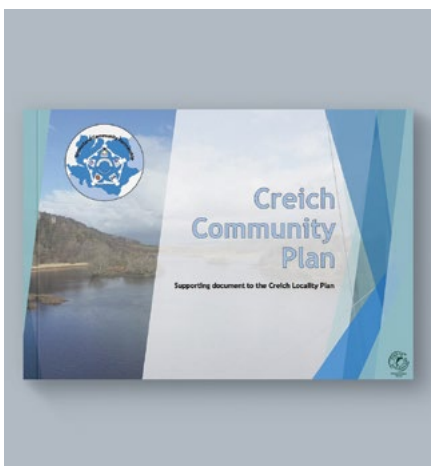
The Big Tea Party

THANK YOU TO everyone who joined us at our 'Big Tea Party' during the annual Kyle of Sutherland Gala Week on Sunday 18th August. The event was free, but as usual we collected donations for a local charity. Thanks to your generosity we raised £106.16 in aid of the Highland Hospice in Inverness. Thank you also to our team of volunteers – we couldn't do it without you! ■ **Beverley Hill**, Community Food Stop Project Officer



IT WILL BE AVAILABLE ONLINE ALONGSIDE THE ALREADY PUBLISHED ARDGAY & DISTRICT COMMUNITY PLAN

Publication of the Creich Locality Plan



THE COMMUNITY Engagement team are delighted to announce that the Creich Locality Plan has now been published and is available to download from the Sutherland Community Partnership's website. The plan was signed off by the Creich Locality Group in June 2019. Paper copies are also available from the Hub and from Kyle of Sutherland Development Trust. Local groups can now utilise the Plans to identify and evidence community projects.

The Ardgay & District Community Plan (published in December 2018) is also still available to view at the Sutherland Community Partnership's website. See: <http://www.highlandcpp.org.uk/community-plans.html> ■ **Jodie Ross**, Community Engagement Officer



KoSDT

The Barn, Drovers Square, Ardgay
IV24 3DH

☎ 01863 766 190



Ardgay & District News

The importance of the Trust's social projects

KoSDT has recently been the recipient of the 'Reducing Vulnerability in the Community' Award

IN NOVEMBER OF last year Kyle of Sutherland Development Trust applied to the Scottish Council for Voluntary Organisations (SCVO) and the University of Edinburgh to be part of their Food, Poverty and Social Exclusion research Project. Through this KoSDT were able to host a post-graduate intern, Lee McNeish, who undertook an eight-week independent research project to look at the impact of our work at the Community Food Stop and its associated strands. Lee spent most of June living in Bonar Bridge, during this time he interviewed many local people to get a better understanding of the impact of the Food Stop on the community.

We were very pleased to receive Lee's independent report. It is an excellent piece of work that helps to reinforce the great work undertaken by Beverley Hill and her team. It made me very proud of KoSDT, the staff, and the volunteers. Long may we continue to promote and develop projects that have such a positive influence on our community. A copy of the report is available to download from our website. See: <https://www.kyleofsutherlanddevelopmenttrust.org/current-projects/food-stop-and-community-cafe-shop/>

On a similar theme, we are delighted to announce that the KoSDT team were invited to attend the Highland Third Sector Interface Awards at the Strathpeffer Pavilion on Friday 6th September because we received the 'Reducing Vulnerability in the Community' Award. This award means a great deal to us because outwith our local area KoSDT is known for our



Lee McNeish pictured (centre) with Community Food Stop workers at a lunch to thank volunteers during National Volunteers' week.

Social projects such as the 'Community Food Stop' and 'Keep Active Together' focus also on inclusion and combatting loneliness within our community

capital developments such as Falls of Shin, and Drovers Square and The Barn in Ardgay. However, KoSDT is perhaps less well known for delivering social projects such as the 'Community Food Stop' and 'Keep Active Together' which focus not just on healthy eating and fitness – but also on inclusion and

combatting loneliness of individuals within our community... These communal activities lead to a higher level of interaction and sense of belonging to a community which has a positive effect on people's health and wellbeing. This is the lifeblood of the Trust, and we are very proud of these projects that serve our community.

If anybody would like to find out more about the work that we do – please come and speak to me at the KOSDT stand at the Communities Day which is being held at The Hub on Sunday 22nd September. ■ **David Watson**, Trust Manager, Kyle of Sutherland Development Trust



Ardgay & District News

SHARING INFORMATION, CO-ORDINATING INITIATIVES AND SUPPORTING EACH OTHER'S AIMS

Planet Sutherland: encouraging changes to help save the planet

ARE YOU WORRIED about the planet? Has fear paralysed you? Are you confused and frustrated trying to sort out real and fake news? Too depressed to do anything? Don't know where to start? With Arctic fires and plastic rain, what's the point? It's just too late!!

Well, that was me a wee while back. Then one morning I woke up (or well... I got up, having been awake most of the night...) and decided to do something which culminated in forming Planet Sutherland.

The group is about encouraging change and supporting each other's aims and ideas. Changes may be simply about improving recycling, about turning off the tap, or larger project such as tree planting, lobbying business and governments or ... well, who knows where we may end up. One other significant outcome of the group though, is that we are all already definitely feeling less depressed and much more happy about being able to do something to help.

ORCHARD ARDGAY PROJECT

It was coincidence that started the group off in Ardgay, where a small group of us have met a few times. We've organised a very interesting recycling talk from the Highland Council (thanks to the Ardgay & District CC) and are working on a garden apple tree planting project



Apple tree, Beauty of Bath variety. / BETTY WRIGHT

We are working on an apple tree planting project - Orchard Ardgay - to encourage people to plant trees and eat local produce

– Orchard Ardgay! To begin with, we're hoping to provide about 20 trees for folks to plant in their own gardens.

Hopefully this apple tree project will spread to other areas. It's a great way to plant trees and eat local produce. Please do get in touch if you're interested.

At the time of writing, meetings have been held in Ardgay and Bonar Bridge and Lairg. It

was great to meet folks from Dornoch and Brora and Rosehall at the Lairg meeting. We also attended the Kyle of Sutherland Development Trust Big Tea Party and I popped over to Dornoch market to chat with folks there.

Given the size of Sutherland, we can't just have one central group - it would be ludicrous for us all to all travel to a central point to chat on a regular basis. Thus, what I'm hop-

ing is that we can form small groups in all the villages who can meet regularly, but that we can then all support each other and share ideas.

Various ideas coming along just now are: helping the school garden projects; helping the Dornoch Academy Plastic Straw Free Project; car and tool sharing; getting better at reducing and recycling; sharing excess produce; getting more produce at the local markets; and many more.

Sharing information is key to the success of this group. I know that there are many initiatives already on the go – please do join us and share what you're doing. There's lots of information on our website, where you can also join the mailing list, and if you're on

Upcoming meetings

MON 16th Sept – Lairg - Informal meeting at Lairg Learning Centre.

SAT 22nd Sept – We will be at The Hub Community Partnership event.

TBA - Hopefully our initial meetings in Dornoch and Brora. And perhaps our own local Big Climate Conversation in October/November.



Ardgay & District News

Facebook, please join our group. Thanks again to the, sadly demised, Energy Advice Service Team at the Kyle of Sutherland Development Trust and the Lairg & District Learning Centre for running the Carbon Literacy workshop, which essentially instigated the formation of Planet Sutherland. And thanks too to all the other individuals, businesses and groups who have supported this wee project so far. ■ **Anna Patfield**



Planet Sutherland

www.PlanetSutherland.com

✉ oneplanetsutherland@gmail.com
f Planet Sutherland

BANK OF SCOTLAND WILL VISIT THE VILLAGE TWICE A WEEK

Banking in Bonar Bridge

AT LAST SOME GOOD news to report from the Bank of Scotland. Its Mobile Branch will visit Bonar Bridge on Tuesday 3rd and Thursday 5th of September from 10 to 11:30am, and every Tuesday and Thursday thereafter. The Bonar Bridge Village Hall will be open on Tuesdays from 10-11:30am for "Tea and Chat" thanks to the joint Bank of Scotland and Keep Active Together arrangement.

On the 24th September 2019 there will be an Open Day in the Bonar Bridge Village Hall from



9:30 to 1:30pm where you will have the opportunity to meet the Bank of Scotland Staff, the Post Office, Police Scotland on Crime and security, Business Gateway and Citizens Advice Bureau, (CAB) and Fire and Rescue Services. ■ **Michael Baird**

**Kyle of Sutherland Fisheries
Protecting Salmon
and Sea Trout stocks
in the Kyle district since 1865**



MEETING ANNOUNCEMENT

KYLE OF SUTHERLAND FISHERIES TRUST

Thursday 26th September 2019

6.00 p.m. Trust annual general meeting

6.30 p.m. Trust ordinary meeting

KYLE OF SUTHERLAND DISTRICT

SALMON FISHERIES BOARD

Friday 27th September 2019

9.30 a.m. Board annual meeting of
qualified proprietors

10.00 a.m. Board ordinary meeting

Board meetings are open to the public

T: 01863 766702

E: admin@kylefisheries.org

W: www.kylefisheries.org

Kyle of Sutherland Fisheries, Bank House, Ardgay, IV24 3BG

 **01863 766 231**

ARDGAY GARAGE

**MOTs on cars and bikes, welding, tyres,
servicing, diagnostics and much more...**

Main dealer warranted servicing



**HOURS OF BUSINESS: Monday to Thursday 8:30 – 5:30
Friday 8:30 – 4:30 Saturdays by appointment only**



Contact us on Facebook: Ardgay Garage





Ardgay & District News

Ardgay Public Hall biennial auction success

This year's auction cleared a profit of £2,400, well done everyone! The next fund-raising event will be the Christmas Fair on Saturday 30th November

DIDN'T YOU DO WELL? Thank you; to everyone who helped in anyway with the biennial auction, held back in June, in the newly redecorated main hall and professionally conducted by Mr Scott Chapman of Dingwall & Highland Marts Ltd.

This is a critical fund-raising event for the hall and your efforts resulted in a clear profit of £2,400. This money is a crucial contribution towards the hall's ongoing running costs, as well as helping keep the building maintained to present day standards and expectations.

This great community response is positive encouragement to every member of the hall committee, all of whom were disappointed this summer to discover that no grants were available to support the input of a professional architect to help them with the essential upgrading and insulation of the Ladies and Disabled toilets. It had been hoped to complete this work – one outcome of which would have been to help reduce the hall's carbon foot-print – prior to applying for renewal of the statutory Entertainments Licence next year. However, the committee are continuing to try and find a timely solution to the problem.

COMMITTEE MEMBERS NEEDED

Speaking of next year; Time marches on and there are two dates you need to mark in your diary. The first is, Tuesday, 29th October, the date of this year's AGM. It will start at 7 pm. Everyone is welcome and no-one will be press-ganged into doing anything they don't want to



The auction was conducted by Mr Scott Chapman of Dingwall & Highland Marts Ltd.

Every user group has the automatic right to nominate one of its members to represent them in the Ardgay Hall committee

– although willing volunteers on the other hand..... Don't forget, this is your hall and the AGM is your golden opportunity to change the management team – any local resident is eligible and every user group has the automatic right to nominate one of its members to represent them too – but, you only have to attend the AGM to comment on what has been done in the past and participate in planning for the future, and you would be made welcome if you did so.

The second date is, Saturday, 30th November. Yes, you've guessed it - this year's Christmas Fair, starting as usual at 2pm. This is another essential event for hall funds, but it's also a great festive atmosphere and a chance to catch-up with folk, so the committee look forward to seeing you there.

The committee also hope that by then the car park wall renovations will be complete. At the time of writing, (16th Aug), this project has been awarded a very generous grant of £4,686 from the E.ON Rosehall Community Fund supported by Foundation Scotland, whilst the outcome of an application to the Ardgay Beinn Tharsuinn Fund via the Community Council, for the final piece of financial support, is awaited.

■ **Rhonwen Copley**, Secretary



Ardgay & District News



THE LARGE LIVING / DINING AREA HAS FULL LENGTH WINDOWS TO ENJOY THE SCENERY AND GARDEN

New extension for the Bradbury Centre

THE BRADBURY Centre reopened on the 10th of June on completion of the new extension. The work of the Bradbury was able to continue during the 18 week build with everyone relocating to Invershin hall for the last 11 weeks.

The centre now has a large living/dining area with beautiful full length windows where clients can sit and enjoy the scenery and garden. The extra space allows clients to continue with their activities without staff having to rearrange furniture in order to set tables for lunch.

We held a welcoming afternoon tea to give the community a chance to

come along and see the new improved centre; we were delighted with the turnout and all the lovely comments.

The last couple of months have been very busy at the centre with musical entertainment,

Music & Movement classes, Flower arranging, cooking displays, crotchet lessons, Lairg learning centre making teddies and other items from recycled materials, also a visit from Highland Cycle Ability Centre which was

great fun with clients reliving their youth cycling around Cherry Grove. Some of our members visited the Kyle of Sutherland Hub where they had a lovely morning making door plaques with the children. The first of our Seagull Cruise trips down the Caledonian Canal took place on the 15th of August, the weather was pleasant with the rain staying away.

The centre is now of a size that it can be hired for functions such as small weddings, parties, etc... We hope to have fundraising evening events throughout the winter making use of our new improved facility. ■
Lorraine Askew, Manager



Cycling around Cherry Grove.



The Bradbury Centre ☎ 01863 766 772
www.bradburycentre.co.uk

✉ bradburydaycare@btconnect.com



Ardgay & District News

IT WILL PROVIDE ENERGY AND FUEL POVERTY ADVICE TO SUTHERLAND & CAITHNESS RESIDENTS.

New Energy Advice Project at CAB

EAST & CENTRAL Sutherland CAB have been successful in their bid to Scottish & Southern Electricity Networks and have now appointed an adviser to provide specialised energy and fuel poverty advice to Sutherland & Caithness residents. This project will run for 1 year, up until May 2020.

Fuel poverty is a major issue in Sutherland & Caithness due to high energy costs, the lack of mains gas and many households having to rely on electric heating. High fuel costs can mean that many clients have to choose between heating their home or buying food (often referred to as 'heat or eat').

The CAB energy adviser will assist clients by checking energy bills and tariffs, liaising with energy



Our new energy adviser, Pat Sproul.

providers, identifying additional sources of help with energy costs, advising on how to use heating more efficiently and helping clients access energy efficiency grants e.g.

via Home Energy Scotland. For many people, understanding their energy bill and also looking into the best tariffs for their needs is a difficult and time consuming topic and the CAB energy adviser is here to help with these and any other energy issues.

If you have any questions about any energy issues, please contact the East and Central Sutherland Citizens Advice Bureau on 01408 633000 or email us on advice@ecscab.org.uk and ask to speak to the energy adviser. ■



*East & Central Sutherland
Citizens Advice Bureau.*

☎ 01408 633 000

✉ advice@esvas.casonline.org.uk

THIS YEAR'S Highland Archaeology Festival takes place 28th September to 18th October. There are over 100 events and special exhibitions taking place throughout the Highlands, offered by a variety of groups and individuals. Some local events which might be of interest:

- A guided walk to two Strath Brora townships on 29th September
- A guided walk up Dun Creich on the 1st of October
- Drop in mornings at Golspie Heritage Centre on the 1st, 8th and 15th October
- A guided visit to Dunrobin Castle Museum on the 8th of October



Dun Creich

- A display about the 150th anniversary of Lairg Station at Ferrycroft Museum
- The annual Recent Archaeological Discoveries

and Research conference will take place on 12th & 13th October in Inverness.

For details of these and other events, check out the Highland Archaeology

Festival website www.highlandarchaeology-festival.org, or the HAF brochures available at libraries, museums, service points etc. ■ **Susan Kruse**



Ardgay & District News



Earth Time



Clay Pigeon Shoot



Space Hopper race



Pond dipping



Duck race



Raft Race



Pet show

Kyle of Sutherland Gala Week 2019

A small committee of 7 have managed to successfully pull off another great Gala Week

THE GALA WEEK started on Saturday 10th August with the Flower and Veg show followed by the crowning. Last year's Queen, Stephanie Davies, crowned the 2019 Queen Samantha MacKay who was supported by her attendants Lilly, Cameron & David.

The popular raft race took place on Sunday. The Car Treasurer hunt run by B-BIG had 20 cars taking part. The Kyle of Sutherland Joggers hosted a great 5K fun run and 1 mile, with 22 walkers and runners completing the 5K and 10 doing the 1 mile, including the youngest at 3 years old completing the 1 mile

route! Other highlights were Family Bingo, Book Bug and Junior Jigsaw at Bonar Bridge Library, Flower Festival, Pet Show, Bug Hunt, Soup and Sweet, Kids Film, Clay Pigeon Shoot, Earth time, Darts and the Big Tea Party. The committee brought back a firm favourite, Wheelbarrow race for adults and Space Hopper race for kids. The Invershin Hall's Annual Duck Race started with Duck crafts in the hall where the children made duck bunting and duck flags. The duck race this year had 6 winners who were

delighted with their prize money. Saturday night saw the popular Pub Quiz at the Invershin Hotel where 10 teams took part.

The committee would like to thank all the local groups who organised an event during Gala Week, it really makes the programme the success it is and provides a large variety of events. There were over 25 raffle prizes drawn after the Pub Quiz, a huge thank you to all the companies and people who generously donated a prize.

We are always looking for new members to join the Gala committee, please get in touch via our Facebook page if you wish to join, you would be made very welcome. ■ **Elissa Steven**





Ardgay & District News



GLEDFIELD 1954. 'The Big Room'. **From left to right:** Mr Roddy Mackenzie (head teacher) **Back row:** Jock Campbell (Dounie), Heckie Jack (Invercharron), Bobby Morrison (Gledfield Farm), Alistair -Star- Matheson (Dounie), **Second row:** Dickie Ross

(Culeave), Lily MacKenzie, Douglas Ross (Ivy Cottage), Scott MacRae (Bank house). **Front Row:** Anne Ross (Reay House), Pam MacDonald, Nellie Jack (Invercharron), Anne MacDonald (Carron Cottage), Anita Ross (Invercharron) / © LILY BYRON

Schools of past times

Around sixty years ago, there were four primary schools in the district commonly known until 1975 as Kincardine Parish: Gledfield, Culrain, Croick, and Achnahannet.



GLEDFIELD 1935. Maybe someone will recognise these pupils? / © DONALD BROWN



Ardgay & District News



Miss Bruce legacy at the Highland Museum of Childhood

The Highland Museum of Childhood is located in the old railway station in Strathpeffer. When Miss Mary Bruce (former teacher at Achnahannet and Croick Primary schools) passed away, the Museum was given most of her teaching items including books and teaching aids, memos, letters and photos. It is a great collection showing Mary's life in teaching, which was put together in an exhibition back in 2013.



CROICK 1974. From left to right: Robert Moffat (Croick), David Campbell (Gruinards), Marcus Munro (Alladale), Sandra Munro (Corvost), Ian Campbell (Gruinards), Miss Mary M Bruce (teacher). The school closed in 1976. / © HIGHLAND MUSEUM OF CHILDHOOD



CROICK 1974. Back row from left to right: Ian Campbell, Robert Moffat, Davie Campbell. Front row: Marcus Munro and Miss Bruce / © HIGHLAND MUSEUM OF CHILDHOOD

THE SCHOOLS WERE BUILT in the 19th century (Gledfield school opened in 1875), probably part of the extensive programme of school building undertaken after the Education Act 1872 which made primary education universal and mandatory in Scotland.

The four "new" public schools were **Gledfield**: with accommodation for 110 pupils and annual grant of £53, 6s. 6d. in 1881; **Culrain**: 50 pupils and a grant of £31, 0s. 6d.; **Achnahannet**: 40 pupils and a grant of £36, 11s. 6d.; and **Croick**: 35 pupils and a grant of £66, 3s. 6d, as reported in *Ordnance Gazetteer of Scotland* (1882-84).

Nowadays only Gledfield is used as a school, with 27 pupils on the roll last year, while most other buildings have been converted into houses.

The importance of local primary schools in rural areas has been thoroughly researched, as this is such a contentious policy issue, addressed ►►



Ardgay & District News



GLEDFIELD 1953. Back row left to right: Lindsay Munro (Balnabruich), Sandy Fraser (Ardgay Hill), Alistair Matheson -Star- (Dounie), Bobby Morrison (Gledfield Farm), Hecky Jack (Invercharron), Donald Macrae (Bank house), Billy Fraser (Invercharron), Alistair Brooke (Midfearn). Next row: Flora Mackay (teacher) from Culrain, Ian Dunbar, Dickie Ross (Culeave), Callum Macrae (Ardgay Hill), Lily MacKenzie, Frankie Mackay (Ardgay Hill), Ishbel Munro (Balnabruich), Jock Campbell

(Dounie), Douglas Ross (Ivy Cottage), Scott Macrae (Bank house), Roddie Mackenzie (head teacher). Third row: Morris Macleod, Heather Munro (Balnabruich), Joanie Matheson (Corvost), Ann Ross (Reay House), Anita Ross (Invercharron), Pam MacDonald, Ann MacDonald (Carron Cottage), Nelly Jack (Invercharron), Marion Mackenzie (School house), Elizabeth Jack (Invercharron), Irene Meiklejohn, ? Very front row: ?, George Paavola, Jackie Matheson (Corvost) / © LILY BYRON

► most recently in the Schools Consultation (Scotland) Act 2010. The financial pressure on local councils given the high per capita costs of running small schools is the main reason for their closure, while the contributions that they make in maintaining rural community vibrancy is one of the arguments for retaining them.

What can hardly be disputed is the importance of schools anywhere, but particularly in rural areas, in the creation and nurturing of collective memories, which in turn reinforce people's sense of identity and their belonging to a place. A shared history, transmitted between generations and imparted from local to incomer, is a fundamental part of establishing and strengthening social relations.

■ **Silvia Muras**



ACHNAHANNET 1954. Elma wemyss (second from right) and Miss Bruce (teacher) are the only persons we can name on this photo. / © HIGHLAND MUSEUM OF CHILDHOOD



Ardgay & District News



CROICK 1969.

From left to right, back row: John Moffat, John Munro, James Forsyth, Mrs Molly MacDonald (teacher), Brian Ross.

Next row: Derek Matheson, John Matheson, Edmund Sloggie, Iain Holden, Ramsay Holden, Fiona Holden.

Front row: Robert Moffat, Mark Sloggie, Alison Holden, Morven Munro, Grace Munro, Wendy Munro, Ileen Munro. The teacher Mrs Molly MacDonald was married to Willie MacDonald of Amat.

/ © MORVEN MACLEOD

HIRES • SALES • SERVICE • REPAIRS



07543 466 699



Ardgay Stores & Highland Café

OPENING TIMES:
 Mon 7:30am-8:00pm
 Tues 7:30am-8:00pm
 Wed 7:30am-8:00pm

Thur 7:30am-8pm
 Fri 7:30am-8:00pm
 Sat 8:00am-8:00pm
 Sun 8:30-6:30pm

*Note that the café will close
 1 hour before the shop*



Ardgay & District News



Carol: "I have been coming to the Gym since it opened in 2017. The staff are all friendly and helpful, it's never too crowded, is clean and the views are fantastic. The Gym has benefitted me through improving my strength and tone, it has mental health benefits and I can still exercise when the weather is really bad."

Bridget & Elly: "We have been using the Gym for 18 months and feel fitter and more energised. It's brilliant for mind and body. There is a relaxed atmosphere and plenty of variety. The staff are very friendly."



Angela: "I have been using the gym for 2 years. My joint mobility has improved, and I feel free to do my own level of exercise. No one bothers about what you wear, I come with a friend and on my own, but you meet other people there."

REGULAR EXERCISE WILL IMPROVE YOUR HEALTH AND IT IS A GREAT PLACE TO MEET NEW PEOPLE

Physical activity for over 60s

WHY IS PHYSICAL activity so important for those over 60s? There is plenty of research proving links between physical activity in older age to a reduction in many debilitating conditions and illnesses. An active lifestyle is especially important for senior health because regular exercise can help prevent

heart disease, diabetes, certain forms of cancer, and it can reduce pain associated with arthritis. It can also aid rehabilitation. A strengthening of muscles prevents falls, and bone density deals with osteoporosis.

By improving balance, flexibility, endurance, and strength, older

adults can stay healthier longer. But that's not all, there is the social side too, and here at the Hub, we have a fantastic community Gym to support an active and socially inclusive life for those over 60s. We have many older people using the Gym, and some of them are sharing their story

here. Starting from Friday 13th September we will be holding a weekly supervised Gym session with Emma our supportive, friendly and very knowledgeable Gym buddy from 11-12. You can come along for a try out, just have a chat and see how you feel, and if you want to take it further we can book you in for a personal induction.

For more information please contact info@kyleofsutherland.com or 01863 769 170. Alternatively you can message us on Facebook or just pop in for a chat anytime. ■

Debbie Stainke

Ed: "I have met more people from the community since I have been using the Hub. I haven't done any exercise for 20 years, and in my 70th year I have lost four stones and got myself reasonably fit. This gave me the incentive to run a marathon. I am an insulin dependent diabetic. When I joined the Hub Gym, my blood/sugar level was 71.

The exercise regime has reduced my insulin dependency down to an almost negligible level, and my blood/sugar level to 51. The doctors and diabetic nurses in my medical practice cannot believe the improvement in my blood/sugar levels and consequently my overall health. I have not felt this fit and healthy for many, many years."



Ardgay & District News

The Reds Return!

Red squirrels to be released in the Ledmore & Migdale woodlands throughout October and November.

THE RED SQUIRREL is one of our most characteristic native mammals – an iconic inhabitant of the woodlands that it helps to propagate as it goes about its business of collecting nuts and seeds. Sadly, despite once being present across most of the UK, its numbers have been decimated by habitat loss and the introduction of the non-native grey squirrel. Scotland is the reds' last remaining stronghold, but the species is still missing from much of its former range.

Since 2016 Trees for Life has been creating new populations of red squirrels throughout the north-west Highlands – carefully capturing reds from areas where there are healthy populations and moving them to suitable forests in the northwest where they can thrive, free from the threat of greys and the devastating disease that they carry, Squirrel pox. The charity has created seven new populations so far and all are flourishing and expanding throughout the available habitat.

TRANSLOCATION PROGRAMME

We are now beginning the second phase of our red squirrel translocations and are turning our sights northwards. Red squirrels are already present not far away – there has been a fantastic spread from Roy Dennis' 2011/12 releases at Alladale, Amat and Croick. We now want to bolster the genetic diversity of this population to ensure its health long-term, and to begin colonisation to the east, beginning with Spinningdale and continuing with another release at Loch Fleet in 2020.

These woodlands provide perfect

red squirrel habitat and so, in partnership with The Woodland Trust, 20 squirrels will be released at Ledmore and Migdale throughout October and November. After a health check they will be placed in specially-built nest boxes, lined with hay for warmth and provisioned with apple and peanuts. Once at the release site, the boxes will be secured to trees and the exit holes stuffed with moss, to allow the squirrels to leave when ready. Supplementary food will be provided for several months, to give the squirrels an easy food supply whilst they settle into their new surroundings.

There will be lots of opportuni-

ties for local people to take part in the project – by keeping the feeders topped up with nuts (always a good chance to see a squirrel!), by joining one of our guided walks and monitoring days, or by reporting sightings and feeding sign – this is extremely useful as it helps us to monitor how the squirrels are getting on. If you are interested in volunteering, please contact Ross Watson on RossWatson@woodlandtrust.org.uk.

We're very excited about Ledmore and Migdale becoming a key step in helping to secure the future of our red squirrels. The next time you take a walk to the loch, keep a lookout for a bushy tail and a pair of tufty red ears!

If you see a red squirrel, please let us know: visit scottishsquirrels.org.uk to log your sighting. Thank you. ■ **Becky Priestley**, *Red Squirrel Project Manager, Trees for Life*





Ardgay & District News

OBITUARY

LEILA WOOD

Be Still My Soul When Dearest Friends Depart

WINTER has come early for me this year and I can feel the gloom descending. One day at a time is the message I have adopted. Before the gloom I was bathing in a perpetual ray of sunshine since meeting Leila on a dusty road in Central Finland on August 5th, 1969 at around 5:10pm. Her cancer finally took her away on July 15th, 2019. She was a great survivor carrying this illness since 1998.

Leila always wanted to be a doctor but her parents couldn't afford the costs of sending her to Medical School. More's the pity as she had a huge compassion for people and gave generously to Mercy Ships and Marie Curie. A dedicated nurse trained in Kuopio, Finland, in the mid 60s she moved to Stockholm and worked as a nurse anaesthetist. After moving to England she did a further 7 months training at St Bartholomew's Hospital in London and became a State Registered on September 6th, 1971 and went straight to work as a Sister on general wards.

We moved to Southampton in 1972 and Leila continued in theatre nursing. Eyes, neurology and gynaecology. We moved to Helsinki in 1974 and in 1976 were suddenly offered an adopted child as two ectopic pregnancies prevented us having our own children. We both had to leave our work and move back to England to go through the adoption process. Leila had to remain for 6 months and I went back to Finland after six weeks. Leila worked part time as a nurse as well as bringing up Alex. He



After coming to Scotland looking for peace and quiet, still Leila managed to rush headlong into running the local Post Office in Altass

was a handful at the best of times but her character was always to be calm and considerate. He is severely dyslexic but has managed to overcome the worst issues of his condition. He's now 43 and has had two children with his partner Niki. We returned to England permanently in 1980. I continued to work in the music business and Leila went to work in the operating theatres at Luton & Dunstable Hospital followed by a stint at Vauxhall Motors Occupational Health Department and finally ran a similar department at Luton Airport. However the stress took its toll and we decided to move to Scotland and it was without doubt the best decision we ever made. Peace and

quiet at last in a deeply rural community. Still Leila managed to rush headlong into running the local Post Office in Altass out of the church vestry in which we lived.

So what was she really like? An avid gardener turning a barren chunk of land into an oasis of flowers, fruit and vegetables. She loved animals and apart from supporting several charities we've had two springer spaniels from Munlochy and two cats from Bonar Bridge. *The Supervet* was a constant watch on television, even the regular repeats. She

liked to read Penelope Lively, Helen Dunmore, Colin Thubron and listened to Delius, Bax, Moeran, Sibelius and Ravel. Favourite films included *Dr. Zhivago*, *Dead Poets Society*, *Life of Pi*, *La Vie en Rose* and *Pan's Labyrinth*.

Leila liked to travel and we managed to visit Italy, France, Spain, Greece and our last holiday was to Iceland. We knew this was to be our last trip together as Leila was on the slow fatal downward trajectory. To watch such a gentle person diminish was a cruel fate indeed. It's hard to explain why Leila rarely complained about her illness. She just took it on the chin and lived for the day!

As long as the earth is round and boundless we will remember you / As long as grasses grow we will remember you / As long as there's cool deep water we will remember you / As long as birds ascend and descend we will always remember you. ■

John Wood



Ardgay & District News

Sutherland Care Forum

Looking for volunteers and Trustees. New referrals for our services are always welcome.

SUTHERLAND CARE Forum continue their visits to the Kyle of Sutherland area providing Foot care and advice in the Bradbury Centre and also visiting in client's own homes by arrangement by contacting Tracey Campbell.

The Friends at Home service and Home from Hospital services are also busy helping clients in the area through visits and phonecalls, run by Isobel Murray and her team of volunteers.

These services cannot run without the massive help given by our fantastic volunteers, but as is normal in all char-

don't need to commit to make yourselves available every day, or even every week but it would be great to have some new helpers who could join our team. Travel expenses for undertaking this work will be reimbursed.

Or, are you someone who likes to stay at home but would like to help in some way? Why not think about becoming a Trustee and bring new ideas to our Forum team. Perhaps you are good with figures and would like to help with our finances. We are presently seeking a new Treasurer and/or help with the book-keeping. Perhaps you are someone who is good with fundraising ideas and completing funding applications. If so, we would love to hear from you.

Referrals for our services are always welcome. If you, or someone you know, would benefit from help with footcare, visits or telephone calls or help getting to shops and appointments then please, contact us.

For more information on any of the above pop into our office Craig House, Main St, Golspie KW10 6TG or on 01408 634171. ■

Isobel Murray, Service Manager Sutherland Care Forum SCIO

We couldn't run the services without our great team of volunteers, would you like to be one of them?

ity organisations volunteers are short in supply. Please give some thought to see if you could assist, even in offering to make a phonecall once or twice a week to check on someone, or occasionally be available to take a client to a medical appointment in the Health Centre, Migdale or even down to Raigmore. You



Bench donated to Migdale Hospital

A LARGE THREE-SEATER has been donated by John Wood to Migdale Hospital for all the care given to Leila Wood whilst she spent the last days of her life under their watch. Pictured here, the team of nurses sitting on the bench in the upstairs garden. ■

NEW SEASON
starting Friday 27th September



2nd & 4th Friday of the month
BONAR BRIDGE HALL - 7:30 PM





Ardgay & District News

How to apply for Community Awards

SMALL PROJECTS UNDER £250

The Beinn nan Oighrean Windfarm Awards

- Go to Ardgay & District CC website: **www.ardgayanddistrictcommunitycouncil.org.uk** where you can find full details and download the application form.
- Send your completed application form to **secretary@ardgayanddistrictcommunitycouncil.org.uk**
- Next deadline: **7 October 2019**

PROJECTS UNDER £2,000

The Beinn Tharsuinn Windfarm Community Benefit Fund

- Go to **<http://ardgayanddistrictcommunitycouncil.org.uk>** to download the guidelines and application form.
- Send your completed application form to **phil.tomalin@highland.gov.uk** and to **secretary@ardgayanddistrictcommunitycouncil.org.uk**
- Next deadline: **7 October 2019**

BETWEEN £2,000 AND £10,000+

SSE Achany Community Fund

- Visit the fund's page **<http://sse.com/communities/fundlocations/achany/>** for more info and to download the application form. Please note that there are two different forms: £2,000-£10,000 and £10,000+.
- Complete and return to **fiona.morrison@sse.com** or by Royal Mail to: **Fiona Morrison**, Corporate Affairs, SSE, 10 Henderson Road, Inverness, IV1 1SN
- Next deadline: **31 October 2019**

BETWEEN £2,000 AND £25,000+

E.ON Rosehall Community Fund

- **Foundation Scotland** administers E.ON Rosehall Community Fund. Visit **<https://www.foundation-scotland.org.uk/programmes/eon-rosehall.aspx>** for details. You can apply online or download the application forms (£2,000-£25,000 and £25,000+).
- Alternatively, you can contact **Eilidh Gunn** by email **Eilidh@foundationscotland.org.uk** or call **07801 530 218** if you require any further information or advice.
- Next deadline: **31 October 2019**

HOST's Rosehall tea party

THE EVENT on Saturday 17th August was attended by HOST members and local residents and was a great chance to blether. HOST's newest members, Michelle and Terry Sands from Lochview B&B in Lairg, who had only joined two days previously, came along to meet with other members and gain some helpful hints on running a B&B from fellow accommodation

providers. Also welcomed at the event were Emily Gibson and Paul Barry and their three children who only moved to Rosehall in the last two weeks but are really keen to be involved in local community events. Chairman Ashley Smith said "We were really pleased with the turn out for the event, and everyone seemed to enjoy the afternoon. Through the tea and raf-



Tracey Smith (Secretary), Ash Smith (Chairman) and Sarah Orrell (Treasurer) of Heart Of Sutherland Tourism (HOST).

fle we raised £166, which is being used to help fund the design and printing of a tourism leaflet for the

2020 season to promote both the local area and businesses located there to visitors". ■



Gearrchoille Community Wood



The Hub organised a pond dipping session with Ian Paterson during the Gala Week.



The water level in the pond has remained high.



Volunteers working on the footpaths.

Healthy recovery for the Gearrchoille's pond

Volunteers have also been busy working on the paths and maintaining the signs and benches.

THE WETTER WEATHER throughout this summer has ensured that the water level in the pond has remained high, which has given the pond beasts a chance to recover from the drought and mud clearing of 2018. The extent of the recovery was demonstrated during the recent Gala Week when Ian Paterson of Go Wild Highlands led a pond dipping session. Great to see folks exploring the woodland.

Our volunteers have been continuing work on the boardwalk, in addition to keeping the paths clear and routine maintenance of the signs and benches in the wood

– which unfortunately included the removal of one of the wooden picnic benches which was beyond repair. What we didn't notice when we were dismantling the bench was a pile of dog poo which got over the clothes of one of our volunteers. Not very pleasant and totally unnecessary.

AGM & WOODLAND MANAGEMENT

We welcomed a few new members at our AGM at the Hub when Ross Watson delivered a most interesting talk about Ledmore & Migdale Woods. I was most impressed by the long term plans

the Woodland Trust have for the woodland and wondered whether we should be more active with management in the Gearrchoille. So I re-read our Environmental Audit document and was assured that the Gearrchoille is already a very special ecosystem and our main task is as custodians of what is already there. Look forward to seeing red squirrels at Migdale!

■ **Betty Wright**

gearrchoillecommunitywoodardgay.org.uk

✉ gearrchoille@gmail.com

☎ 01863755316

📘 Gearrchoille Community Wood



What's on in the area



Christmas Fairs & Markets

Local arts, craft & produce to find unique Christmas presents and delicious seasonal treats



30

NOV.

ARDGAY PUBLIC HALL - FROM 2 PM

Ardgay Christmas Fair

From 2 pm. Come along to our traditional Christmas Fair: Carols, Santa's Grotto, Raffle, Various Stalls, Teas, Coffee & Scones.

7

DEC.

VARIOUS VENUES, DORNOCH

St Andrew's Fair

All the shops and restaurants take part in this event and Dornoch has a real Christmas buzz. The Social Club hosts the Christmas Bazaar from 10am - 4pm. Santa arrives at 1pm and is in his grotto until 3pm.

13

DEC.

EDDERTON HALL, 6 - 9PM

Edderton Christmas Fayre

In Aid of Edderton Kids Club. Craft stalls, Tea/coffee & cakes, mulled wine, raffle and carol singing by Edderton Drama Club Cast.

23

NOV.

LAIRG COMMUNITY HALL, 12 - 4PM

Lairg Winterfest

You can expect a huge welcome and a wide choice of stalls to browse and look for Christmas goodies. Meet Santa and his elves and join in a whole range of activities for all the family.

FROM
25
OCT.

UNTIL
28
OCT.

VARIOUS VENUES, DORNOCH

Dornoch Whisky Festival

The Festival offers a relaxing week-end of whisky related activities. Masterclasses, tasting sessions, a sensory evening, music, VIP dinners... To view the full list of events visit and to purchase tickets visit <https://www.dornochwhiskyfestival.com>



22

SEP.

THE HUB, SOUTH BONAR, 10:30AM - 3PM

Communities Day

A one stop shop day of information giving and activities, so residents and other groups are more aware and engaged in services on offer. Open to all community groups and organisations that provide a supportive service to the Kyle of Sutherland Communities. More info: <http://www.kyleofsutherland.com>



5

NOV.

MEADOW PARK, DORNOCH

Dornoch Bonfire Night

From 6:30pm at the Square (torches £2 each). Piper led torch lit procession leaves the Square 7pm and the firework display will start between 7:15 - 7:30pm (weather dependent). Home-made soups and snacks for sale. Sparklers available. Donations for entry.



9

NOV.

ARDGAY PUBLIC HALL - 8 PM

Trail West

With strong links to the Hebridean Isles of Tiree and South Uist, the music and culture that they were raised in remains a pure and refreshing trademark in the sound of Trail West. With Support from Northbound Ceilidh Band. Organised by Fèis Chataib. Tickets £15 / Concession £12. Doors open at 8 pm. BYOB



What's on in the area



Highland Archaeology Festival 2019

From 28th September to 18th October

For more info and full programme visit www.highlandarchaeologyfestival.org - 07788 835 466



4

OCT.

1:00PM - 4:00PM - NIGG PIER CAR PARK

Wartime Remains at the North Sutor and Nigg

Join Allan Kilpatrick of HES for a tour of the wartime defences on the North Sutor, and if time permits, at Nigg Battery. Free/donations welcome. Bookings: ARCH. Phone 07788 835 466 / info@archhighland.org.uk

5

OCT.

10:00AM - 4:00PM - CREICH

Edderton Church open day

Visit the 18th century church, walk around the graveyard and see the Pictish stone. Free/donations welcome. Edderton Old Church Preservation Trust. Phone 01862 821 325 / riwylie@gmail.com. **Old Kincardine Church open day.** From 11:30am to 4pm. Free/donations welcome. Kyle of Sutherland Heritage Society.

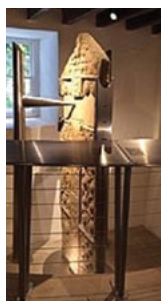
14

OCT.

2:00PM - 4:00PM - NIGG

Nigg Old Church

Information on the church and the Pictish Nigg cross slab, plus an exhibition of local photographs and maps. Free/donations welcome. Nigg Old Trust. Phone 01862 851 212 / info@niggoldtrust.org.uk



15

OCT.

7:30PM - OLD KINCARDINE CHURCH

Round table discussion

Kyle of Sutherland Heritage Society with Bonar Bridge History Group. You are invited to bring information, pictures and to exchange ideas.

1

OCT.

10:00AM - 12:30PM - CREICH

Dun Creich walk

A walk up to Dun Creich to see the Iron Age dun and remains of the medieval castle. Free / Donations welcome. Meet at Creich Cemetery car park. Bookings to: Historylinks Museum & NoSAS. Phone 07833920532 / Annecoombs1@gmail.com

3

OCT.

1:30 PM - 3:00 PM - TAIN

Tain's Gruesome Past walk

A walk round Tain with Jason Ubych featuring the scenes of some of the events and stories from Tain's gory past including ghosts, fairies, angels, witches, duels, hangings and other grisly punishments.

Free/donations welcome. Bookings: Tain & District Museum / 01862 894 089 / info@tainmuseum.org.uk



8

OCT.

1:30 PM - 3:00 PM - DUNROBIN CASTLE

A guided visit to Dunrobin Castle Museum

Join Susan Kruse of ARCH for a guided visit to the wonderful museum in the grounds of Dunrobin Castle which includes an important collection of prehistoric finds and Pictish stones. Bookings essential to: ARCH. Phone 07788 835 466. Email info@archhighland.org.uk

4

OCT.

7:30 PM - 9 PM

Medieval Burials at Portmahomack

Carnegie Hall, Portmahomack. £4. In the late medieval period a very tall man was killed by a blade injury and buried with four skulls surrounding his head. Cecily Spall from The Tarbat Discovery burial project will describe the results to date, which will include a facial reconstruction.



Adult Clubs & Societies



Ardgay Badminton Club

At Ardgay Public Hall.
ADULTS: THURSDAY evenings, 8 - 10pm, starting on 3rd October. £2/session
JUNIORS: (P4 upwards) THURSDAY evenings, 7-8pm. £1/session. If there are sufficient juniors, we hope to have a return visit from a Badminton Scotland coach in late October/early November. New players always welcome. Contact **Patricia Hannah**
 ☎ 01863 766 061
 WEDNESDAY mornings, 10am - 12pm, *organised by Keep Active Together*
 ☎ 01863 766 702

Kyle of Sutherland Growing Group

Meetings last Monday of the month at Invershin Hall from 7-9 pm. All aspects of growing fruit, vegetables and flowers, including gardening for wildlife.
30TH SEPT: Preparing plants for overwintering
28TH OCT: Pruning de-mystified
25TH NOV: Garden Quiz. Social and seed swap. Contact: **Jean**
 ☎ 01863 760 190

Tai Chi

Ardgay Public Hall.
 Monday 2:30 pm £2
 Contact: **Angela**
 ☎ 01549 421 336

Ardgay Scottish Country Dancing Club

From Tuesday 1st October. Tuesdays at 7:30 pm in Ardgay Public Hall. £2. Contact: **David Hannah**
 ☎ 01863 766 061
 dhannah559@hotmail.co.uk

Ardgay & Culrain SWI

All ages welcome. SWI meetings on the 3rd Tuesday each month. Ardgay Public Hall 7:30 pm. Contact: **Mrs Gillian Glennie**
 ☎ 01863 766 674

Bonar Bridge Ardgay Golf Club

Market Stance, Migdale Road, Bonar Bridge.
 ☎ 01863 766 199

Edderton & District Gardening Club

Starts on Monday 2nd September, at 7:30 pm in Edderton Community Hall. Members come from a wide area around Edderton, Ardgay, Bonar Bridge and Dornoch, and new members are always welcome. Meetings are held on the first Monday of the month from September to December, and February to May, with a varied programme of speakers and workshops. During the October meeting we will be focussing on vegetables, with a question and answer session led by Pippa Tran. Contact: **Patricia** ☎ 01863 766 061
 Facebook: **Edderton & District Gardening Club**



Kyle of Sutherland Whist Club

Wednesdays 7:30 pm, Bonar Bridge Hall. Admission £2 including tea.

18 SEPT: Friends of Rosehall Church. **25 SEPT:** Bonar Bridge Christmas Party. **2 OCT:** Bonar Bridge OAP Fund. **9 OCT:** B-BIG Group. **16 OCT:** Bonar Bridge Indoor Bowling Club. **23 OCT:** Kyle of Sutherland Flower & Veg Show. **30 OCT:** Bonar Bridge/Ardgay Golf Club. **6 NOV:** Bonar Bridge Parents' Council. **13 NOV:** 1st KoS Guiding Unit. **20 NOV:** Rosehall School. **27 NOV:** Bonar Bridge Christmas Lights. **4 DEC:** Ardgay Scottish Country Dancers. **11 DEC:** Bradbury Centre. Contact: **Rosemary Logan**
 ☎ 01549 421 282

Sutherland Walkers Club

We meet the 4th Sunday of the month, all year round. **SUN 22 SEPTEMBER** Loch Fiag. 16km / 10 miles, linear. Leader: Annette Parrott: 01549 402 095. The walk starts at Fiag Bridge at 10:00. *Contact the Walk Leader the day before the walk to confirm that it is taking place.* Contact: **David Hannah**
 ☎ 01863 766 061
 Facebook: **Sutherland Walkers Group**

Kyle of Sutherland Cinema Club

Bonar Bridge Hall, 7:30 pm. Film nights every 2nd and 4th Friday of the month starting on Friday 27th September. Free admission / £2 Refreshments. Send a message to receive a programme. Contact: **Silvia** Facebook: **Kyle of Sutherland Cinema Club**
 ☎ 01863 766 690
 koscinemaclub@gmail.com

Kyle of Sutherland Heritage Society

With Bonar Bridge History Group. Tuesdays 7:30 pm at the Heritage Centre, Ardgay. Contact: **Valerie Mackenzie-Harris**
 ☎ 01863 766 700

Kyle of Sutherland Joggers

Facebook page: **Kyle of Sutherland Joggers**
 Contact: **Elissa** ☎ 07743 228 661
Naomi ☎ 07818 482 341
Catriona ☎ 07929 886 105

Pilates

Bonar Bridge Hall, Mondays 10-11 am. Contact: **Moir Chisholm**
 ☎ 01862 810 786

Creich & Kincardine Art Group

Meets in Bonar Bridge Hall tearoom on Wednesdays from 10 am to 3 pm. All welcome. Contact: **Doreen Bruce**
 ☎ 01863 766 852

Children & Young people

GLEDFIELD PRIMARY SCHOOL



PI STARTS We are delighted to welcome our new Primary 1 pupils Brodie, Seraphina and Vinnie.



NEW STARTS Nursery had 3 new starts this term and we will be joining Ms.Rannie and her P4 -7 class for the daily mile everyday.



SUMMER TRIP The Nursery had a fabulous day when they joined the whole school for their summer trip to Landmark on the 27th May.



We are preparing a quarterly news magazine for the communities of the Kyle of Sutherland.

Pupils from local Primary Schools will be creating their own pages and we need a name for the children's section!

Can you find a name? Can you create the artwork? First prize wins a fabulous art box!

ORGANISED BY
KYLE CHRONICLE

Churches



Rejoice with those who rejoice, weep with those who weep

BACK IN MAY IT WAS the 100th anniversary of the birth of Pete Seeger. For those unfamiliar with the work of this American folk singer/songwriter and social activist, one of his best known songs, written in the sixties, 'Turn! Turn! Turn!' was made popular by many singers and groups including: The Byrds, Judy Collins and The Seekers. What's fascinating for me about this song is that, apart from the beginning of each verse and a single line at the end, it's more or less a verbatim quote from Ecclesiastes 3:1-8. 'There is a time for ... everything under Heaven'.

That passage from Ecclesiastes is quite often read at funerals. One of the reasons for its popularity is that this passage deals with the concerns and matters of everyday life: birth, death, planting, harvesting, healing, weeping, laughing, mourning, dancing, keeping, throwing away, loving, hating, war and peace. It doesn't shy away from the less desirable ones, finding a place for each. In my role in ministry, I have

the privilege to be invited to spend time with people who are going through all manner of difficult and sad times as well as joyful and pleasant ones. People who are doing most of the things that the writer of Ecclesiastes mentions (though perhaps not so many who're actively waging war).

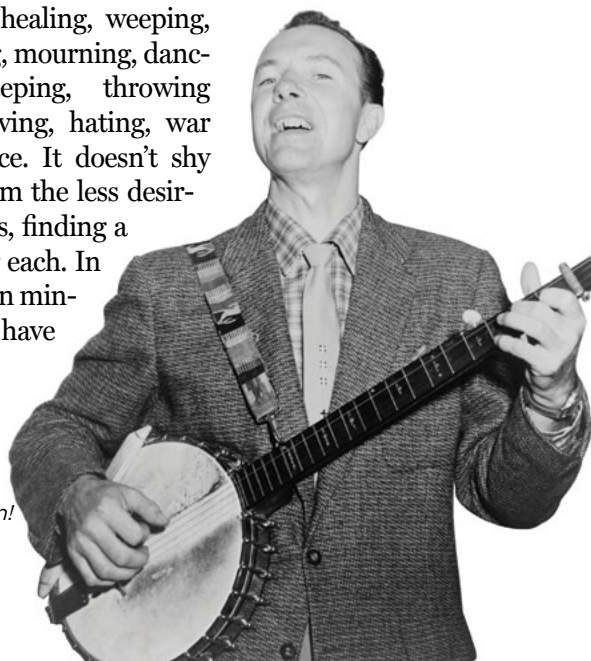
There are times in all our lives when, to put it mildly, things aren't going well. Sickness and accident serve to remind us just how fragile is our health and that of those that we love. Uninvited change can serve to remind us just how fragile our home and family life and all that we've taken for granted in the world around us are. Many of us aren't in our first flush of youth and we can't manage all that we used to be able to do, and

many things aren't as we remember them when we were younger.

There are many things going on around us that seem very much out of kilter with how they should be in a fair and just world. It's sometimes tempting to believe that things are getting steadily worse and in spite of all our prayers, God either isn't listening or has given up on us completely. But of course there's nothing new in any of this. The book of Psalms provides us with ample evidence that people have felt like this for at least the last 3500 years. Dipping into the Psalms we hear anger, frustration and pleading (as well as the whole gamut of positivity, joy, praise and thanksgiving).

In these days of uncertainty, when many people have anxieties about the

future, we have to find something or someone to trust. We can trust in ourselves and our own ability to overcome whatever life throws at us. We can trust in 'someone else' to sort things out on our behalf. Or we can trust in a power beyond ourselves, a power that I would refer to as God, but which others may perceive in a variety of different ways. If it's a power that brings out the best in people, that stirs people to come to the assistance of others who're in need, that's so often in evidence in times of disaster and which provides comfort to those who're suffering or in pain then I don't mind what it is called, I just thank God for it. ■ **Rev'd James Currall**, *Episcopal Priest in Charge of Dornoch, Tain, Brora and Lairg (and a handful of other places)*



Pete Seeger, writer of 'Turn! Turn! Turn!'

SCOTTISH EPISCOPAL CHURCH

- Website: www.episcopaldornochtain.org
- Priest in Charge: Rev James Currall
01862 881 737

BONAR BRIDGE & LAIRG FREE CHURCH

- Website: www.bonarandlairg.org
- Elder: John Mann
01863 766 472

KYLE OF SUTHERLAND CHURCHES

- Website: www.kyleofsutherlandchurches.org
- KCE: Rev Mary Stobo
01863 766868



Guide to local services



Village Halls & Venues for hire

Ardgay Public Hall

Fiona Venters / 01863 766 602
fcm11@hotmail.com

The Hub

Jan Burdett / 01863 769 170
info@kyleofsutherland.com

Kincardine Heritage Centre

Valerie Mackenzie-Harris /
01863 766 700

Ardgay Church Hall

Mary Stobo / 01863 766 868

Croick Church

enquiries@croickchurch.com

Bonar Bridge Community Hall

Sally Thompson / 01863 766 883

Bradbury Centre

Lorraine Askew / 01863 766 772

Invershin Hall

Elissa Steven / 01549 421 369

Rosehall Hall

Ann Malone / 01549 441 345

Mobile Library

GLEDFIELD, CULRAIN CARBISDALE



Thursday: 19 September /
10 October / 31 October / 21
November / 12 December 2019

Gledfield School	9:30	10:40
Gruinards	10:55	11:10
The Craigs	11:30	11:50
Corvost	11:55	12:10
Braelangwell	13:15	13:30
Cornhill	13:40	13:55
Culrain	14:10	14:45
Mr & Mrs Charge	14:55	15:10
Wester Badarach	15:20	15:40
Housebound service	16:00	16:30

EDDERTON - ARDGAY

Wednesday: 18 September /
09 October / 30 October /
20 November / 11 December

Ardvannie	13:00	13:25
Oakwood	13:40	14:00
Ardgay Hall	14:10	15:10
Housebound	15:15	15:35
Arabella	16:30	16:50

Bonar Bridge Recycling Centre



MONDAY: 1 pm - 4:30 pm
TUESDAY: 1 pm - 4:30 pm
WEDNESDAY: Closed
THURSDAY: 8 am - 12 pm
FRIDAY: 8 am - 12 pm
SATURDAY: 9 am - 1 pm
SUNDAY: Closed

Post Office Ardgay

Ardgay Public Hall
TUESDAY: 14:30 - 17:00
THURSDAY: 13:00 - 16:00

Post Office Bonar Bridge

MONDAY: Closed
TUES: 8:30-13:30 / 14:00-17:30
WED: 8:30-13:30 / 14:00-17:30
THUR: 8:30-13:30 / 14:00-17:30
FRI: 8:30-13:30 / 14:00-17:30
SAT: 8:30-13:30 / 14:00-15:30

Train times



From 19/05/2019 to 14/12/2019

INVERNESS → ARDGAY

Monday to Saturday:

07:00 (08:33) Catering serv. available
10:41 (12:05) Catering serv. available
14:00 (15:29) Catering serv. available
17:12 (18:39)
18:31 (20:01) Catering serv. available

Sunday:

17:54 (19:23) Catering serv. available

ARDGAY → INVERNESS

Monday to Saturday:

06:14 (07:43)
06:43 (08:12)
09:07 (10:35) Catering serv. available
10:54 (12:26) Catering serv. available
15:30 (17:02) Catering serv. available
18:52 (20:10) Catering serv. available
19:28 (20:57)

Sunday:

14:49 (16:16) Catering serv. available



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Guide to local services

B

Bradbury Centre

01863 766 772

BUSES

Bradbury Centre Bus

01863 766 772

Stagecoach Highlands

01463 233 371

C

CAB Golspie

01408 633 000

CHURCHES

Church of Scotland

01863 766 868

Scottish Episcopal Church

01862 881 737

D

DVLA Inverness

0300 790 6801

E

ELECTRICITY

Power Cuts

105

SSE Customer Help

0345 026 2658

F

Fire Brigade Dornoch

01862 810 297

Fisheries Trust (KoS)

01863 766 702

Forestry Commission

01309 674 004

G

Bonar Bridge-Ardgay Golf Club

01863 766 199

H

HIGHLAND COUNCIL

Customer service

01349 886606

Drummuie Golspie

01408 635 370

Service Point Dornoch

01862 810 594

Tain Registration Office

01349 886 644

HIGH SCHOOLS

Tain Royal Academy

01862 892 121

Dornoch Academy

01862 810 246

The Hub

01863 769 170

K

KoS Development Trust

01863 766 190

L

LIBRARIES

Bonar Bridge Library

01863 760 083

Mobile Libraries

01349 852 698

N

NHS

Doctors Creich Surgery

01863 766 379

Nurses Creich Surgery

01863 766 237

Migdale Hospital

01863 766 211

P

PHARMACY

Mitchells Chemist Bonar

01863 760 011

POLICE

Non Emergency: 101

Emergency: 999

POST OFFICE

Post Office Bonar Bridge

01863 766 219

PRIMARY SCHOOLS

Gledfield

01863 766 580

Bonar Bridge

01863 766 221

Rosehall

01549 441 348

Edderton

01862 821260

R

Recycling Centre Bonar

01349 868 439

S

Scottish Water 24Hr

Emergency

0845 600 8855

Customer Help

0845 601 8855

T

Ronnie's Taxis Ardgay

01863 766 422

TRAINS

National Rail Enquiries

0845 748 4950

V

VETS

Rogart Vets

01408 641 352

Easter Ross Vets Tain

01862 893 142

Johnston & Farrell Tain

01862 894 223

Stagecoach

67 - MON TO SAT

TAIRN → LAIRG

Tain Lamington St 06:45¹ 07:00² 08:32² 11:48
08:00 10:11 09:27 14:42*
13:11* 15:45 17:27¹ 17:42
16:30³ 18:45 17:57³ 20:12

Edderton ↓ Edderton ↑
06:55¹ 07:10² 08:22² 11:38
08:10 10:20 09:17 14:32*
13:20* 15:55 17:17¹ 17:32
16:40³ 18:55 17:47³ 20:02

Ardgay Hall ↓ Ardgay Hall ↑
07:07¹ 07:22² 08:10² 11:26
08:22 10:33 09:05 14:20*
13:32¹ 16:07 17:05¹ 17:20
16:52³ 19:07 17:35³ 19:50

Bonar Bridge ↓ Bonar Bridge ↑
07:10¹ 07:25² 08:07² 11:23
08:25 10:36 09:02 14:17*
13:36¹ 16:10 17:02¹ 17:17
16:55³ 19:10 17:32³ 19:47

Invershin ↓ Invershin ↑
07:15¹ 07:30² 08:02² 11:18
08:30 10:41 08:57 14:12*
13:41* 16:15 16:57¹ 17:12
17:00³ 19:15 17:27³ 19:42

Lairg Post Office ↓ Lairg Post Office ↑
07:27¹ 07:42² 07:50² 11:00
08:42 10:55 08:45 14:00*
13:57* 16:29 16:45¹ 17:00
17:12³ 19:29 17:15³ 19:30

00:00¹ Mon-Fri when Academy is open. 00:00² Mon-Fri when Academy is Closed. 00:00 Mon-Sat
00:00³ Mon-Fri 00:00 Does not operate on Fri-days when Academy is open. 00:00 Saturday only.

Stagecoach

167 - MON TO FRI

LAIRG → DORNOCH

Lairg Football Ground 07:31 16:42
Invershin o/s Hotel 07:39 16:34
Bonar Bridge Post Office 07:46 16:29 ↑
Ardgay opp Ardgay Hall 07:49 16:26
Ardgay o/s Ardgay Hall 07:59 16:16 ↑
Bonar Bridge o/s Police Station 08:02 16:13
Spinningdale o/s Post Office 08:10 16:05 ↑
Clashmore Telephone Kiosk 08:19 15:56
Dornoch Cathedral Square 08:27 15:40

Bradbury Centre Bus

920 - TUESDAY

Bonar Bridge to Dornoch via Spinningdale

Bonar Bridge ↓ Bonar Bridge ↑
Cherry Grove 09:40 10:20
13:30 14:20

Spinningdale ↓ Spinningdale ↑
Layby at Post Box 09:48 10:12
13:38 14:11

Clashmore ↓ Clashmore ↑
Carnegie Hall 09:54 10:06
13:44 14:05

Dornoch Sq ↓ Dornoch Sq ↑
10:00 10:05
13:50 14:00

920 - WEDNESDAY

Bonar Bridge circular to Dornoch via Spinningdale, Tain & Edderton

Bonar Bridge ↓ Bonar Bridge ↑
Cherry Grove 09:30 14:40

Spinningdale ↓ Spinningdale ↑
Layby at Post Box 09:38 14:31

Clashmore ↓ Clashmore ↑
Carnegie Hall 09:54 14:19

Tain ↓ Tain ↑
Bus stop at Co-Op 10:02 14:08

Tain ↓ Tain ↑
Lamington Street 10:04 14:06

Edderton ↓ Edderton ↑
10:17 13:53

Ardgay ↓ Ardgay ↑
10:39 13:33

Bonar Bridge ↓ Bonar Bridge ↑
Cherry Grove 10:42 13:30

Operates every Tuesday and Wednesday apart from Christmas and New Year weeks.

The minibus has a wheelchair lift which will be available as part of the service.

Bookings: 01863 766 772

Mobile Banking

Royal Bank of Scotland



TUESDAY

Bonar Bridge War Memorial
Arrive 12:05 Depart 12:20

Bank of Scotland



TUESDAY/THURSDAY

Bonar Bridge War Memorial
Arrive 10:00 Depart 11:30

Puzzles



Sudoku

Easy

Grid n°8972 easy

8	4							
		3					8	
	1	5				3	9	2
	5		2		8		1	
		2		7	9	4		
1	3		4			7		
5	2						4	
3					2			5

Medium

Grid n°44173 medium

		8				1		
2					4		9	3
	9			1				
	6					2		
8			6			3		9
9		3		5			4	
3		1					6	
			2					4
6		4						

Hard

Grid n°182 hard

		9		5				
				3	8			
3			4	2				
	5				1	2		7
						9		5
		7				1		4
	9		7	4				
7		5	3					1
		3			9			

A number may not appear twice in the same row or in the same column or in any of the nine 3x3 subregions.

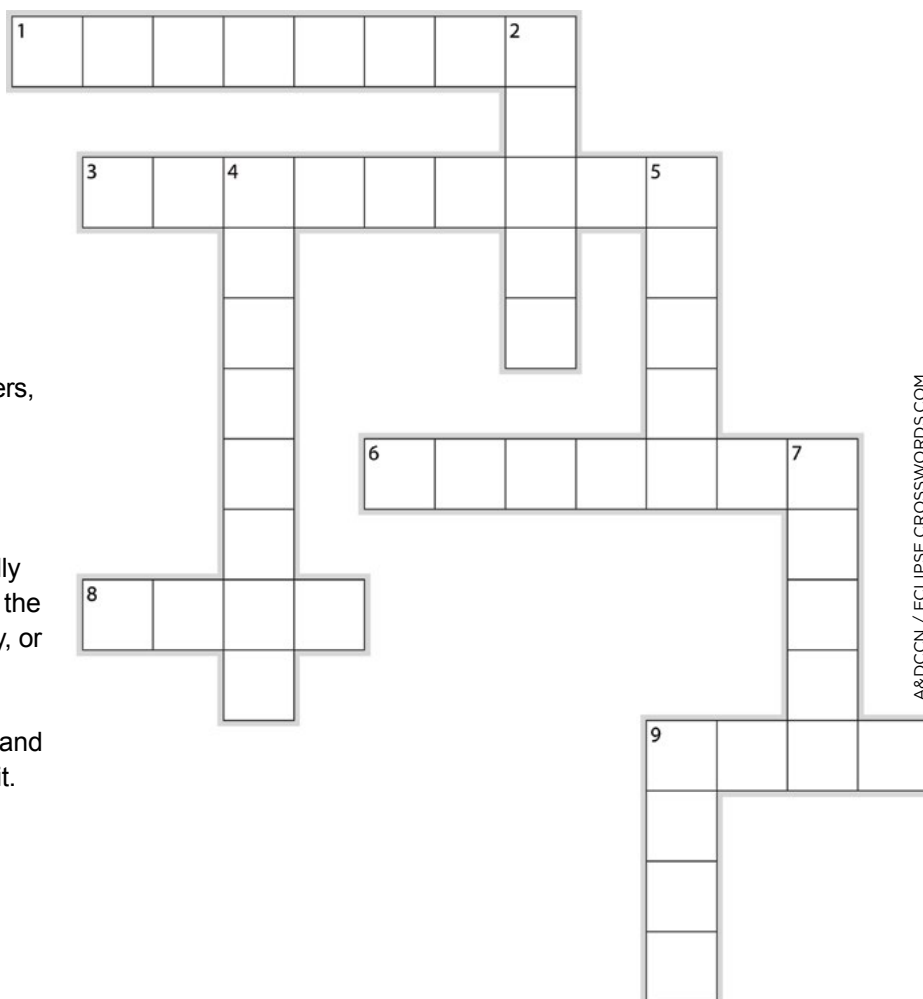
Crossword

Across

1. Marked by repeated twists, bends, or turns. **3.** (*Plural*) *Informal*: A wildly emotional and exaggerated reaction.
6. Offensive or disgusting by accepted standards of morality and decency.
8. A stray person or animal, especially a homeless child.
9. (*Pural*) A caste of priests, philosophers, and magicians, among the ancient Persians.

Down

2. To strike sharply or heavily especially with the hand or an implement held in the hand. **4.** Occurring occasionally, singly, or in irregular or random instances.
5. A small unsweetened or lightly sweetened cake made from flour, fat, and milk and sometimes having added fruit.
7. A river tributary of the River Oykel, that joins it just past Oykel bridge.
9. A grey-striped plaid cloak, formerly worn by shepherds in Scotland.



A&DCCN / ECLIPSE CROSSWORDS.COM

PLOT FOR SALE

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530m²

Views across the Kyle



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**Contact Us | 01863 766190 or
valerie@kyleofsutherland.co.uk**

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Scottish Registration: SC401019 Scottish Charity: SC043587

BONAR BRIDGE CHILDRENS XMAS PARTY
COMMITTEE PRESENTS...

Clairvoyant Evening with Christine MacLeod

SATURDAY 21st SEPTEMBER

7PM

BONAR BRIDGE HALL

£10 ADMISSION
PLUS TEAS AND RAFFLE

ARDGAY & DISTRICT

Community Council *newsletter*

Editor: **Silvia Muras Sanmartin**

Design & Layout: **Silvia Muras Graphic Design**
ardgaynewsletter@gmail.com

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ARDGAY & DISTRICT COMMUNITY COUNCIL:
Betty Wright (Chairperson), **Silvia Muras** (Vice Chair),
Marion Turner (Treasurer / Secretary), **Rob Pope, Andy Wright, Dr Buster Crabb, Leslie Pope.**

COUNCILLORS: **Linda Munro, Hugh Morrison, Kirsteen Currie** (*More details on page 8*)

www.ardgayanddistrictcommunitycouncil.org.uk

**ADVERTISING, LETTERS & CONTRIBUTIONS:
01863 766 690**

ardgaynewsletter@gmail.com

 **Facebook:** Ardgay & District Community Council

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